

October 2023 Menu

*One Form Per Person.		*Please circle the dates you want to have lunch.				*Add \$ totals across and down.	
NAME _____ _____	2 Pizza & Salad	3 Tostadas With Fruit & Veg	4 Veg Stew & Cornbread	5 Baked Potatoes w/Cheese, Veg & Fruit			
GRADE	GF Option X	GF Option X	All GF	All GF			
	9 Pasta Alfredo & Salad	10 Nachos & Beans With Fruit	11 Soup & Roll	12 Roasted Roots & Fruit			
	GF Option X	All GF	GF Option X	All GF			
	16 Pizza & Salad	17 Cheese Enchiladas & Fruit	18 Chili & Cinnamon Roll	19 Baked Rice, Cheese & Veg Casserole			
	GF Option X	GF Option X	GF Option X	All GF			
	23 Pasta Marinara & Salad	24 Bean Burrito & Fruit	25 Soup & Roll	26 Shepherd's Pie & Fruit			
	GF Option X	GF Option X	GF Option X	All GF			
PRWS & YIHS Lunches are \$4.00 each				Total	\$		
Monthly menu due by September 18							