

# October 2022 Lunch Menu

*One Form Per Person.		*Please circle the dates you want to have lunch.				*Add \$ totals across and down.	
NAME _____		3 Pizza With Salad  GF Option      X	4 Bean Burrito With Fruit and Veg  GF Option      X	5 Soup And Roll  GF Option      X	6 Rice and Veggies w/Tofu and Fruit  All GF		
GRADE _____							
		10 Pasta Marinara With Salad  GF Option      X	11 Tostadas With Fruit & Veg  GF Option      X	12 Stew And Cornbread  All GF	13 Baked Potatoes w/Cheese, Veg & Fruit  All GF		
		17 Pizza With Salad  GF Option      X	18 Nachos and Beans With Fruit  All GF	19 Soup And Roll  GF Option      X	20 Shepherd's Pie With Fruit  All GF		
		24 Pasta Alfredo With Salad  GF Option      X	25 Cheese Quesadillas With Beans and Fruit  GF Option      X	26 Chili and Cinnamon Roll  GF Option      X	27 Mashed Potatoes w/ Fruit and Veg  All GF		
		PRWS & YIHS Lunches are \$4.00 each				Total	\$
		Monthly menu due by September 23, 2022					