

Calendar

Fri Mar 6 – Parent Book Study

Fri Mar 6 – Crane Making in gym 2-4:30 pm

Sat Mar 7 – Family Square Dance

Fri Mar 13 – Kindergarten Morning

Sat Mar 14 – Community Clothing Exchange

Mon Mar 16 – All Raffle Tickets and Payment Due!

Mon Mar 16 – 1st/2nd Grade Parent Evening

Thur-Fri Mar 19-20 – 8th Grade Play
"Macbeth." Grades 5 and up for school
performance. Times TBA

Sat Mar 21 – Family Fun Night & Raffle
Drawing

Tue-Thurs Mar 24-26 – 1st/2nd Grade Play

Sat Mar 28 – PRSW 40th Anniversary Dinner, 5-
9:00 pm

Apr 7 & 8 – 8th Grade Projects

Apr 10th -19th – Spring Break

Friday Assembly

Assembly begins at 8:20 AM

Mar 6 – Even Grades Assembly

Mar 13 – No Assembly – In Service

Mar 20 – Odd Grades Assembly

Mar 27 – No Assembly

What's Cooking!

March Menu forms due

Please, please turn in your children's March hot lunch menu(s) with payment as soon as possible. April and May Hot Lunch calendars have also been attached. Thank you!

- Office Staff

Hot Dog Friday!

Friday, March 6th. Please sign up for hot dogs in the office. Veggie Dogs are available.

All proceeds support the 8th grade class trip.

- 8th Grade Class

Parent-Child Classes Have Started!

There's still space to join Ms. Martha once a week on Monday mornings from 8:45-10:45 a.m. [Click here](#) for more information and registration form. Contact Jordan at enrollment@pleasantrydgewaldorf.org with questions or if you are interested in coming.

-Jordan Brudos, Enrollment & Outreach Coordinator

PRWS Parent Book Study

The Parent Association is hosting a book study of Kim John Payne's new book, *Being at Your Best When Your Kids are at Their Worst*. The book is divided into three sections. Our plan is to meet and discuss each section over the course of three meetings since there is a lot to digest and put into practice in each. Join us anytime, even if have not been able to be part of earlier meetings! Our last meeting to discuss Part 2 of the book will be on **March 6, after the assembly, in the Parent Child room.**

We invite you to take note of a passage from the book that resonated with you to share with the group. Also, please bring your calendars and we will schedule meeting times for Part 3 of the book.

-Stephanie Pedretti on behalf
of the PRWS Parent Association



Thinking about kindergarten for your child next year? If so, join us for an upcoming Kindergarten Morning!

Friday, March 13 OR Saturday, April 25
10:00 a.m. to 12:00 p.m.

All parents who are interested in finding out more about our mixed-age kindergarten program are encouraged to attend one of these mornings with their child. Registration is required, as space is limited. Contact Jordan at 637-7828 or email enrollment@pleasantridgewaldorf.org to register.

-Jordan Brudos, Enrollment & Outreach Coordinator

Round up at the Viroqua Food Coop in March to benefit PRWS!

We're delighted to be the recipient for the co-op's community fundraising initiative, Give Where You Live, for the entire month of March! Simply ask to roundup at the register to the nearest dollar amount (or any denomination that you choose). Then on the second Wednesday of the month, March 11, 1% of all sales will be added to the total we receive at the end of the month. Please consider saving a bigger trip to the co-op for the 11th. Thanks for showing us some love at the register, and for supporting businesses that support our school!

Raffle Update!

Raffle tickets aren't officially due until March 16th, but it's helpful if you turn them in as you sell them. This way they may be processed in a timely fashion and won't get lost in your everyday shuffle.

Need pointers for selling your tickets?

Be sure to check out the info sheet in your raffle packet, resources on our PRWS Facebook page and website, or email robin@pleasantridgewaldorf.org for an email template you can personalize and send along to your contacts.

Looking for opportunities to sell remaining tickets?

Contact Simon Stumpf about ticket selling opportunities on Saturday, March 7th and Saturday, March 14th at Kickapoo Coffee and the Viroqua Food Co-op! Email simon.stumpf@gmail.com or call/text 920-365-1066 to sign up for a shift! Thank you!

- Raffle Committee (Hallie Ashley, Erica Gerrity, Simon Stumpf, Robin Kottke)

Origami Crane Making Workshop

For PRWS's 40th Anniversary Celebration on March 28, we would like to present a handmade origami crane representing every student that has graduated, along with every current student at PRWS! So we need nearly 590 cranes and we are asking for your help! Please join us on Friday 3/6 in the PRWS gym anytime between 2 and 4:30 pm to learn crane making from Joen Delande. You can also make cranes anytime. Supplies and instructions are available in the office. Please contact Shelly at shellygradwellbrenneman@gmail.com or 606-2568 if you have questions. Thank you for helping to increase the crane flock!

-Shelly Brenneman on behalf of the 40th Anniversary Planning Committee

40th Anniversary Update!

It's shaping up to be a beautiful evening and celebration! We're excited to announce that Maggie Welch will be the featured Alumni Speaker. Maggie graduated from PRWS in 2000, and today is a Global Capital Project Engineer for General Mills. Live music will be provided by Dan Sebranek and Neil Knutson. Now is the time to get your tickets! As of today, half of the available tickets have been claimed and we're anticipating a sold-out event. You may purchase tickets online at www.pleasantridgewaldorf.org or stop by the front office. If you're able, we're asking folks to add an additional amount to their total to help sponsor a teacher's ticket.

Seeking 40th Anniversary Volunteers! Free pizza for volunteers! On Friday, March 27th we need help beautifying and decorating for the event, and Sunday, March 29th we need help cleaning up. Please contact Robin Kottke if you can help: robin@pleasantridgewaldorf.org or 637-8504.

--Martha Karlstad & Jen Wade, 40th Anniversary Co-Chairs

Community Clothing Exchange

The PRWS Community Clothing Exchange is coming up on March 14, from 9:00 a.m. to 1:00 p.m. Start gathering your gently used clothing (adult and child) that you are ready to pass on. Warm weather clothing and spring outerwear are greatly appreciated. Please be sure that all donations are clean and in good condition. Donations can be dropped off at the office starting on March 9. If you would like to help out with the event, please sign up [HERE](#).

Hot Lunch News & Gratitude

The word has clearly gotten out about the delicious lunches coming from our kitchen these days. The hot lunch option has increased in popularity, and we've enjoyed seeing more students from Youth Initiative (many of whom are PRWS alumni) coming over to partake!

Welcome and big thanks to Dodie Whitaker, who has agreed to be our new Hot Lunch Volunteer Coordinator! In this role, Dodie will help ensure volunteer lunch shifts are filled. Thanks, Dodie!

And thanks to all for keeping our kitchen and hot lunch program humming by volunteering your time to serve lunch to grateful students, faculty and staff.

-Admin Team

Hot Lunch Volunteers Needed

Two volunteer servers are needed to serve hot lunch each Monday-Thursday from 11:45-12:30, and free lunch is included for volunteers. You may now sign up for shifts through the end of the school year! Simply click on the March, April or May worksheet tab to sign up for your preferred days.

Please consider signing up for at least one volunteer shift [HERE](#)



Listen Up: This Week on Pleasant Ridge Today: An interview with Maureen & Martha Karlstad:

This was a fun episode to record! Martha, a PRWS parent, interviewed her mom, Maureen Karlstad, about her 27-year tenure at PRWS. Maureen is currently serving as interim 5th grade teacher, and previously guided two PRWS classes through grades 1-8. Hear more about what brought Maureen to Waldorf education and ways in which it aligns with her personal philosophy of teaching.

We also discussed the upcoming 40th anniversary dinner and celebration, which Martha is co-chairing. Hear more about what is sure to be a spectacular evening here:

<https://pleasantrygewaldorf.org/pleasant-ridge-today-podcast-links/>

Welcome New Admin Staff

Please help us welcome two new additions to our Admin Team. Kwynn Molini is our new Office Manager and you will see her at the front desk Monday through Thursday. She and her husband, Brian, have two children (Sana and Arie) in the kindergarten.

Jen Cassellius is joining us as the new Business Coordinator. She will be working in the Business Office Monday through Wednesday. She and her husband, Graham, have a son (Emmons) in the kindergarten.

Wanted: Waldorf Water Wonderland Workers

We are looking for a few clever, technically minded parents interested in helping create recirculating water play fountains for the Early Childhood classes (Parent-Child through Second grade). During the last week of school in May we want to celebrate the one hundred years of Waldorf Education with a Water Wonderland for our youngest students. We have received a Paul Stry Foundation Grant of a little money to make this happen, but we will have to get and use some donations to make it work. Does this sound like fun to you? Do you have experience with submersible pumps? Fluid dynamics? Solar power & electricity? Water and young children? If so, then we would love you on our team of people making this fun morning of water play possible for all the under 8 year-old children at PRWS. Please be in touch with Martha Buche at 608-797-1325 or marthabuche@ymail.com to join the team. Thanks, I look forward to working on this with you over the next couple of months.

Community News

Family Square Dance

Saturday, March 7, 3:00-4:30 pm at the PRWS Gym. Join us for this all-ages, all-community event. Live music by area musicians and Suzuki violin students.

All dances will be taught and will be kid- and adult-friendly. A suggested donation at the door will support the musicians.

Come and join the fun! For more information, contact the school office, or call Sue at 608-632-1267.

Beehive Kids Makerspace presents

Science and Art Workshops

Explore the beauty of nature by exploring it through making art

Every Saturday in March

Beehive Kids Makerspace

118 E Jefferson Street

Viroqua, WI

all ages; all materials provided; \$20

More info: <http://www.zoethica.com/viroqua>

Facebook:

<https://www.facebook.com/Beehivekidsmakerspace/>

Machines and the Human Spirit

Would you like to read and discuss "Machines and the Human Spirit" by Paul Emberson? Last spring Gary Lamb brought a presentation of this book to our school that was well attended. We want to offer an opportunity to dive deeper into the history of digital technology development, its impact on human consciousness and some thoughts about future directions.

We will meet on Tuesdays, 7-8pm, room 202 Landmark Center beginning March 3rd. We can read from the books we have and order more if people wish.

- Mary Christenson

Children's Movement Classes

Mandy Herrick is offering classes March 3 – April 9 in the Old Main Building, 321 E. Decker.

Moving Together ages 1-3 with adult: Thursdays 4:30-5:00. \$30

Creative Movement ages 3-6; Thursdays 5-5:45. \$45

NEW Creating Dance ages 7-10; Tuesdays 3:30-4:30. \$54

Contact Mandy, herricam@gmail.com to register.

Eggs

Thank you for all the interest in our eggs! Cassell Hollow Farm will have eggs available Mondays and Thursdays outside the Cherry Blossom classroom. \$4/ dozen, GMO free.

Conservation on Tap

Wednesday, March 11, 7:00 pm - 9:00 pm, Rooted Spoon, 219 Main St., Viroqua

Driftless Prairie, Savanna, and Woodlands - A Journey of Discovery

Armund D. Bartz, Driftless Area Ecologist-Natural Heritage Conservation, WI-DNR

Take a journey through SW WI to see and discover what remnant prairie and associated savanna/woodland really is. The journey will start at the beginning of European settlement and describe what took place up to modern times that left these remaining sites rare to imperiled and among the most decimated on planet earth. Learn what you can do to help retain these critical sites.

Visit from Chicago Christian Community

The Viroqua affiliate of the Christian Community is offering "A Celebration of Lazarus, the first Christian priest".

Fri March 13th -7PM-Talk by Rev. Craig Wiggins, of the Chicago Christian Community

Sat March 14th- 9:30AM- Story to the children by Rev. Craig Wiggins. 10AM-Children's service, for school-aged children

10:30AM-The Act of Consecration of Man (adult service). All held at the OMB.

Following will be a community meal, in the Wickert home. All are welcome. For more information or if you need childcare during the adult service, contact Jenny at 608-637-8759 or jennyspann@frontiernet.net



LUNCHBOX EXPRESS COMMUNITY NEWS POLICY

The Lunchbox Express Community News section is provided as a service to the school community. Printing of an ad does not imply endorsement by Pleasant Ridge Waldorf School.

How to Place an Ad:





1. Limit your ad to 70 words. We do not edit. We will not print ads over 70 words. If you must have a long ad, make a note & give it to the office staff to place on the bulletin board.
2. Ads will be printed only once.
3. Put your ad in the folder in the LBE's mailbox in the Office marked "Lunchbox Community News" OR e-mail ad to info@pleasantridgewaldorf.org with "Community News" in the subject line.
4. Deadline is Tuesdays at 8:30am. There may be occasions, due to unforeseen circumstances or space restrictions, that the Community section will not be printed. Thank you.

April Lunch Menu

*One Form Per Person, Please.


*Please circle the dates you want to have lunch.

*Add \$ totals across and down.

Name			1	2	
Grade			Vegetable Soup With Bread	Rice & Veggies With Tofu & Fruit	
	6	7	8	9	
	Baked Ziti With Coleslaw	Tostadas With Fruit	Chili With Cinnamon Rolls	Quinoa Salad With Veggies & Fruit	
	13	14	15	16	
					
	20	21	22	23	
	Pizza With Cranberry/Apple Mixed Greens	Nachos With Beans, Rice & Fruit	Potato Leek Soup With Bread	Baked Potatoes With Veggies & Fruit	
	27	28	29	30	
	Mac & Cheese With Veg & Fruit	Quesadillas With Beans & Fruit	Stew & Cornbread	Mashed Potatoes With Tofu Gravy & Fruit	
	Monthly plan due by			Subtotal	
	All meals are \$3.50 each			Credits	-
				Total	

April Lunch Menu

May Lunch Menu

*One Form Per Person, Please.		*Please circle the dates you want to have lunch.			*Add \$ totals across and down.	
NAME _____ _____	4 Pizza With Salad	5 Burritos With Roasted Potatoes & Fruit	6 Soup With Bread	7 Rice & Veggies With Tofu & Fruit	GF	
GRADE _____	11 Baked Ziti With Salad	12 Tostadas With Fruit	13 Chili With Cinnamon Rolls	14 Baked Potatoes With Fruit	GF	
	18 Pizza With Salad	19 Black Bean Taco Bar With Fruit	20 Stew & Cornbread	21 Grilled Cheese With Pasta Salad & Fruit		
	Monthly plan due by				Subtotal	
	All meals are \$3.50 each.				Credits	-
Monthly menu due by				Total		