

# Ridge Lunchbox Express

An education for heart, hands, and head

February 26, 2020

## Calendar

Thur Feb 27 - Hearing and Vision Screening

Sat Feb 29 - Game Night in the gym

Mon Mar 2 - 8th Grade Pizza pickup in gym

Sat Mar 7 – Family Square Dance

Fri Mar 13 - Kindergarten Morning

<u>Sat Mar 14</u> – Community Clothing Exchange

Thur-Fri Mar 19-20 – 8<sup>th</sup> Grade Play "Macbeth." Grades 5 and up for school performace. Times TBA

<u>Sat Mar 21</u> – Family Fun Night & Raffle Drawing

<u>Sat Mar 28</u> – PRSW 40<sup>th</sup> Anniversary Dinner, 5-9:00 pm

## Friday Assembly Assembly begins at 8:20 AM

Feb 28 – No Assembly
Mar 6 – Even Grades Assembly
Mar 13 – No Assembly – In Service
Mar 20 – Odd Grades Assembly
Mar 27 – No Assembly

## What's Cooking!

#### March Menu forms due

Please, please turn in your children's March hot lunch menu(s) with payment as soon as possible. Thank you!

- Office Staff

#### Pizza and Hot Dogs!

8th Grade Pizza Sale Final Week!! Orders for this round of pizza sales are due this Friday (February 28th). Please help support our class trip by letting us make you a pizza or two!

HOT DOG FRIDAY! Friday, February 28th. Please sign up for hot dogs in the office. Veggie Dogs are available.

All proceeds support the 8th grade class trip.

- 8th Grade Class

#### Parent-Child Classes Start Next Week!

Parents and their young children (ages 1-4) can join Ms. Martha once a week on Monday or Tuesday mornings from 8:45-10:45 a.m. Cost is \$135 for the 9-week session. Click here for more information and registration form. Contact Jordan at enrollment@pleasantridgewaldorf.org with questions or to register for the session.

-Jordan Brudos, Enrollment & Outreach Coordinator

#### **PRWS Parent Book Study**

The Parent Association is hosting a book study of Kim John Payne's new book, Being at Your Best When Your Kids are at Their Worst. The book is divided into three sections. Our plan is to meet and discuss each section over the course of three meetings since there is a lot to digest and put into practice in each. Join us anytime, even if have not been able to be part of earlier meetings! Our last meeting to discuss Part 2 of the book will be on March 6, after the assembly, in the Parent Child room.

We invite you to take note of a passage from the book that resonated with you to share with the group. Also, please bring your calendars and we will schedule meeting times for Part 3 of the book.

-Stephanie Pedretti on behalf of the PRWS Parent Association



## **PRWS Game Night**

The PRWS Parent Association will be hosting a Game Night on Saturday, February 29, from 3:00 - 5:00 p.m. There will be many board games to choose from but feel free to bring along your favorite game from home! The 7th grade class will be selling dinner after the event, as a class fundraiser. They will have soup, bread, drinks, popcorn, and desserts available. You can even get your meal to-go if you prefer. Hope to see you on Saturday!

- PRWS Parent Association

#### **Hot Lunch News & Gratitude**

The word has clearly gotten out about the delicious lunches coming from our kitchen these days. The hot lunch option has increased in popularity, and we've enjoyed seeing more students from Youth Initiative (many of whom are PRWS alumni) coming over to partake!

Welcome and big thanks to Dodie Whitaker, who has agreed to be our new Hot Lunch Volunteer Coordinator! In this role, Dodie will help ensure volunteer lunch shifts are filled. Thanks, Dodie!

And thanks to all for keeping our kitchen and hot lunch program humming by volunteering your time to serve lunch to grateful students, faculty, and staff.

-Admin Team

## **Hot Lunch Volunteers Needed**

Two volunteer servers are needed to serve hot lunch each Monday-Thursday from 11:45-12:30, and free lunch is included for volunteers. You may now sign up for shifts through the end of the school year! Simply click on the March, April, or May worksheet tab to sign up for your preferred days.

Please consider signing up for at least one volunteer shift <u>HERE</u>

## **Community Clothing Exchange**

The PRWS Community Clothing Exchange is coming up on March 14, from 9:00 a.m. to 1:00 p.m. Start gathering your gently used clothing (adult and child) that you are ready to pass on. Warm weather clothing and spring outerwear are greatly appreciated. Please be sure that all donations are clean and in good condition. Donations can be dropped off at the office starting on March 9. If you would like to help out with the event, please sign up HERE.

- PRWS Parent Association



# <u>Listen Up: This Week on Pleasant Ridge</u> <u>Today: An interview with Maureen & Martha Karlstad:</u>

This was a fun episode to record! Martha, a PRWS parent, interviewed her mom, Maureen Karlstad, about her 27-year tenure at PRWS. Maureen is currently serving as interim 5<sup>th</sup> grade teacher, and previously guided two PRWS classes through grades (1-8). Hear more about what brought Maureen to Waldorf education and ways in which it aligns with her personal philosophy of teaching.

We also discussed the upcoming 40<sup>th</sup> anniversary dinner and celebration, which Martha is co-chairing. Hear more about what is sure to be a spectacular evening here:

https://pleasantridgewaldorf.org/pleasant-ridgetoday-podcast-links/



## **Call for Cranes!**

For PRWS's 40th Anniversary Celebration on March 28, we would like to display a handmade origami crane representing every student that has graduated, along with every current student at PRWS! So we need nearly 590 cranes and we are asking for your help! Please let us know how many cranes you would like to make by contacting Shelly at <a href="mailto:shellygradwellbrenneman@gmail.com">shellygradwellbrenneman@gmail.com</a> or 606-2568. Supplies and instructions will be available in the office. Thank you!

## Raffle Update!

Raffle tickets aren't officially due until March 16th, but it's helpful if you turn them in as you sell them. This way they may be processed in a timely fashion and won't get lost in your everyday shuffle.

## Need pointers for selling your tickets?

Be sure to check out the info sheet in your raffle packet, resources on our PRWS Facebook page and website, or email robin@pleasantridgewaldorf.org for an email template you can personalize and send along to your contacts. Also, stay tuned for opportunities to sign up for a shift at an upcoming raffle promotional event. Last year we partnered with Kickapoo Coffee, Pura Vida Wellness Center, and the Viroqua Food Coop to promote the raffle. This resulted in great visibility for PRWS as well as ticket sales! Thank you!

 Raffle Committee (Hallie Ashley, Erica Gerrity, Simon Stumpf, Robin Kottke)

#### **Welcome New Admin Staff**

Please help us to welcome two new additions to our Admin Team. Kwynn Molini is our new Office Manager and you will see her at the front desk Monday through Thursday. She and her husband, Brian, have two children (Sana and Arie) in the kindergarten.

Jen Cassellius is joining us as the new Business Coordinator. She will be working in the Business Office Monday through Wednesday. She and her husband, Graham, have a son (Emmons) in the kindergarten.

## **Hearing and Vision Screening**

Representatives from the Vernon County Health Department and the Lion's Club will be at our school tomorrow, February 27<sup>th</sup>, performing hearing and vision screening for grades 1-5. If you do not want your child to participate in the screening, please notify the front office by Thursday, February 27 (info@pleasantridgewaldorf.org). If any concerns are noted during the screening, parents will be notified in writing by the Health Department afterward.

## Get your Tickets Today! PRWS 40<sup>th</sup> Anniversary Dinner & Celebration

Tickets for the 40th anniversary celebration are now available online or in the front office, and must be purchased in advance. Don't delay; We anticipate a sold-out event! The menu is amazing, and the line-up of speakers and musicians spectacular! And rumor has it that Youth Initiative students will provide childcare that evening (more information forthcoming). This is a celebration you don't want to miss! Get your ticket(s) here:

https://prws-106292.square.site/product/prws-40th-anniversary-celebration/22

Questions? Contact Robin Kottke at robin@pleasnantridgewaldorf.org or 637-8504.

There's so much celebrate! Won't you join us?

--Martha Karlstad & Jen Wade, 40<sup>th</sup> Anniversary Celebration Co-Chairs



## **Recorder Lessons and Workshop**

We are excited to announce that recorder teacher Mary Halverson Waldo will be comina to Pleasant Ridge to teach our students on March 9 and 10! Mary specializes in both teaching and performing the recorder. She holds a Master of Music from the New England Conservatory of Music. As a Suzuki Recorder Teacher Trainer, she has taught recorder teachers and students in the US, South America and Europe. She has performed with the Bach Society of Minnesota, Fayerweather Friends, Pittsburgh Opera and numerous other chamber groups. We are fortunate that she is coming to work with our students! Students in grades 3-5 and the upper grades Recorder Ensemble will all have an opportunity to have classes during the school day with Mary. She will also be working with the 4th grade at Viroqua Elementary School. This event is supported by a grant from the American Recorder Society.

Lessons: Mary will have some availability after school to offer individual lessons. We are still working out details of price and scheduling. Time will be limited so interested students will be accepted on a first come, first served, basis. If you are interested please email Stephanie Pedretti at

stephaniepedrettimusic@zoho.com by March 1 with your child's availability after school on March 9 and 10.

Adult Recorder Workshop: Mary will also be presenting an evening session on Tuesday, March 10 in the PRWS Music Room for adults. Players of any level are welcome for a workshop including work on tone, articulation and recorder ensemble music from 6:30-7:30. Those who haven't played recently and want to brush up on fundamentals are invited to come at 6:00. This event is free, but an RSVP is required in advance. If you would like to sign up or have questions, please email Stephanie Pedretti at stephaniepedrettimusic@zoho.com by March 1.



# Thinking about kindergarten for your child next year? If so, join us for an upcoming Kindergarten Morning!

Friday, March 13 OR Saturday, April 25 10:00 a.m. to 12:00 p.m.

All parents who are interested in finding out more about our mixed-age kindergarten program are encouraged to attend one of these mornings with their child. Registration is required, as space is limited. Contact Jordan at 637-7828 or email

<u>enrollment@pleasantridgewaldorf.org</u> to register.

-Jordan Brudos, Enrollment & Outreach Coordinator

## <u>Wanted: Waldorf Water Wonderland</u> Workers

We are looking for a few clever, technically minded parents interested in helping create recirculating water play fountains for the Early Childhood classes (Parent-Child through Second grade). During the last week of school in May we want to celebrate the one hundred years of Waldorf Education with a Water Wonderland for our youngest students. We have received a Paul Stry Foundation Grant of a little money to make this happen, but we will have to get and use some donations to make it work. Does this sound like fun to you? Do you have experience with submersible pumps? Fluid dynamics? Solar power & electricity? Water and young children? If so, then we would love you on our team of people making this fun morning of water play possible for all the under 8 year-old children at PRWS. Please be in touch with Martha Buche at 608-797-1325 or marthabuche@ymail.com to join the team. Thanks, I look forward to working on this with you over the next couple of months.



## **Community News**

## Machines and the Human Spirit

Would you like to read and discuss "Machines and the Human Spirit" by Paul Emberson? Last spring Gary Lamb brought a presentation of this book to our school that was well attended. We want to offer an opportunity to dive deeper into the history of digital technology development, its impact on human consciousness and some thoughts about future directions.

We will meet on Tuesdays, 7-8pm, room 202 Landmark Center beginning March 3<sup>rd</sup>. We can read from the books we have and order more if people wish.

Mary Christenson

## Family Square Dance

Saturday, March 7, 3:00-4:30 pm at the PRWS Gym. Join us for this all-ages, all-community event. Live music by area musicians and Suzuki violin students.

All dances will be taught and will be kid- and adult-friendly. A suggested donation at the door will support the musicians.

Come and join the fun! For more information, contact the school office, or call Sue at 608-632-1267.

## **Children's Movement Classes**

Mandy Herrick is offering classes March 3 – April 9 in the Old Main Building, 321 E. Decker. Moving Together ages 1-3 with adult: Thursdays 4:30-5:00. \$30

Creative Movement ages 3-6; Thursdays 5-5:45. \$45

\*NEW\* Creating Dance ages 7-10; Tuesdays 3:30-4:30. \$54

Contact Mandy, herricam@gmail.com to register.

#### **Eggs**

Thank you for all the interest in our eggs! Cassell Hollow Farm will have eggs available Mondays and Thursdays outside the Cherry Blossom classroom. \$4/ dozen, GMO free.

## **Job Opening**

The Lawton Memorial Library board of the Village of La Farge is seeking a creative, service-oriented individual for the position of Library Director. Thirty-five (35) hours per week (one evening and Saturday hours). Ability to work with people, public speaking, supervisory ability, record keeping, and computer skills needed.

Comparative benefit package. Wages negotiable based on experience and qualifications. For a description of all qualifications or other information, email vlalaf@mwt.net.

Deadline to submit cover letter, application, resume, and transcripts is March 2 at 4:00 pm. Equal Opportunity Employer

Kimberly Walker,
 Village Clerk/Treasurer

#### **LUNCHBOX EXPRESS COMMUNITY NEWS POLICY**

The Lunchbox Express Community News section is provided as a service to the school community. Printing of an ad does not imply endorsement by Pleasant Ridge Waldorf School. How to Place an Ad:

- 1. Limit your ad to 70 words. We do not edit. We will not print ads over 70 words. If you must have a long ad, make a note & give it to the office staff to place on the bulletin board.
- 2. Ads will be printed only once.
- 3. Put your ad in the folder in the LBE's mailbox in the Office marked "Lunchbox Community News" OR e-mail ad to info@pleasantridgewaldorf.org with "Community News" in the subject line.
- 4. Deadline is Tuesdays at 8:30am. There may be occasions, due to unforeseen circumstances or space restrictions, that the Community section will not be printed. Thank you.

## Board Meeting February 2020

## **AGENDA**

Thursday, February 27, 2020 PRWS Handwork Room

**Board Members:** Joe Lenarz, President; Aaron Schmidt, Vice President; Jennifer Wade, Secretary; Alycann Taylor, Treasurer; Stephanie Brown, Mary Christenson, Robin Kottke, Mark Brudos, David Levin, Shelly Brenneman, Hallie Ashley

Facilitator:	Mary
7:00	Opening Verse: by Rudolf Steiner The healing social life is found
	Meeting Roles: Facilitator- Mary Scribe- Jennifer Timekeeper- Keeper of the Heart-
7:05-7:15	<b>Biography question:</b> "What is a little known fun fact you know about PRWS?"
7:15-7:20	<b>Approval of Board Minutes from January meeting</b> : (file posted in January 2020)
7:20-7:25	Review "Action Items" from January Board meeting
7:25-7:45	Committee Monthly Reports (Posted in February 2020 shared folder) Outcome goal: Please read in advance, discuss questions
7:45-7:55	<b>Development Highlights</b> (Robin) Outcome goal: Update on 40 <sup>th</sup> Anniversary Dinner, appreciation calls, etc.
7:55-8:15	Early Childcare (Mary, Stephanie) Outcome goal: Update; identify next steps
8:15-8:30	Snack
8:30-8:45	<b>Board Matters</b> (Aaron) Outcome goal: Discuss Board succession, 2020 Retreat date, Bylaw changes & Handbook updates
8:45-8:55	AWSNA (Aaron, Jordan) Outcome goal: Update on reaccreditation progress
9:00	Meeting Review – Review action items from this meeting  – Overview by Keeper of the Heart

## **Closing Verse:**

May wisdom shine through me,

. . .

# Calling All Viroqua Area Artists

FOR THE ROYAL BANK



## TO HELP DECORATE THE VIROQUA LOCATION

**Theme** 

**Criteria** 

Prize Categories

Deadline

**Entry** 

Representation of the culture, industry, agriculture and/or nature of the Viroqua area

Fits the theme | Compelling and eye catching wall artwork
Original artwork (not plagiarized or copyrighted) | Hand-drawn (no photography)

**Ages 8-17** 

1st Place: **\$100** | 2nd Place: **\$50** | 3rd Place: **\$25** 

**Ages 18+** 

1st Place: **\$200** | 2nd Place: **\$100** | 3rd Place: **\$50** 

Submissions due May 15, 2020. Winners will be contacted via email or phone by June 5th.

Submit artwork as a high-resolution .jpg or .pdf file to **nveglahn@royalbank-usa.com** or drop your artwork off to any Royal Bank location (locally: Viroqua, Hillsboro, Gays Mills). Must include your full name, address, phone number and email address with your submission. For questions call 608.637.3142.



Your Community Partner

Must be 8 years of age or older to participate. No entry fee required. Multiple entries are acceptable. Entry may become property of Royal Bank and entitles Royal Bank to use or reproduce submitted artwork (with credit to the artist) in any format and with no further compensation to the artist. Winner will be responsible for state, federal and local taxes that apply. Selection committee will have no direct relation to artists. Royal Bank will not be responsible for lost, stolen or damaged artwork.