

# **Lunchbox Express**

An education for heart, hands, and head

October 9, 2019

### Calendar

Fri Oct 11 Grandparents and Special Friends Day

Mon Oct 14 3rd Grade Field Trip

Tue Oct 15 3rd Grade Field Trip

**Thu Oct 17** Photo Retake Day

Thu Oct 17 5th Grade Field Trip

Fri Oct 18 Book Study – Kickapoo Café – 8:30 a.m.

Mon Oct 21 4th Grade Parent Meeting – 5:00 p.m. – 6:30 p.m.

<u>Wed Oct 23</u> Kindergarten Parent Meeting – 5:30 p.m. – 6:30 pm – in the Kindergarten

<u>Fri Oct 25</u> Parent Tea – after assembly – in the school lobby

Wed & Thu Oct 30 & 31 Parent/Teacher Conferences – No School

<u>Thu Oct 31</u> Enchanted Forest – 3:00 p.m. – 5:00 p.m. – details to follow

Fri Nov 1 In-Service - No School

Fri Nov 8 Martinmas Lantern Walk

<u>Sat Nov 9</u> Community Clothing Exchange – 9:00 a.m. – 1:00 p.m.

# Friday Assembly Assembly begins at 8:20 AM

Oct 11—Grandparents and Special Friends Day Oct 18—No Assembly

Oct 25—Open Grades Assembly

# What's Cooking!

### **Hot Diggity Dog**

The 8th Grade will be hosting another Hot Dog Friday on October 18th. Please sign up in the office in advance as day-of sales are challenging. Dogs are \$3.00 each, and there is a veggie dog option. Please send sides to accompany the hot dogs.

The 8th Grade Class

### **Grandparents and Special Friends Day**

Grandparents and Special Friends Day is **Friday**, **October 11<sup>th</sup>.** Many hands are needed to help this event go smoothly! Some food prep help will be needed on Thursday, October 10th, and many volunteers will be needed that Friday to help greet and guide visitors, set up gym for the reception, plate and serve food, keep coffee carafes filled, fill soup bowls, wash dishes, and assist with general clean-up. Please let Robin know if you're able to help out: robin@pleasantridgewaldorf.org

- Robin Kottke, Development Director

#### **Enchanted Forest**

This year's Enchanted Forest, hosted by the 8th Grade class as a fundraiser for their 8th Grade trip, will be **Thursday, October 31st, from 3:00 p.m. to 5:00 p.m.**The Enchanted Forest will take place at Hubbard Hills located at the west end of Maple St in Viroqua.
Concessions will be sold by 8th grade parents. There are no bathroom facilities at the site, so please come prepared!

Cost is \$2 per person; \$7 maximum per family. Please call Paula Grenier at 606-3500 with questions.

Paula Grenier, Enchanted Forest Coordinator

### Photo Retake Day is Thursday, October 17

Photos will be distributed either this Friday or next Monday. If you would like the photo retaken, please contact Drew Shonka at <a href="mailto:drowoowoo@hotmail.com">drowoowoo@hotmail.com</a> in advance.

Photo retakes will take place in room 205 of the Landmark Center on Thursday, October 17. **Drew will be available at 7:50 a.m. for any kindergarten retakes.** Grades students will have their photos retaken during the day.

- Nan Marshall, Office Manager



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### **EVENTS**

### <u>Book Study of Being At Your Best When</u> Your Kids Are At Their Worst

We are excited to read and study Kim John Payne's newest book together this year. Join us at our first coffee morning at Kickapoo Coffee on **October 18 at 8:30 a.m.** when we will plan our study of this book.

The Parent Association

### Parent Coffee/Tea October 25th

Please join the Parent Association for coffee and tea in the lobby after the Assembly on Friday, October 25th.

The Parent Association

### **Community Clothing Exchange**

PRWS will be hosting a Community Clothing Exchange on **November 9 from 9:00 a.m. to 1:00 p.m.** Start gathering your gently used clothing and outerwear that you are ready to pass on. Donations can be dropped off at the PRWS office starting on November 4 - **please**, **no day-of donations**. If you don't have any clothes to pass along, no worries! Instead, you can make a cash donation or bring nonperishable food items that will be donated, along with left-over clothing, to Bethel Butik. Please <u>click here</u> to sign up to help out with the clothing exchange - those who help on Friday night do get first picks!

The Parent Association

#### Save the Date for the Fall Concert!

Please add the date for the Fall Concert to your school-year calendars. The concert will take place in the gym at **6:30 p.m. on Thursday, November 21**. Students in grades 5-8 will be performing.

- Stephanie Pedretti and Melissa Madura, Music Teachers

### Save the Date!

Parent's Night Out on November 13 Stay tuned for details.

The Parent Association

### Come Join the Parent Association!

We are always looking for new members to join the Parent Association. If you are interested in community-building and planning educational and community events in support of parents, please contact Jordan at <a href="mailto:jordan@brudos.net">jordan@brudos.net</a>. Our next meeting is on **November 3 at 11:00**<a href="mailto:a.m.">a.m.</a> at Jordan's house (118 Wisconsin St. in Viroqua), and children are welcome to come along! A light lunch will be provided.

- The Parent Association

### **ADMIN**

### Vote for PRWS at the Viroqua Food Co-op!

Calling all Viroqua Food Co-op Members! It's time to vote for the VFC's 2020 Give Where You Live Recipients, and PRWS needs your vote!

Each VFC Member may choose up to five local nonprofit organizations listed on the ballot, and the twelve that receive the most votes will be named the 2020 Give Where You Live Recipients. For a whole month, these organizations will receive funds raised at the register when folks choose to round up their purchase to the nearest dollar. This really adds up fast!

Pick up to 5 favorite nonprofit organizations from the online ballot at www.viroquafood.coop/community-outreach.

Cast your ballot any time before October 31st.

Robin Kottke, Development Director

### Listen Up!

This Week's Episode of the Pleasant Ridge Today Podcast features a review of Michaelmas, PRWS news, and Viroqua Community happenings. Check it out here: <a href="https://pleasantridgewaldorf.org/10-4-19/">https://pleasantridgewaldorf.org/10-4-19/</a> Thanks for listening!

Robin Kottke, Development Director

### We Welcome Your Ideas

We are in the process of scheduling some Parent Educational events for the year and are



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curious about what topics you would like to learn more about? Please send your ideas to Jordan at

enrollment@pleasantridgewaldorf.org.

 Jordan Brudos, Enrollment and Outreach Coordinator

### **Seeking Substitute Teachers**

We are looking to add to our list of substitute teachers for the school year. We're planning to hold a substitute teacher orientation in October – date still TBD. If you are interested, please contact Jordan at 637-7828 or enrollment@pleasantridgewaldorf.org.

- Jordan Brudos, Enrollment and Outreach Director

# Got 45 Minutes? Sign up for an October Lunch Server Shift!

Two volunteers are needed to serve lunch from 11:45 a.m. - 12:30 p.m. Mondays-Thursdays. It's a fun and delicious way to help out at the school, and your lunch is free!

Thank you for signing up for October Lunch Shifts here:

https://docs.google.com/spreadsheets/d/1Up nErjLgE7QYFCWrXk7aYdJ5QL98FyEdvZ6YpYTjEjk /edit?usp=sharing

- The Admin Team

### Hot Lunch Automatic Withdrawal Payment Option

Does your child eat lunch every day every month? Why not just have the money deducted from your account automatically? You can still sign up for this option to begin in October. If you are interested in this option, stop by the office for details!

Nan Marshall, Office Manager

### **Employment Opportunity**

Pleasant Ridge Waldorf School is seeking a Snow Removal Laborer who will maintain the school's sidewalks and entryways throughout the 2019- 2020 winter season. Candidate must be self-motivated, highly reliable, able to keep a flexible schedule, and capable of operating a large, 2-stage snowblower. All required

equipment and supplies are provided.

<u>Application</u> and resume may be submitted to <u>enrollment@pleasantridgewaldorf.org</u> or delivered in person to the school office.

- Personnel Committee

# **Holiday Faire**

### **SAVE THE DATE!**

<u>The Holiday Faire is Friday, December 6, and Saturday, December 7.</u>

**Friday Evening**: A Joyful Wassail and Dance Party (adults only). Childcare will be available, and advance tickets are encouraged.

Additional details to come!

**Saturday**: A Holiday Faire celebration for the entire family.

The magic and joy of the Holiday Faire will soon be upon us! Each year, this all-school endeavor is made possible by each family's participation. It is truly a gift to our children, community, and ourselves. Each class is responsible for a designated activity at the Faire. Please mark your calendars and plan to sign up for shifts to ensure a successful Holiday Faire. Don't forget to invite your loved ones to share in the Holiday Faire festivities!

- Holiday Faire Committee

### Seeking Artisans and Vendors for the Faire

We are seeking vendors of artisan, handmade items for our Holiday Faire! Vendor applications for the Faire are now available online at:

https://pleasantridgewaldorf.org/our-school/holiday-faire/. Please see the webpage for contact and application information or contact Nan Marshall at holidayfairevending@gmail.com.

Holiday Faire Committee

### Seeking Silent Auction Donations!

Please consider a donation to the Silent Auction for Holiday Faire. Goods and services (bodywork, basket of canned preserves, yoga classes...), practical and/or beautiful home wares (artwork, furniture, jewelry...), and unique



and adventurous experiences (family cabin up north for a weekend, unicycle lessons, wild food walk...) are all encouraged and welcome! Email donation ideas or suggestions to: <a href="mailto:prwsholidayfaire@gmail.com">prwsholidayfaire@gmail.com</a>. Thanks so much!

 Kate Holmes and Amber Biver, Silent Auction Coordinators

# <u>School Store Resale Shoppe:</u> Call for Donations!

We're excited to bring back the School Store Resale Shoppe to this year's Holiday Faire! The Resale Shoppe, an expansion of our School Store, offers gently used wooden and natural toys for sale. This is a great opportunity help raise funds for PRWS by donating items your children no longer use and also to shop for beautiful, quality toys for less than retail prices. Donations of wooden and natural toys in good, resale condition may be dropped off at the school office through November 22. Thanks for your help! Contact Jordan with questions at

enrollment@pleasantridgewaldorf.org or 608-637-7828.

- School Store Coordinators

### Meal Train for Barb and Mary McNeal

Marv McNeal, a friend of the school, was recently hospitalized for a serious illness. We want to nourish him back to health and get a meal wheel going for him and Barb. They eat an early supper, so drop off at 4:00 p.m. - 4:30 p.m. at the front door, 518 Rusk Ave.

Just push the grey button on the keypad to ring the bell.

Please click the link below to sign up on their Meal Train to deliver meals:

https://mealtrain.com/9g9vyl.

The Admin Team

### **COMMUNITY NEWS**

#### **Driftless Gymnastics...A Tumbling Good Time**

6-week Saturday session to begin October 26th. 8-week Monday and Thursday classes to begin October 10th.

Driftless Gymnastics provides a fun and safe, non-competitive environment for young people to learn the sport of gymnastics. Classes offer professional instruction with experienced and dedicated coaching. Students work on strength, flexibility, coordination, and self-confidence. Co-ed classes for children ages 2 and up!

To register contact Alycann Taylor 632-3527 or Alycann.taylor@gmail.com

Inviting children ages 7 to 10 to come join us for a day of activities, games, and learning in the fall forest. We will spend our time at Earthology with Nicholas WazeeGale having fun, learning of the forest's gifts, exploring some skills, and absorbing the season. Come dressed for being out, bring a backpack with a snack and a water bottle, and bring your enthusiasm.

Cost: \$30

Location: Earthology Park on Lower Maple Dale.

Instructor: Nicholas WazeeGale

Costume sign-up for the Harvest Parade – The sign-up for the parade will take place after school this Thursday, October 10, at The Commons (formerly the Ark). Stop by between 2:45 p.m. - 4:00 p.m. Plenty of costumes for both kids and grownups are available!

### Viroqua Harvest Parade takes place this Saturday, October 12

Schedule:

1:00 p.m.: Parade line-up at the PRWS playground

2:00 p.m.: Parade starts

Route: Leaves PRWS, south on Rusk, west on Terhune, north on Main St, west on Court Street towards Eckhart Park.

2:30 p.m. – 8:00 p.m.: Celebration in the Park -- includes food vendors and live music

7:30 p.m. (dusk): Fire Dancing performance by the Driftless Fire Tribe

Volunteers still needed for parade day! Contact Denise Semanchin at 608-354-2309 if you can help. Areas of assistance include wearing our tall backpack puppets, assisting with clean-up, being section leaders in the parade, and more. Thanks!



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The Viroqua Healing Arts Center is looking for renters immediately through the end of the year with a potential to sign a year lease for 2020. If you feel your work would be a good fit with our mission of facilitating healing and the attainment of a high level of wellness, please contact Jen Shepard at 608-637-7600 x27.

#### **LUNCHBOX EXPRESS COMMUNITY NEWS POLICY**

The Lunchbox Express Community News section is provided as a service to the school community. Printing of an ad does not imply endorsement by Pleasant Ridge Waldorf School. How to Place an Ad:

- 1. Limit your ad to 70 words. We do not edit. We will not print ads over 70 words. If you must have a long ad, make a note & give it to the office staff to place on the bulletin board.
- 2. Ads will be printed only once.
- 3. Put your ad in the folder in the LBE's mailbox in the Office marked "Lunchbox Community News" OR e-mail ad to info@pleasantridgewaldorf.org with "Community News" in the subject line.
- 4. Deadline is Tuesdays at 8:30am. There may be occasions, due to unforeseen circumstances or space restrictions, that the Community section will not be printed. Thank you.

# November Lunch Menu

*One Form Per Person, Please.		*Please circle the dates you want to have lunch. *Add \$ totals across			
and down.					_
NAME	4	5	6	7 <b>GF</b>	
	- Pizza	Enchiladas	Soup	Baked Potatoes	
	With	With Beans	And	With Cheese	
	Coleslaw	& Fruit	Bread	& Fruit	
GRADE	_				
*****	11	12 <b>GI</b>	=   13	14 <b>GF</b>	
	Pasta	Nachos	Chili	Rice & Veggies	
	Marinara	With Beans,	With	With Fruit	
	With Salad	Rice & Fruit	Cinnamon Rolls		
	18	19 <b>GF</b>	20	21 <b>GF</b>	
	Pizza	Tostadas	Stew &	Mashed	
	With	With Fruit	Cornbread	Potatoes With	
	Coleslaw		With Fruit	Veg Gravy,	
	'			Cheese & Fruit	
	25	26			
	Mac & Cheese	Burritos			
	With Fruit &	With			
	Veg	Fruit			
	Monthly plan due by			Subtotal	
	All meals are \$3.50 each.			Credits	-
	Monthly menu due by			Total	

