



Calendar

Thu Sept 26 Grades Photo Day

Thu Sept 26 3rd Grade Parent Meeting – 5:30 p.m.-
7:00 p.m. – 3rd grade classroom

Fri Sept 27 Michaelmas Festival

Tue Oct 1 4th Grade Parent Meeting – 5:30 p.m. –
7:00 p.m. – in the 4th grade classroom

Wed Oct 2 7th & 8th Grade Field Trip

Fri Oct 4 Parent Association Meeting – 6:00 p.m. –
Rooted Spoon in Viroqua

Fri Oct 11 Grandparents and Special Friends Day

Mon Oct 14 3rd Grade Field Trip

Tue Oct 15 3rd Grade Field Trip

Thu Oct 17 Photo Retake Day

Wed & Thu Oct 30 & 31 Parent/Teacher
Conferences – No School

Fri Nov 1 In-Service – No School

Friday Assembly

Assembly begins at 8:20 AM

Sept 27—Michaelmas Festival Pageant

Oct 4—No Assembly

Oct 11—Grandparents and Special
Friends Day

What's Cooking!

Michaelmas Festival Pageant

***When I conquer within me fear and doubt Michael in
Heaven casts the dragon out!***

On **Friday, September 27th**, PRWS will celebrate Michaelmas. We warmly invite the community to join us **in the gym at 8:20 a.m.** for our Michaelmas Festival Pageant. All of the grade students will participate as we celebrate Archangel Michael's defeat of the Dragon. The pageant will last approximately 40 minutes. The rest of the day unfolds in a special way for the students as they work together to prepare a communal student lunch which they will eat together in the gym. **Please send a snack as usual, but no lunch.** The menu consists of squash soup, dragon bread, and apple crisp. Gluten-free bread and apple crisp options will be available. There will also be dairy-free crisp. After the meal, the children will break into groups for different work and play activities in the afternoon. Therefore, **the children should wear their festival attire in the morning and bring clothes that can get dirty that they can change into for the afternoon activities.** In the event of rain in the afternoon students will remain inside.

- Michaelmas Committee

School Photo Day for the Grades

The students in the grades (1-8) will be photographed on **Thursday, September 26.**

School photos will be taken by Drew Shonka Photography. Please fill order forms out and return them with payment to the class teachers.

- Nan Marshall, Office Manager

Hot Dog Lunches Friday, October 4

The 8th Grade will be serving hot dogs for lunch on Friday, October 4th, as a fundraiser for their 8th grade trip. **Please sign up and pay for the hot dogs in the office in advance.** You will still need to send sides to accompany the hot dogs. More information to follow next week. Thank you!

- 8th Grade Class

EVENTS

What is Michaelmas?

Every year, approximately seven days after the Autumnal equinox, Waldorf schools throughout the world celebrate the festival of Michael. Outside in Autumnal nature we can see the verdant growth of summer drying, withering, changing into the many Autumnal hues, as well as making seeds. Nature thus provides a picture of how thought lights up within the human soul. The greenery of summer must make a seed to endure winter. Similarly, movement in early human life makes possible speech, and speech becomes thought. Michaelmas is known as a "Festival of Courage," and stories from cultures around the world are gathered in our schools at this time. The archetype of Michael gives us a picture of strength, courage, and clarity of thought. Strength to kindle our inner fire, and iron will to keep on working towards the clarity of thinking to know what must be transformed. Michael stands over the dragon showing that he has overcome the Lie, the Ugly, and the Bad in the name of Truth, Beauty, and Goodness. Waldorf Education echoes the essence of Michaelmas. Each and every one of us has a gift to bring to the world. Can we learn to recognize and honor our own gifts, have interest in each other's gifts, and encourage each other toward our full potential? This is what Michaelmas celebrates!

Magnificent Autumn!

*He comes not like a pilgrim clad in russet
weeds,*

*He comes not like a hermit clad in grey,
But he comes like a warrior*

- Wordsworth

- The Michaelmas Committee

Join the Parent Association!

The Parent Association is looking for individuals to join our committee. If you are interested in community-building and planning fun events, then this is the group for you! Our first meeting

is scheduled for **October 4 at 6:00 p.m.** For this gathering we will be meeting at the Rooted Spoon in Viroqua. Meetings are monthly and rotate between different locations – local venues and members' homes. If you have questions and would like to learn more about the Parent Association, please contact Jordan Brudos at jordan@brudos.net.

- PRWS Parent Association

8th Grade Pizza Fundraiser Has Returned!

The Eighth grade is again making pizzas to fundraise for our class trip. We are offering home-made frozen cheese or veggie pizzas. Pizzas will be made and frozen by the class in the school kitchen.

Orders are due by Friday, October 4th. We will stop taking orders if/when we reach 150 pizzas, so get your orders in early. Order forms can be found in the office or from any 8th grader.

Pizza pickup will be in the gym at the kitchen door after school on Monday, October 7th.

- The 8th Grade

Grandparents & Special Friends Day: Friday, October 11, 2019

Have you ever wanted to share information about Waldorf education to inquiring family members or wished to provide a window into your child's school experience? In just a month we will host a favorite event for the special elders in our children's lives here at the school. Invite your parents and other special elders to experience PRWS for themselves at our annual Grandparents and Special Friends Day!

Each autumn, our Friday morning program and luncheon for grandparents and special friends draws about 80 people, many of whom attend every year! It's a great opportunity for them to enjoy an assembly, visit their loved one's classrooms, hear from alumni, ask questions, and experience our unique school culture.

Invitations will be mailed to all grandparents and special friends for whom we've received addresses (those who attended in previous years are automatically on the invitation list). **If there are others who should be added to this list, please provide names and addresses to**

Robin Kottke and we'll get an invitation to them straight away.

RSVPs are necessary to ensure we are well prepared with an adequate number of chairs for classroom visits, nametags, luncheon servings, etc.

Volunteers are needed the day of the event to help set-up, serve, clean up, and provide refreshments for the reception. Please contact Robin at robin@pleasantridgewaldorf.org if you're able to help out in any way. Thank you very much!

- Robin Kottke, Development Director

Save the Date for the Fall Concert!

Please add the date for the Fall Concert to your school-year calendars. The concert will take place in the gym at **6:30 p.m. on**

Thursday, November 21. Students in grades 5-8 will be performing.

- Stephanie Pedretti and Melissa Madura, Music Teachers

ADMIN

Got 45 Minutes? Sign up for an October Lunch Server Shift!

Two volunteers are needed to serve lunch from 11:45 a.m. - 12:30 p.m. Mondays-Thursdays. It's a fun and delicious way to help out at the school, and your lunch is free!

Thank you for signing up for October Lunch Shifts here:

<https://docs.google.com/spreadsheets/d/1UpnErjLgE7QYFCWrXk7aYdJ5QL98FyEdvZ6YpYTjEjk/edit?usp=sharing>

- The Admin Team

Hot Lunch Automatic Withdrawal Payment Option

Does your child **eat lunch every day every month**? Why not just have the money deducted from your account automatically?

You can still sign up for this option to begin in October. If you are interested in this option, stop by the office for details!

- Nan Marshall, Office Manager

Employment Opportunity

Pleasant Ridge Waldorf School is seeking a Snow Removal Laborer who will maintain the school's sidewalks and entryways throughout the 2019- 2020 winter season. Candidate must be self-motivated, highly reliable, able to keep a flexible schedule, and capable of operating a large, 2-stage snowblower. All required equipment and supplies are provided.

Application and resume may be submitted to enrollment@pleasantridgewaldorf.org or delivered in person to the school office.

- Personnel Committee

Thanks!

A HUGE thank you to Adrian Ugo for all his help with time and materials on an upcoming Parent-Child craft project. We are so grateful!

- Ms. Martha, Parent-Child Teacher

October Aftercare Registration Form

It's not too early to register for October aftercare. The form is located outside the office.

- Jordan Brudos, Enrollment and Outreach Coordinator

We Need Your Input!

We are in the process of scheduling some Parent Educational events for the school year, but we are curious about what topics interest you. Please send your ideas to Jordan at enrollment@pleasantridgewaldorf.org.

- Jordan Brudos, Enrollment and Outreach Coordinator

Pleasant Ridge Google Calendar

We have a Pleasant Ridge Google Calendar. If you would like to be able to check parent meetings, holidays, assemblies, or other school information from the comfort of your own home or phone, please stop by the office and ask Nan to send an invitation to you.

- Nan Marshall, Office Manager

Holiday Faire

SAVE THE DATE!

**The Holiday Faire is Friday, December 6,
and Saturday, December 7.**

Friday Evening: A Joyful Wassail and Dance Party (adults only). Childcare will be available, and advance tickets are encouraged. Additional details to come!

Saturday: A Holiday Faire celebration for the entire family.

The magic and joy of the Holiday Faire will soon be upon us! Each year, this all-school endeavor is made possible by each family's participation. It is truly a gift to our children, community, and ourselves. Each class is responsible for a designated activity at the Faire. Please mark your calendars and plan to sign up for shifts to ensure a successful Holiday Faire. Don't forget to invite your loved ones to share in the Holiday Faire festivities!

- Holiday Faire Committee

Seeking Artisans and Vendors for the Faire

We are seeking vendors of artisan, handmade items for our Holiday Faire! Vendor applications for the Faire are now available online at:

<https://pleasantridgewaldorf.org/our-school/holiday-faire/>. Please see the webpage for contact and application information or contact Nan Marshall at holidayfairevending@gmail.com.

- Holiday Faire Committee

Seeking Silent Auction Donations!

Please consider a donation to the Silent Auction for Holiday Faire. Goods and services (bodywork, basket of canned preserves, yoga classes...), practical and/or beautiful home wares (artwork, furniture, jewelry...), and unique and adventurous experiences (family cabin up north for a weekend, unicycle lessons, wild food walk...) are all encouraged and

welcome! Email donation ideas or suggestions to: prwsholidayfaire@gmail.com. Thanks so much!

- Kate Holmes and Amber Biver, Silent Auction Coordinators

COMMUNITY NEWS

September 27- September 29 - Michaelmas Festival with Lisa Romero

Living Consciously with the Spiritual Year: An Esoteric Understanding of the Michaelmas Festival
Schedule: Friday 7:00 p.m. – 9:00 p.m.; Saturday 9:30 am – 3:00 p.m.; Sunday 9:30 a.m. – 3:00 p.m.
Festivals are celebrated collectively and yet they are also representations of an individual's initiation path. The mystery schools of the past consciously engaged with esoteric wisdom and offered festivals to present this wisdom to the community, clothing it in outer forms. Today, conscious engagement with this wisdom is now for the entire community. Deepening our understanding and ability to participate in the spiritual year serves to build a relationship between ourselves and the spiritual world as well as between ourselves and our community.

Please contact Mary Christenson at pleasantridgewaldorf.org or at 608-606-5296. See attached registration form.

Puppet Jam!

Reminder: This coming weekend the Viroqua Harvest Parade opens up its studio for our annual community puppet and costume building extravaganza!

What: **Puppet Jam!**

When: **Saturday, Sept. 28th, and Sunday, Sept. 29th, from 12:00 p.m. – 4:00 p.m.**

Where: The Commons (formerly the Ark)
No experience necessary. Wear clothes that can get messy. Bring your own ideas for what you'd like to make this year OR help the puppet crew complete some of this year's new projects. This is a great event for families or anyone that loves to create!

Save the date: This year's parade is Saturday, October 12, at 2:00 p.m.

Questions? Denise Semanchin: 608-354-2309



Herbal Kids: Winter Foundations Class
Wednesday October 16th, 6:00 p.m. - 7:30 p.m.
Viroqua Food Co-op Community Room

Together we will explore tried and true strategies and herbal remedies for kids' (and their adults) holistic winter health. Our focus will be on nourishing kitchen recipes, kid-friendly herbs: their energetics and best applications, as well as safety and suggested dosing. There will be an herbal and honey-based cough syrup demonstration and recipes to take home.

Instructor: Jess Krueger

Cost: \$20 VFC Owners/\$25 Non-Owners

Registration: To register call the VFC - (608) 637-7511 or sign up in person at the VFC customer service desk. Registration is required in advance for all classes.

Talk About Good Grass Fed Beef and Rip Snortin' Good Pork raised locally by former Waldorf teacher Steve Lawless and custom butchered to your order. Price is based on carcass weight. A quarter beef is about \$500 and a half hog about the same. For more info contact Steve at bikeinrain@yahoo.com.

Unique and newly constructed house for rent until next May and possibly longer. Six miles out of Viroqua in Amish paradise. Artful and simple elegance emerging from weathered barn wood, old tin, and crafted local woods. Wood heat. \$1,300/month - all included. For more info contact Steve Lawless at bikeinrain@yahoo.com.

Movement classes with Mandy Herrick:

October 3-November 14, no class 10/31.

Old Main Building, 321 E. Decker.

Creative Movement (ages 3-6) 5-5:45pm \$45

Moving Together (1-3 with adult) 4:30-5pm \$30

Herricam@gmail.com to register.

Public Hearing

The Vernon County Solid Waste and Recycling Committee will hold a public information meeting

on a potential expansion of the Vernon County Landfill on October 2nd, 2019, at 6:30 p.m. at the Sherriff Department Training room located at 1320 Bad Axe Court, Viroqua.

The purpose of this public hearing is to answer questions or concerns on the potential expansion of the landfill.

There may be a quorum of committee members present but no action will be taken.

Thank you!

Looking for immediate help! Childcare caring for a 1-year-old; other duties include winding yarn, light cleaning, labeling yarn, and possibly washing raw wool. Full- or part-time available. Employees need to be self-motivated and able to multitask! Ewetopia Fiber Mill located in LaFarge. 608-632-0487 or kashley@ewetopiafibershop.com.

Looking for child-sized 10 rain boots and snow boots. Call Emily 638-4674.

Missing from PRWS: Blue/gray adult-sized sweatshirt. It has a metal zipper and Carhartts label. I left it on the bench by the PRWS front door Monday at lunch while I served. Has anyone seen it? Please call Emily at 638-4674 if you have seen it. Thank you!

Also missing from PRWS: Girl's size 10 or 12 blue sleeveless dress, tea label, lost at the Back-to-School Picnic. Call Emily at 638-4674.

LUNCHBOX EXPRESS COMMUNITY NEWS POLICY

The Lunchbox Express Community News section is provided as a service to the school community. Printing of an ad does not imply endorsement by Pleasant Ridge Waldorf School.

How to Place an Ad:

1. Limit your ad to 70 words. We do not edit. We will not print ads over 70 words. If you must have a long ad, make a note & give it to the office staff to place on the bulletin board.
2. Ads will be printed only once.
3. Put your ad in the folder in the LBE's mailbox in the Office marked "Lunchbox Community News" OR e-mail ad to info@pleasantridgewaldorf.org with "Community News" in the subject line.
4. Deadline is Tuesdays at 8:30am. There may be occasions, due to unforeseen circumstances or space restrictions, that the Community section will not be printed. Thank you.

Living Consciously with the Spiritual Year: An Esoteric Understanding of the Michaelmas Festival with Lisa Romero

Conference Schedule

Friday, September 27

6:30 pm Registration/Coffee and Tea

7:00 pm *Understanding the Significance of the Spiritual Year and its Festivals:
bringing strength to perceive and face the malevolent forces of our times*

Saturday, September 28

9:00 am Registration/Coffee and Tea

9:30 am *The Stages of Inner Development Expressed in the Spiritual Year, and the
overcoming of the dragon expressed in the Michaelmas Festival*

Noon Lunch

1:30 -3:00 pm Integrative conversation/artistic activity

3:00 pm Biodynamic prep stirring

Sunday, September 29

9:30 am *Michaelmas as a Community and an Individual Experience*

Noon Lunch

1:30 - 3:00 pm Integrative conversation/artistic activity

3:00 pm Agnihotra fire ritual

Registration Form

Name _____

Address _____

Phone Number _____

Email _____

Date _____

CIRCLE YOUR CHOICES (per adult)

Full Conference \$100

Partial Conference

Friday Evening (Lecture I, 7pm) \$15-20

Saturday – morning and afternoon \$50

Sunday – morning and afternoon \$50

Saturday Lunch: \$15.00 Sunday Lunch: \$15.00

Organic and locally grown foods will be used to create scrumptious noon meals;
please check your preference:

non-veg. w/chicken _____ vegetarian _____ vegan _____

Conference Total _____

Please make checks payable to: **Viroqua Biodynamic Group**

Mail to: Liz Franklin, 211 Hillyer St., Viroqua, WI 54665
Or scan and email to: lizahoy@gmail.com and pay at the door
Need a homestay? Call or text Brian Wickert at (608) 606-1275