

Calendar

Thu & Fri Sept 19 & 20 5th Grade Field Trip

Thu & Fri Sept 19 & 20 6th Grade Field Trip – departing after lunch

Sun Sept 22 New Family Brunch – 10:00 a.m.

Tue Sept 24 All-School Meeting – 6:00 p.m. – 7:30 p.m. - in the school gym

Wed Sept 25 Kindergarten Photo Day – 7:30 a.m.

Wed Sept 25 3rd Grade Field Trip

Thu Sept 26 Grades Photo Day

Thu Sept 26 3rd Grade Parent Meeting – 5:30 p.m.- 7:00 p.m. – 3rd grade classroom

Fri Sept 27 Michaelmas Festival

Tue Oct 1 4th Grade Parent Meeting – 5:30 p.m. – 7:00 p.m. – in the 4th grade classroom

Wed Oct 2 7th & 8th Grade Field Trip

Fri Oct 4 Parent Association Meeting – 6:00 p.m. – Rooted Spoon in Viroqua

Fri Oct 11 Grandparents and Special Friends Day

Mon Oct 14 3rd Grade Field Trip

Tue Oct 14 3rd Grade Field Trip

Friday Assembly

Assembly begins at 8:20 AM

Sept 20—No Assembly

Sept 27—Michaelmas Festival Pageant

Oct 4—No Assembly

What's Cooking!

All-School Meeting, September 24th

We welcome everyone to join us for the first of two All-School Meetings on **September 24th from 6:00 p.m. – 7:30 p.m.** Topics will include a state-of-the-school address, questions and answers with the Board of Directors, and facilitated roundtable discussions. We would encourage both parents to attend the meeting. Childcare, including hearty snacks, will be available.

Please RSVP to Jordan Brudos at enrollment@pleasantridgewaldorf.org by Monday, September 23rd, if you need childcare.

- Robin Kottke, Development Director

School Photo Day

This year, school photos will be taken on two days, beginning with the **kindergarteners being photographed on Wednesday, September 25, at 7:30 a.m. in Drew Shonka's photography studio in room 205 of the Landmark Center.**

The students in the **grades (1-8)** will be photographed on **Thursday, September 26.**

School photos will be taken by Drew Shonka Photography. The forms for signing up for the photos will be delivered to the classrooms shortly. Please fill them out and return them with payment to the class teachers.

- Nan Marshall, Office Manager

8th Grade Pizza Fundraiser has Returned!

The Eighth grade is again making pizzas to fundraise for our class trip. We are offering home-made frozen cheese or veggie pizzas. Pizzas will be made and frozen by the class in the school kitchen.

Orders are due by Friday, October 4th. We will stop taking orders if/when we reach 150 pizzas, so get your orders in early. Order forms can be found in the office or from any 8th grader. **Pizza pickup will be in the gym at the kitchen door after school on Monday, October 7th.**

- The 8th Grade Class

EVENTS

What is Michaelmas?

Every year, approximately seven days after the Autumnal equinox, Waldorf schools throughout the world celebrate the festival of Michael. Outside in Autumnal nature we can see the verdant growth of summer drying, withering, changing into the many Autumnal hues, as well as making seeds. Nature thus provides a picture of how thought lights up within the human soul. The greenery of summer must make a seed to endure winter. Similarly, movement in early human life makes possible speech, and speech becomes thought. Michaelmas is known as a "Festival of Courage," and stories from cultures around the world are gathered in our schools at this time. The archetype of Michael gives us a picture of strength, courage, and clarity of thought. Strength to kindle our inner fire, and iron will to keep on working towards the clarity of thinking to know what must be transformed. Michael stands over the dragon showing that he has overcome the Lie, the Ugly, and the Bad in the name of Truth, Beauty, and Goodness. Waldorf Education echoes the essence of Michaelmas. Each and every one of us has a gift to bring to the world. Can we learn to recognize and honor our own gifts, have interest in each other's gifts, and encourage each other toward our full potential? This is what Michaelmas celebrates!

Magnificent Autumn!

*He comes not like a pilgrim clad in russet
weeds,*

*He comes not like a hermit clad in grey,
But he comes like a warrior*

- Wordsworth

**Join us for our Michaelmas Festival Pageant
Friday, September 27th, 2019, at 8:20 a.m. in the
school gym.**

- Carrie Treviranus,
Michaelmas Committee

Join the Parent Association!

The Parent Association is looking for individuals to join our committee. If you are interested in community-building and planning fun events, then this is the group for you! Our first meeting is scheduled for **October 4 at 6:00 p.m.** For this gathering we will be meeting at the Rooted Spoon in Viroqua. Meetings are monthly and rotate between different locations – local venues and members' homes. If you have questions and would like to learn more about the Parent Association, please contact Jordan Brudos at jordan@brudos.net.

- PRWS Parent Association

Grandparents & Special Friends Day: Friday, October 11, 2019

Have you ever wanted to share information about Waldorf education to inquiring family members or wished to provide a window into your child's school experience? In just a month we will host a favorite event for the special elders in our children's lives here at the school. Invite your parents and other special elders to experience PRWS for themselves at our annual Grandparents and Special Friends Day! Each autumn, our Friday morning program and luncheon for grandparents and special friends draws about 80 people, many of whom attend every year! It's a great opportunity for them to enjoy an assembly, visit their loved one's classrooms, hear from alumni, ask questions, and experience our unique school culture. Invitations will be mailed to all grandparents and special friends for whom we've received addresses (those who attended in previous years are automatically on the invitation list). **If there are others who should be added to this list, please provide names and addresses to Robin Kottke and we'll get an invitation to them straight away.**

RSVPs are necessary to ensure we are well prepared with an adequate number of chairs for classroom visits, nametags, luncheon servings, etc.

Volunteers are needed the day of the event to help set-up, serve, clean up, and provide refreshments for the reception. Please contact

Robin at robin@pleasantridgewaldorf.org if you're able to help out in any way. Thank you much!

- Robin Kottke, Development Director

Save the Date for the Fall Concert!

Please add the date for the Fall Concert to your school-year calendars. The concert will take place in the gym at **6:30 p.m. on**

Thursday, November 21. Students in grades 5-8 will be performing.

- Stephanie Pedretti and Melissa Madura,
Music Teachers

ADMIN

Got 45 Minutes? Hot Lunch Serving Shifts Needed for September and October!

Our hot lunch program has commenced! Josh Witte has jumped right in as the new school chef, and we're so glad he's here! Julie will be staying on for a bit to help ensure the transition is a smooth one. These first months, as Julie and Josh settle into a rhythm, only two servers are needed each day for a 45-minute shift, from 11:45 a.m. - 12:30p.m.

Many folks find that volunteering in the kitchen and serving students, faculty, and staff is one of their favorite ways to volunteer at PRWS. And it includes free lunch for you!

Thanks for signing up for shift(s) here:

<https://docs.google.com/spreadsheets/d/1UpnErjLgE7QYFCWrXk7aYdJ5QL98FyEdvZ6YpYTjEjk/edit?usp=sharing>

--Robin Kottke, Development Director

Hot Lunch Automatic Withdrawal

Payment Option

Does your child **eat lunch every day every month**? Tired of filling out the forms every, single month? Why not just have the money deducted from your account automatically? **You can still sign up for this option to begin in October. If you are interested in this option, stop by the office for details!**

- Nan Marshall, Office Manager

Parents Supporting School Festivals

As a support to teachers surrounding our festival life, each class has been assigned an event in which it will participate and assist with organizing the event under the teacher's direction. See the list below:

- ♦ **Kindergarten** – Advent Spiral
- ♦ **Grade 1** – As new grades families, we invite you to take in the festivals and events throughout the year.
- ♦ **Grade 2** – May Day Festival
- ♦ **Grade 3** – All-School Picnics – beginning and end of the year
- ♦ **Grade 4** – Martinmas
- ♦ **Grade 5** – Pentathlon and Festival of Light
- ♦ **Grade 6** – Pentathlon Feast
- ♦ **Grade 7** – Michaelmas meal and Graduation Reception
- ♦ **Grade 8** – Enchanted Forest
 - Amy Hazell, Administrative Chair

Volunteer Opportunity - Tech Support!

PRWS is looking for someone that has a knack for fixing Windows computers and solving technical problems. This volunteer would help PRWS staff and faculty with their computer problems and be available on average about once a month to help out with a problem or offer advice. Contact mark@brudos.net if you're interested!

- Mark Brudos, Tech Support Committee

October Aftercare Registration Form

It's not too early to register for October aftercare. The form is located outside the office.

- Jordan Brudos, Enrollment and Outreach Coordinator

We Need Your Input!

We are in the process of scheduling some Parent Educational events for the school year, but we are curious about what topics interest you. Please send your ideas to Jordan at enrollment@pleasantridgewaldorf.org.

- Jordan Brudos, Enrollment and Outreach Coordinator

Pleasant Ridge Google Calendar

We have a Pleasant Ridge Google Calendar. If you would like to be able to check parent meetings, holidays, assemblies, or other school information from the comfort of your own home or phone, please stop by the office and ask Nan to send an invitation to you.

- Nan Marshall, Office Manager

IN OTHER NEWS

PRWS at the Vernon County Fair

PRWS had a great representation at the Vernon County Fair this year, with 25 kids entering exhibits. Some kids entered school projects like their cross stitch from handwork, their home shelters, or their animal dioramas. There were Lego creations, baked goods, homemade clothing, photographs, an educational poster about food allergies, and lots of other contributions. Many, many ribbons were awarded; even a few Merit awards. The kids all seem to really enjoy it and are proud of the work they have done. Pleasant Ridge's Educational Booth was beautiful, as always, and took a blue ribbon too (thank you Jordan and Julia!). So, keep the Fair in mind for next year, and contact me if you have questions. In the meantime, on to the Holiday Faire!!!!

- Margret Lenarz, Vernon County
Fair Coordinator

In Gratitude

Many thanks to Katie Holmes for making the cheery curtains that now adorn the gym door windows. They really brighten up the space!

- Robin Kottke, Development Director

Parent-Child Project Need

The Parent-Child class has plans for a craft using lots of wine corks. We would be grateful for your donations of corks. Please collect, save, and bring in your wine bottle corks **by October 1st**. You may put them in the labeled container in the school office. Thank you very kindly!

- Ms. Martha, Parent-Child Teacher

NEW training from Kim John Payne Now Available!

To accompany his most recent book [Being at Your Best When Your Kids Are at Their Worst](#), Author Kim John Payne has released a companion training entitled [The Being at Your Best Home Companion Guide](#). Enrollment for this new training is only open for a limited time (closes at midnight PDT, 9/29). If you have enjoyed Kim's free workshops on emotional self-regulation for parents (still available here if you haven't yet checked them out:

<https://www.simplicityparentinginstitute.com/a/16832/PiMa7b8C>), the

Home Guide training is the logical next step. It's the ultimate guide for how to be more calm and confident as a parent and have a more connected relationship with your child.

Click below to learn more and enroll:

<https://www.simplicityparentinginstitute.com/a/16832/PiMa7b8C>

NOTE: The [Being at Your Best Home Practice Guide](#) is being offered as a Scrip opportunity. **For every family who enrolls via our link, Simplicity Parenting Institute will make a 30% donation to PRWS.** When you enroll and/or tell friends about the training, please be sure to use our school's custom link above. Thank you!

- Robin Kottke, Development Director

COMMUNITY NEWS

September 27- September 29 - Michaelmas Festival with Lisa Romero

Living Consciously with the Spiritual Year: An Esoteric Understanding of the Michaelmas Festival

Schedule: Friday 7:00 p.m. – 9:00 p.m.; Saturday 9:30 am – 3:00 p.m.; Sunday 9:30 a.m. – 3:00 p.m.

Festivals are celebrated collectively and yet they are also representations of an individual's initiation path. The mystery schools of the past consciously engaged with esoteric wisdom and offered festivals to present this wisdom to the community, clothing it in outer forms. Today, conscious engagement with this wisdom is now for the entire community. Deepening our understanding and ability to participate in the spiritual year serves to build a relationship between ourselves and the spiritual world as well as between ourselves and our community.

Please contact Mary Christenson at pleasantridgewaldor.org or at 608-606-5296. See attached registration form.



Nature Classes at the KVR - Don't miss a wonderful new opportunity to participate in homeschool classes at the Kickapoo Valley Reserve on Thursdays this Fall! Classes are for ages 6-8 and 9-12. See link for more details and to sign up by Sept. 20: <http://kvr.state.wi.us/Education/Youth-Programs/Homeschool-Workshops/>.

Harvest Parade - This year the Viroqua Harvest Parade is celebrating 10 years! In order to pull off this extravaganza, we need your help! Calling all builders! makers! artists! coordinators! celebration planners! word spreaders! and swag sellers! for:
**Building/repairing puppets and costumes
**Helping at Puppet Jam days to build puppets together
**Coordinating park celebration details
**Spreading the word
**Selling t-shirts
**Leading sections of the parade
**Playing music
**Carrying giant puppets
**Making new puppets; organizing your friends to be in the parade.

Many hands make light work; this parade is only possible with community support. To join the fun and help us pull off another incredible parade, please contact Denise Semanchin at: viroquaharvest@gmail.com or 608-354-2309.

SAVE THE DATE: This year's Viroqua Harvest Parade will take place on October 12 at 2:00 p.m. (The day after Grandparents Day at PRWS!) If you're new to Viroqua and don't know what the Harvest Parade is, check out photos from this not-to-be-missed annual event here: <https://www.facebook.com/viroquaharvest>
Questions? Denise Semanchin: 608-354-2309.

The Viroqua Harvest Parade is holding their community puppet and costume building extravaganza soon!

What: **Puppet Jam!**

When: **Saturday, September 28th, and Sunday, September 29th, from 12:00 p.m. – 4:00 p.m.**

Where: **The Commons (formerly the Ark)**

No experience necessary. Wear clothes that can get messy. Bring your own ideas for what you'd like to make this year OR help the puppet crew complete some of this year's new projects. This is a great event for families or anyone that loves to create! See you there!

Loft bed with desk for sale – Solidly built twin bunkbed with shelves, desk, and ladder. Includes twin-size mattress. Price: \$225.00 o.b.o. Perfect for creating space in a teen's room! Call 608-637-8685 (leave voicemail), or text (no VM) 608-632-4145.

LUNCHBOX EXPRESS COMMUNITY NEWS POLICY

The Lunchbox Express Community News section is provided as a service to the school community. Printing of an ad does not imply endorsement by Pleasant Ridge Waldorf School.

How to Place an Ad:

1. Limit your ad to 70 words. We do not edit. We will not print ads over 70 words. If you must have a long ad, make a note & give it to the office staff to place on the bulletin board.
2. Ads will be printed only once.
3. Put your ad in the folder in the LBE's mailbox in the Office marked "Lunchbox Community News" OR e-mail ad to info@pleasantridgewaldorf.org with "Community News" in the subject line.
4. Deadline is Tuesdays at 8:30am. There may be occasions, due to unforeseen circumstances or space restrictions, that the Community section will not be printed. Thank you.

Living Consciously with the Spiritual Year: An Esoteric Understanding of the Michaelmas Festival with Lisa Romero

Conference Schedule

Friday, September 27

6:30 pm Registration/Coffee and Tea

7:00 pm *Understanding the Significance of the Spiritual Year and its Festivals:
bringing strength to perceive and face the malevolent forces of our times*

Saturday, September 28

9:00 am Registration/Coffee and Tea

9:30 am *The Stages of Inner Development Expressed in the Spiritual Year, and the
overcoming of the dragon expressed in the Michaelmas Festival*

Noon Lunch

1:30 -3:00 pm Integrative conversation/artistic activity

3:00 pm Biodynamic prep stirring

Sunday, September 29

9:30 am *Michaelmas as a Community and an Individual Experience*

Noon Lunch

1:30 - 3:00 pm Integrative conversation/artistic activity

3:00 pm Agnihotra fire ritual

Registration Form

Name _____

Address _____

Phone Number _____

Email _____

Date _____

CIRCLE YOUR CHOICES (per adult)

Full Conference \$100

Partial Conference

Friday Evening (Lecture I, 7pm) \$15-20

Saturday – morning and afternoon \$50

Sunday – morning and afternoon \$50

Saturday Lunch: \$15.00 Sunday Lunch: \$15.00

Organic and locally grown foods will be used to create scrumptious noon meals;
please check your preference:

non-veg. w/chicken _____ vegetarian _____ vegan _____

Conference Total _____

Please make checks payable to: **Viroqua Biodynamic Group**

Mail to: Liz Franklin, 211 Hillyer St., Viroqua, WI 54665
Or scan and email to: lizahoy@gmail.com and pay at the door
Need a homestay? Call or text Brian Wickert at (608) 606-1275