

Lunchbox Express

An education for heart, hands, and head

February 6, 2019

<u>Calendar</u>

Fri Feb 8 Last Day for Re-Enrollment!

WALDORF SCHOOL

Sat Feb 9 Kindergarten Morning

Sun Feb 10 Screen-Free Week Dance – 3:30 p.m. – 5:00 p.m. - in the school gym

Mon Feb 11 PRWS Book Sale starts. See inside for details.

<u>Wed Feb 13</u> Kindergarten Parent Meeting – in the kindergarten classroom

Wed Feb 13 7th Grade Parent Meeting

Fri Feb 15 8th Grade Eurythmy Performance – in the school gym – 6:30 p.m.

Mon-Fri Feb 18-22 Parent/Teacher Conferences and Mid-Winter Break

Mon Feb 25 School Resumes

March Hot Lunch Forms Due ASAP

Due to the upcoming Winter Break, we ask that you turn in your March hot lunch forms ASAP! Thanks!

- Nan Marshall, Office Manager

Friday Assembly Assembly begins at 8:20 AM

Feb 8—**NEW** - Open Assembly Feb 15—No Asembly Feb 22—No Assembly – Parent/Teacher Conferences and Winter Break

What's Cooking!

<u>Re-Enrollment Week for</u> <u>School Year 2019-2020</u>

February 4 - 8, 2019

Please look for re-enrollment forms, tuition information, and adjustment applications beginning February 4th.

A registration fee of \$165 per family is due with your re-enrollment form by **February 8th**.

Starting this year, tuition adjustment paperwork will also be due on February 8th.

Registration fees received **AFTER** February 8th will be \$500.

Amy Hazell, Administrative Chair

Family Square Dance – Screen-Free Week

Get ready to dance!! PRWS will be hosting a Family Square Dance on **February 10th from 3:30 p.m. - 5:00 p.m.** in the gym. This dance will be the kickoff event for "Screen Reduction Week," which is hosted by the McIntosh Memorial Library, Viroqua Area Schools, and PRWS. Here is the scheduled list of events:

February 10: Family Square Dance at PRWS, 3:30 p.m. – 5:00 p.m.m

February 12: Outdoor Family Fun at the Park Bowl, 4:00 p.m. – 5:00 p.m.

February 13: Building Cat Castles and Valentine Origami at McIntosh Memorial Library

- Jordan Brudos, Enrollment and Outreach Coordinator

Subject Teacher Parent Conferences

Subject Teachers will be offering times on Monday, February 18, for parents to meet with the subject teachers as a group. A sign-up sheet for these conferences is posted on the bulletin board across from the office. Please sign up by Monday, February 11. If you are interested in meeting with a particular subject teacher individually, please call that teacher directly to arrange a conference time. We welcome the opportunity to talk with you about your child(ren)!



Snow Days and Class Time

This winter has been one for the record books and it isn't over yet! So far, our extreme weather has forced us to close school for 7 days with one delayed start. After missing this much school, many have wondered: do we need to make up school days? The very easy answer is NO. I'll briefly explain. The Wisconsin Department of Instruction (DPI) requires private schools to provide 875 hours of instruction to our students each year. Our school day is 6.5 hours: all of which are included to meet our required hours of instruction. Additionally, PRWS schedules more hours than DPI requires of private schools. Rest assured, we could miss another two weeks of school and still meet our DPI requirements. (Not that we would want to miss any more days of school this year!) Amy Hazell, Administrative Chair

The PRWS Book Sale is Coming

We are **now collecting books** for the book sale, which will **start on February 11**. Money from the sale is used to purchase new books for the school library. If you have books to donate, they can be placed in the front office or in the library. Thanks to all who have donated and supported the sale in the past. Please continue to support this great cause.

- Chris Leinberger, Library Volunteer Coordinator

8th Grade Eurythmy Performance

On **February 15, at 6:30 p.m.** in the school gym, the eighth graders will present the culmination of their eurythmy curriculum: The Brothers Grimm's *Iron Hans*.

- Joshua Ecklund, Eurythmy Teacher

Raffle Tickets Due March 15th!

Raffle tickets aren't due until March 15th, but it's helpful if you turn in any you sell before then to the office so they can be processed in a timely fashion. Thank you!

Sofya Hundt, Finance Coordinator

Kindergarten Mornings

Thinking about having your child begin kindergarten next year? Or do you know someone who has a child that is ready for kindergarten and looking at their options? If so, come and join us for a Kindergarten Morning!

Saturday, February 9 OR Saturday, April 6 10:00 a.m. to 12:00 p.m.



10:00 a.m. to 11:00 a.m. Visit the Kindergarten (Parents and children together in the classroom)

11:15 a.m. to 12:00 p.m.

Parent meeting with the kindergarten teachers (Outdoor childcare provided)

All parents who are interested in finding out more about our kindergarten program are encouraged to attend one of these mornings with their child. Registration is required, as space is limited. Contact Jordan at 637-7828 or email <u>enrollment@pleasantridgewaldorf.org</u> to register.

> - Jordan Brudos, Enrollment and Outreach Coordinator



<u>Winter/Spring Session of Parent-Child</u> <u>Classes at PRWS</u>

Our Parent-Child session begins this week, but there is still room for a couple more families to join us on Tuesday mornings from 8:45 a.m. -10:45 a.m. Cost is \$135 for the 9-week session. Click <u>here</u> for more information and registration form. Contact Jordan at 637-7828 or <u>enrollment@pleasantridgewaldorf.org</u> with questions or to register.

> - Jordan Brudos, Enrollment and Outreach Coordinator

Upcoming Enrichment Days February 18, 19, and 20

Are you looking for someplace for your child(ren) to be during the winter break? Perhaps don't have anywhere for your children to go during your parent-teach conferences? Have your child(ren) join Ms. Sequoyah for a fun day of seasonal crafting, outside play, and games. Registration forms are available outside the office door. Rates are \$30 for the day, which runs from 8:30 a.m. - 2:30 p.m. Stop

by the office with any questions. **Please register** by Friday, February 15.

- Jordan Brudos, Enrollment and Outreach Coordinator

Greenhouse Grower Sought for Growing For Good

Growing For Good in Viroqua, WI, seeks an experienced Greenhouse Grower to begin immediately. The Greenhouse Grower will join a small management team and oversee several growing projects: contract growing (microgreens, geraniums, vegetable starts) and tending plants for retail, wholesale, and spring garden center. Experience in medium/moderate-scale growing and greenhouse management required. Knowledge of Midwestern native plants, climate, and growing season preferred. Hourly wage based on experience. Please send a cover letter, resume, and three references to info@growingforgood.org.

- Amber Knutson, Growing For Good

Upward Gravity weekly thoughts from the Administrative Chair, Amy Hazell

In the tapestry of life, we are all connected. Each one of us is a gift to those around us, helping each other be who we are, weaving a beautiful picture together. Anita Moorjani

Hot Lunch Volunteers Needed for February

HELP! We still need more volunteers to sign up on the February Hot Lunch Calendar. Please consider signing up for at least one volunteer shift using the link below: https://docs.google.com/spreadsheets/d/1EK b yZvrdeg0UqqetaKHsnjx0daH4J5m55y8H1qlzd s/edit#gid=0

Thank you!

Amy Hazell, Administrative Chair

<u>New Hot Lunch Volunteer Coordinator</u> <u>Needed Next Year</u>

Therese Laurdan will no longer have children in Pleasant Ridge next year - so this is her last year as coordinator.

Please contact her soon if you are interested in this volunteer position. She would like to start training someone asap.

The ideal candidate would:

- Have at least a couple more years left at Pleasant Ridge
- Have a flexible schedule
- Be able to fill empty volunteer spots when needed (usually not often). Living in or near town is beneficial.
- Have a computer or way to easily access a Google account
- Be comfortable creating and maintaining the Volunteer Calendar in Google Sheets
- Have a cell phone to text reminders to volunteers

Contact Therese at: Cell: 606-6330 Email: tlaurdan@mwt.net



<u>Scrip Update</u>

Please note, going forward Driftless Café is **no longer accepting Scrip cash.** Bountiful thanks to Luke and Ruthie Zahm, Driftless Café owners extraordinaire, who continue to support and partner with PRWS in different capacities.

Current SCRIP Businesses:

All Creatures Animal Care/Beth Stephenson Bill Brooke Realty Burke's Tire & Auto Repair Carpentry: Matt Shortridge DeLap Tire & Service Driftless Books & Music KWIK Trip: Pre-paid gas cards available through PRWS school office Music Lessons: Matt Shortridge Nelson Agricenter: Show your assigned SCRIP member card here Parrish Music: Also sells Scrip! Quality of Life Chiropractic Quillin's Quality Foods River of Ahz Chiropractic **Rivers to Ridges Animal Wellness Center** (Previously Rising Sun) Rockweiler Appliance & TV (up to \$1000 every 6 months) Schlict Auto Repair Violin Lessons: Kristing Gullion Voice Lessons: Dodie Whitaker Tapestry Yoga Viroqua Public Market

The SCRIP Program is a partnership with participating area businesses that raises funds for the school. Participation is easy, at no extra cost to you! Rather than using cash or credit to pay for your purchases, opt instead to pay with Scrip 'cash,' Scrip gift certificates for larger purchases, or with Kwik Trip gas or Quillin's grocery cards. A percentage (3-5%) of each purchase is then donated to PRWS from participating businesses. It's a win-win for all involved: small local businesses, the local economy, and our school. Simply exchange cash or check for Scrip currency at the school office or Parrish Music and receive face value for your exchange. You may also opt to preorder Scrip on a monthly basis via parent financial commitment forms. So many options!

Lunchbox Express February 6, 2019

Thanks so much for your participation, and for supporting area businesses that support PRWS! - Robin Kottke, Development Director

This Week on Pleasant Ridge Today: The Official Podcast of PRWS

If you haven't yet checked out the podcast, please do! Hosted by Robin Kottke and David Levin, the podcast is another forum for news about current PRWS happenings, local events, and occasional interviews with faculty, alumni, and friends of PRWS. For now, our aim is a weekly podcast, but we're just getting started and are excited to see how it will evolve. Your feedback means a lot to us. Thank you for sharing your ideas with us.

This week's episode features a conversation with Loma Huh, Sumi Huh, and Jordan Brudos about our annual Korean visit, an English Language immersion and exchange that has become a much-anticipated tradition. Listen here to learn more about this program, its origins, and its evolution over the past several years:

https://pleasantridgewaldorf.org/2-1-19korean-visit-interview/

Have you ever considered hosting a Korean student? Hear more about what this entails in the podcast and feedback from students and families who have participated in this lifechanging experience. Thanks for listening!

- Robin Kottke and David Levin

Free Parenting Discipline and Guidance Workshop

Learn how to make parenting easier and more fulfilling for you and your entire family!

"Why does everything have to be so HARD? Or, what to do when things get weird." Join Kim John Payne, author of <u>Simplicity Parenting</u> and <u>The Soul of Discipline</u> and host David Levin, Operations and Development Director, Simplicity Parenting, for a **FREE** Discipline and Guidance Workshop.

The workshop is pre-recorded and available for when you are ready to watch. Videos are also mobile-friendly, so view on any device from any location.



Click to begin:

https://www.simplicityparentinginstitute.com/o pt-

in?ref=https%3A%2F%2Fwww.simplicityparentin ginstitute.com%2Fa%2F12335%2FPiMa7b8C

- Robin Kottke, Development Director

<u>100 in 100 Campaign Update</u> and Gratitude

The 100% participation in 100 days Annual Giving challenge was a great success! Thank you all for your gifts and pledges to the school's Annual Giving campaign. By December 21st we reached 100% participation from the board, faculty, and staff, and 96% participation from our parent body. Wow! Way to go! Over 50% of participants were firsttime donors, and collectively we gifted/ pledged nearly \$10,000 to the school. Together we really can do so much! Thank you for helping pay this beautiful education forward.

Pledged gifts may be paid through the end of the fiscal year (June 30th, 2019). Thank you again!

- Robin Kottke, Development Director

Tuition Statement for Tax Purposes

If you'd like a statement of tuition paid in the 2018 calendar year, please email your request to <u>finance@pleasantridgewaldorf.org</u>. Thank you!

- Sofya Hundt, Finance Coordinator

Growing For Good - Fair Trade Roses

Say "I love you" AND "I care about sustainable, ethical trade that puts people and the planet first" AND support your school's social enterprise Growing For Good greenhouse. Call 608-637-8200 or email info@growingforgood.org to pre-order your fair trade roses and schedule your delivery (delivery on 2/13 or 2/14). Red, white, and pink roses \$5 per stem/\$27.50 half dozen/\$55 per dozen **Don't wait - last year we sold out!!!** See our website for more information, www.growingforgood.org, or stop in at 520 E. Terhune in Viroqua. The greenhouse is sunny and warm! Open every Wednesday from 9:00 a.m. – 5:00 p.m. We will also be open Valentine's Day 9:00 a.m. – 5:00 p.m.

- Amber Knutson, Growing For Good

Greenhouse Grower Job Listin

Growing For Good in Viroqua, WI, seeks an experienced Greenhouse Grower to begin immediately. The Greenhouse Grower will join a small management team and oversee several growing projects: contract growing (micro greens, geraniums, vegetable starts) and tending plants for retail, wholesale, and spring garden center. Experience in medium/moderate-scale growing and greenhouse management required. Knowledge of Midwestern native plants, climate, and growing season preferred. Hourly wage based on experience. Please send a cover letter, resume and three references to info@growingforgood.org.

- Mary Christenson, Growing For Good

COMMUNITY NEWS

Dear friends of the Daniels family, please consider bringing a meal to the family sometime over the next month as Pita recuperates from his recent heart attack. He's out of the hospital and happy to be home. As you can imagine, it was a huge ordeal for Gabrielle, Calvin, and Miles too. May we all remember how precious life is and keep focused on the good work we each have to do, inside and out. ~Vicki Ramsay

Violin students, are you seeking...

-- New bowing techniques to expand your expressiveness/musicality

-- A fresh, joyful, artistic approach to classical music -- A seasoned professional who understands your needs/goals

It's all here, one block from PRWS, with instructor Susan Hope Hoffman. **FREE** sample lesson. Decades of experience teaching and playing for dancers (currently PRWS eurythmy accompanist) bring a wealth of knowledge to add to your playing! <u>fiddledancemusic@gmail.com</u>.



Driftless United Spring Soccer 2019

Registration Open Now!!! Check our website for practice schedules. Program offerings include: U6 (birth years 2013-2014) U8 (birth years 2011-2012) U10 Boys & Girls (birth years 2009-2010) U12 Boys & Girls (Birth years 2007-2008) U14 Boys (birth years 2005-2006, 2004 if in 8th grade) U13-U16 Girls (birth years 2001-2006) HS Bovs Players will enjoy learning about soccer in a safe and age appropriate atmosphere through games and skill building activities. For more information visit our website @ http://driftlessunitedathletics.org/programs-andcamps/spring-soccer/ or email our admin @ driftlesunitedathletics@gmail.com Early Bird Deadline Ends February 10th, final registration deadline February 15th. Register today!!!

Writing studio for rent. In-town Viroqua. Hardwood

floor. 3 windows. Beautiful eastern light.

Contact: empoweryourprocess@gmail.com.

LUNCHBOX EXPRESS COMMUNITY NEWS POLICY

The Lunchbox Express Community News section is provided as a service to the school community. Printing of an ad does not imply endorsement by Pleasant Ridge Waldorf School. How to Place an Ad:

1. Limit your ad to 70 words. We do not edit. We will not print ads over 70 words. If you must have a long ad, make a note & give it to the office staff to place on the bulletin board.

2. Ads will be printed only once.

3. Put your ad in the folder in the LBE's mailbox in the Office marked "Lunchbox Community News" OR e-mail ad to info@pleasantridgewaldorf.org with "Community News" in the subject line.

4. Deadline is Tuesdays at 8:00am. There may be occasions, due to unforeseen circumstances or space restrictions, that the Community section will not be printed. Thank you.

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	*Add \$ totals across and down.								140 ₁ 1			×	a	
	*Please circle the dates you want to have lunch.	7 GF	Mashed	Potatoes	With Veg. Gravy	Cheese & Fruit	14 GF	Shepherd's	Pie	w/ Fruit	12 GF	Baked Potatoes	With Cheese	and Fruit
		6	Chili	And	Cinnamon Rolls		13	Soup	And	bread	20	Stew	And	Cornbread
		5 GF	Beans, Rice and	Nachos			12 GF	Tostadas	With	fruit	19	Burritos	With	Fruit
		4	Mac-n-Cheese	With	Salad		11	Pasta Marinara	With	Salad	18	Pizza	And	Salad
	*One Form Per Person, Please.		NAME			GRADE								

GF

28 Rice and Vegies with Fruit

27 Soup And Bread

26 Enchiladas With fruit

25 Pasta Alfredo With Salad

Subtotal Credits

Monthly plan due by Friday, February 8

All meals are \$3.50 each.

-1

Total

March Lunch Menu

(e)