

Lunchbox Express

An education for heart, hands, and head

October 10, 2018

Calendar

Fri Oct 12 Grandparents and Special Friends Day

Sun Oct 14 New Family Brunch - 12:00 p.m. -2:00 p.m.

Mon Oct 15 8th Grade Parent Evening - 5:00 p.m. - 6:30 p.m.

Thu Oct 18 4th Grade Field Trip

Fri Oct 19 Parent Association Coffee Morning at Kickapoo Coffee – after drop-off

Mon Oct 22 Crafting Night at Ewetopia – 5:00 p.m. - 7:00 p.m. - see inside for details

Mon-Tue Oct 22-23 5th Grade Field Trip

Wed Oct 24 Kindergarten Parent Meeting -5:30 p.m.

Wed Oct 27 Clothing Swap – 10:00 a.m. – 2:00 p.m. - in the gym

Mon Oct 29 6th Grade Parent Meeting – 4:00 p.m. - 5:30 p.m.

Wed Oct 31 - In-Service - No Classes

Wed Oct 31 - Enchanted Forest - details to come

Thu-Fri Nov 1-2 - Parent/Teacher Conferences -No Classes

Friday Assembly Assembly begins at 8:20 AM

Oct 12—Grandparents and Special Friends Day Assembly Oct 19—No Assembly

Oct 26—Open Grades Assembly

What's Cooking!

Grandparents and Special Friends Day Friday, October 12, 2018

Program Schedule

8:20 a.m. Student assembly in the gym

9:00 a.m. Visit your grandchild's grade classroom

OR program for all kindergarteners in

the Cherry Blossom Kindergarten

10:00 a.m. Reception with alumni speaker in gym

11:00 a.m. Visit subject classes **OR** tour

Greenspace and school garden/

Growing For Good

Luncheon in the gym Noon

Please help us get an accurate count for Friday's program by encouraging your loved ones to RSVP if they are coming. Or, you can let us know on their behalf by contacting the Development Office. Please note that the luncheon is for our grandparent and special friend guests; the children will bring their lunches as usual on Friday and eat with their class in their classrooms. A few additional people are needed to help with the reception, setup for lunch, serving, and cleanup after lunch. Please contact Robin if you are able to assist us. Email: robin@pleasantridgewaldorf.org, or call 608-637-

8504. Thank you much!

Robin Kottke, Development Director



Organic Hot Dog Lunch Friday, October 19

The 8th Grade will be serving organic hot dogs for lunch on Friday, October 19th, as a fundraiser for their 8th grade trip. **Please sign up and pay for the hot dogs in the office in advance.**

If you have to pay on the 19th, just have your child pay at the lunch table when they pick up their hot dogs.

Cost is \$2 each. You will still need to send sides to accompany the hot dogs. Thank you!

- 8th Grade Class

Pizza Sale!

The seventh grade will be hosting a pizza sale! We will be making cheese and mixed-veggie pizzas from scratch. Your pizza can be picked up as a fresh 'take and bake' or be frozen. Please use the attached order form and submit payment to any seventh grader or Ms. Hotchkiss. **Orders are due by October 12**, and pizzas will be picked up from the kitchen door on October 26 after school. We are limiting this sale to 100 pizzas, so order early!

- 7th Grade Class

Eurythmy Class for Adults

Ever wanted to learn eurythmy? If you can come Wednesdays at 4:00 p.m. to 5:00 p.m. you have a chance! Joshua Ecklund will be leading a class at that time in Ye Auld Maine Building (southwest corner of Washington and Decker). We shall be learning the fundamentals, practicing them, and working on W.B. Yeats' 'The Isle of Innisfree.' Cost is from \$5 to \$10. First class is October 17. Just show up.

- Joshua Ecklund, Eurythmy Teacher

Group Anthroposophic Book Study

Those interested in studying Rudolf Steiner's 'Occult Science' in a social setting are welcome to come to Ye Auld Maine Building (southwest corner of Washington and Decker) at 9:10 a.m. Fridays where we shall study it for an hour. Joshua Ecklund shall host. First session shall be **October 19**. No cost but your focus.

- Joshua Ecklund, Eurythmy Teacher

Parent Association News

October 19 at 8:15 a.m. – Coffee Morning at Kickapoo Coffee

October 27 from 10:00 a.m. – 2:00 p.m. – PRWS Clothing Swap in the school gym

November 8 at 6:00 p.m. – SCRIP Night out at the Driftless Café

We are always looking for new members to join the Parent Association. If you are interested in community-building and planning fun events, please contact Jordan at jordan@brudos.net. Our next meeting is scheduled for **November 3** at 10:00 a.m. and children are welcome to come along!

PRWS Parent Association

PRWS Clothing Swap

The PRWS Clothing Swap will be coming up on October 27, from 10:00 a.m. – 2:00 p.m., in the PRWS gym. Start gathering your gently used clothing and outerwear that you are ready to pass on. Cool weather clothing and outerwear are greatly appreciated. Donations can start being dropped off in the office on October 22.

PRWS Parent Association

Enchanted Forest

This year's Enchanted Forest, hosted by the 8th Grade class as a fundraiser for their 8th Grade trip, will be **Wednesday**, **October 31st**, **from 3:00 p.m. to 5:00 p.m.**

The Enchanted Forest will take place at Hubbard Hills. Concessions will again be sold by 8th grade parents. There are no bathroom facilities at the site, so please come prepared! More details will follow next week.

Paula Grenier, Enchanted
 Forest Coordinator

<u>Upcoming Enrichment Days</u> October 31 and November 1 and 2

Are you looking for something for your child(ren) (ages 5 years and up) to do during the upcoming in-service and Parent-Teacher conference days? Have them join Ms. Sequoyah for a fun day of crafting, outside play, and games. Registrations forms are available outside the office door. **Please note**



that this year the times for the Enrichment Days will be from 8:30 a.m. - 2:30 p.m., with no ½-day option. Rates are \$30 with advance registration or \$35 for a drop-in (registration less than 24 hours prior to the Enrichment Day). Multiple-child discounts are available. Stop by the office with any questions.

- Jordan Brudos, Enrollment and Outreach Coordinator

Parent/Teacher Conferences

Get Ready for Parent/Teacher Conferences! PRWS parents enjoy a special relationship with our faculty, who are available to both our students and parents when a school-need presents itself. To add to that, twice each year, faculty set aside time to meet with parents to review student learning and to plan future growth. Many of you already place high value on the breadth and depth of information you receive from your class teacher about your developing child. Thank you, teachers! Let me also encourage you to meet with your child's subject teachers. They hold yet another perspective of your developing child. Our subject teachers share their honed skills and knowledge with our students, connecting them with languages, movements, and cultures of the world, building upon the skills and lessons from the children's class teachers. Best of all, our subject teachers actively engage with your child continuously throughout the grades.

Parent/Teacher Conferences are scheduled for November 1st and 2nd. To make an appointment with your child's class teacher, please look for the signup sheets that will soon hang on the bulletin board across from the office. Our Movement, Handwork, Eurythmy, Recorder/General Music and Spanish teachers will meet with parents on Thursday, November 1st. Our Strings and Choral teacher, Melissa Madura, will post additional times to meet with parents.

Be well and be blessed!

Amy Hazell, Administrative Chair

Viroqua Food Co-Op Members: It's Voting Time! Vote for PRWS in the VFC "Give Where You Live Campaign"

Vote now through October 29th for Pleasant Ridge Waldorf School to be counted among the 2019 "Give Where You Live" recipients at the Viroqua Food Co-Op! Each year, twelve nonprofits are elected to become "Give Where You Live" recipients (formerly 1% Wednesday), whereby patrons have an opportunity to round up their sale at the check-out to benefit local organizations. This year, VFC members can elect a minimum of 1 or a maximum of 5 local nonprofits. Click here to vote:

https://vote.electionrunner.com/election/vg5lb. Thank you for voting for PRWS to be among them!

- Robin Kottke, Development Chair

PRWS Annual Fund Campaign: 100% in 100 Days ~ Help Our Community Tree Bloom Red!

Surely you have noticed the lovely tree that has recently appeared on our school's front entrance window. This tree, painted by PRWS Alumnus and Parent Julia Ugo, represents our school community, and all are invited to help it leaf out and 'bloom red' with your participation in our Annual Fund.

Why an Annual Fund? The cost of this beautiful

Why an Annual Fund? The cost of this beautiful education exceeds the posted tuition and fees. Indeed, 25% of our school's annual income comes from fundraising (non-tuition) dollars. This financial structure, unique to our school, allows us to keep the cost of tuition one of the most affordable in the country for Waldorf education and truly accessible to all families committed to being here. Half of our Annual Fund dollars are gifted by corporations, and the other half comes from individual donors such as alumni, alumni parents, grandparents, faculty, staff, and the parent body.

This fall we are asking parents, faculty, board, and staff to consider what your family can give to our Annual Fund. At the All-School Meeting, we announced our Annual Fund Challenge:



100% Participation in 100 Days from all stakeholders in our school. Whether your gift is \$10 or \$10,000, all monetary gifts count! We simply ask that it come from the heart, in an amount that makes sense for your family. Already the majority of our board, faculty, and staff have given or pledged their gift, and we're well on our way to reaching our goal ~ way to go board, faculty and staff! We can do this! Simply complete and return a remittance envelope (available in the main office, development office, or in your mailbox shortly) with your aift or pledge. Consider giving your gift in honor of your child(ren) or a beloved teacher, or in memory of a loved one. There are many options! I appreciate that this may require further conversation, and to that end I will be following up with each family in the coming few weeks. Please feel free to reach out to me, too, I would love to hear your ideas.

To ensure we reach our goal of 100% Participation in 100 Days, please return your envelope indicating your gift or pledge by December 21, 2018 (pledged gifts can be paid through June 30th, 2019). You may also give online at

www.pleasantridgewaldorf.org/donate. As we get closer to 100% participation, we will witness our community tree grow, made even more beautiful with each family's contribution. Thank you. Together we can do so much!

- Robin Kottke, Development Director

Save the Date

Holiday Faire Adult Evening Friday, November 30th, 6:00 p.m.-Midnight

Planning for this year's Holiday Faire is well underway! We're especially excited to report that the Ridgetones will return this year, as well as the Friday night dance party in the school gym as in years past. It will be a fun way to kick off the holiday season with a beautiful meal, decadent desserts and libations, unique artisan vendors, silent auction, tree lighting, and a dance. Advance tickets will be available for purchase shortly, and childcare will be available by YIHS students next door at the Landmark Center.

Here's what we need from you: off the top of your head, what are a few of your favorite, danceable tunes guaranteed to get you on the dancefloor every time? Some suggestions so far: Men Without Hats, Stevie Wonder, B52s, Daft Punk, Journey....it's going to be so fun! Please send your suggestions to Sofya Hundt, dance party and playlist coordinator, at hundt@frontiernet.net.

Holiday Faire Committee

Seeking Artisans and Vendors for the Faire

We are seeking vendors of artisan, handmade items for our Holiday Faire! Vendor applications are now available online at: https://pleasantridgewaldorf.org/our-school/holiday-faire/. Please see the webpage for contact and application information or contact Robin Kottke at holidayfairevending@gmail.com.

- Holiday Faire Committee

Seeking Silent Auction Donations!

Please consider a donation to the Silent Auction for Holiday Faire. Goods and services (bodywork, basket of canned preserves, yoga classes...), practical and/or beautiful home wares (artwork, furniture, jewelry...), and unique and adventurous experiences (family cabin up north for a weekend, unicycle lessons, wild food walk...) are all encouraged and welcome! Email donation ideas or suggestions to: prwsholidayfaire@gmail.com. Thanks so much!

 Kate Holmes and Amber Biver, Silent Auction Coordinators

Waldorf Resale Shoppe: Call for Donations

We're excited to bring back the Waldorf Resale Shoppe to this year's Holiday Faire! The Resale Shoppe, an expansion of our School Store, offers gently used wooden and natural toys for sale. This is great opportunity help raise funds for PRWS by donating items your children no longer use and also to shop for beautiful, quality toys for less than retail prices. Donations of wooden and natural toys in good, resale condition may be dropped off at the school office through November 23rd.



Thanks so much for your help! Questions? Contact Jordan at enrollment@pleasantridgewaldorf.org or 608-637-7828.

Holiday Faire Committee

COMMUNITY NEWS

Opportunity to Deepen you Understanding of Anthroposophy

<u>Inner and Outer Work Towards Spirit-led</u> Community:

a weekend workshop, October 12-14, with Lisa Romero, sponsored by Viroqua's The Turning Place, a group dedicated to bringing speakers quarterly. There will be four lectures: Friday evening, Saturday, and Sunday morning.

LISA ROMERO is an internationally known speaker. WE are extremely fortunate to have her come to Viroqua during her North American speaking tour.... Do not miss this rare opportunity to learn from someone of this international stature speaking on inner and community development. She is an author of inner development books, a complementary health practitioner and an adult educator who has been offering healthcare and education enriched with anthroposophy since 1993. From 2006 the primary focus of her work has been on teaching inner development and anthroposophical meditation. Through the Inner Work Path Lisa offers lectures, courses and retreats for personal and professional development, in communities and schools worldwide. For more information and to view her books, please visit: https://www.innerworkpath.com/about-us/

Registration materials are available in the office. Childcare available. Lunch on Saturday, and a break in the schedule for people to enjoy the Harvest Parade. Contact Mary Christenson at 608-606-5296 or click the link below for more info: https://docs.google.com/document/d/1PawBIDujJsd1-u8rcnGy8U2t7WnDZ0151xjjQIBwfks/edit?usp=sharing.

Vernon Film Festival presents: GARBAGE! The Revolution starts at home

Saturday, October 13th, 12:15 p.m. - 1:45 p.m. Bekkum Memorial Library, Westby

The McDonalds, an average urban family, keep all their garbage for three months and discover how EVERY one of their actions affects them and the planet: packaging, compost, electricity, sewage... Have you ever wanted to know where it all goes and where it all comes from? Life under a microscope has never been so revealing.

Join us for a free family comedy documentary! www.viroquaplasticfree.org

COSTUME SIGN UP for the Harvest Parade - will take place after school this Thursday at the Ark. Stop by between 2:45-3:45. Plenty of costumes for both kids and grownups are available!

Viroqua Harvest Parade takes place this Saturday, October 13

Schedule:

1pm: Parade Line-up at the PRWS playground 2pm: Parade Starts

Route: Leaves Ark, south on Rusk, west on Terhune, north on Main St, west on Court Street towards Eckart Park.

3-8pm Parade Celebration in the Park -- includes food vendors (YIHS Mediterranean bowls, Blackhawk Grill, Emily & Raven's Eggrolls), local musicians, face painting, and crafts/pie from the Driftless Folk School.

7:30pm (dusk) Fire Dancing performance by the Driftless Fire Tribe

Volunteers still needed for parade day! Contact Denise Semanchin at 608-354-2309 if you can help. Thanks!

LUNCHBOX EXPRESS COMMUNITY NEWS POLICY

The Lunchbox Express Community News section is provided as a service to the school community. Printing of an ad does not imply endorsement by Pleasant Ridge Waldorf School. How to Place an Ad:

- 1. Limit your ad to 70 words. We do not edit. We will not print ads over 70 words. If you must have a long ad, make a note & give it to the office staff to place on the bulletin board.
- 2. Ads will be printed only once.
- 3. Put your ad in the folder in the LBE's mailbox in the Office marked "Lunchbox Community News" OR e-mail ad to info@pleasantridgewaldorf.org with "Community News" in the subject line.
- 4. Deadline is Tuesdays at 8:30am. There may be occasions, due to unforeseen circumstances or space restrictions, that the Community section will not be printed. Thank you.

November Lunch Menu

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	5	6 GF	7	8 <i>G</i> F	
NAME	Pasta	Beans & Rice	Chili &	Mashed	
	Marinara	w/ Nachos	Cinnamon Rolls	Potatoes w/	
	& Salad	-		Gravy & Cheese	
GRADE				w/Fruit	
	12	13	14	15 6F	
	Pizza &	Quesadillas	Soup	Beans,	
	Salad	w/ Veg & Fruit	and Bread	Greens and	
		ı		Grains	
3	5			,	
	19	20 GF	21	22	
3	Macaroni &	Tostadas w/			
	Cheese w/	Veg & Fruit	School	Break	2
	Salad				
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	26	27		29 GF	
	Pasta	Enchiladas w/	Stew &	Shepherd's	
	Alfredo	Veg & Fruit	Cornbread	Pie	
	with Salad	1		w/Fruit	
	Monthly plan due t	Monthly plan due by Wednesday, October	ber 17th	Subtotal	
	All meals are \$3.5	\$3.50 each.		Credits -	
				Total	0