

Calendar

Wed Sept 19 7th Grade Parent Evening –
6:00 p.m. – 7:30 p.m. – in the 7th grade classroom

Wed-Fri Sept 19-21 6th Grade Field Trip

Thu Sept 20 7th Grade Field Trip

Thu Sept 20 2nd Grade Parent Evening – 6:00 p.m.
– 7:30 p.m. – in the 2nd grade classroom

Mon Sept 24 2nd & 7th Grade Field Trip

Tue Sept 25 All-School Meeting – NEW TIME –
6:30 p.m. – 8:00 p.m. – in the school gym

Thu Sept 27 3rd Grade Field Trip

Fri Sept 28 Michaelmas Festival

Mon Oct 1 5th Grade Parent Evening – 5:00 p.m. –
6:30 p.m. – in the 5th grade classroom

Wed Oct 3 New Parent Meeting – 6:00 p.m.

Hot Lunch Automatic Withdrawal Payment Option

Does your child **eat lunch every day every month**? Tired of filling out the forms every, single month? Why not just have the money deducted from your account automatically? If you are interested in this option, stop by the office for details!

- Nan Marshall, Office Manager

Friday Assembly

Assembly begins at 8:20 AM

Sept 21—No Assembly

Sept 28—Michaelmas Festival Pageant

Oct 5—No Assembly

What's Cooking!

Attention! October Hot Lunch Forms

October is a long month. **Therefore, the boxes for the 29th and 30th of October are on the far left of the forms under the name box.** Please be sure to look for these meals when filling out the October forms.

If you already have turned in your October lunch form and missed those days, just stop by the office and add them.

- Nan Marshall, Office Manager

An Apple a Day...

The eighth grade will have organic apples from the Link orchard available for sale in the hallway near the office on and off throughout the fall. We have HoneyCrisp and Fuji, prized for eating; Golden Delicious; and Cortland - for eating or baking, sauce, or cider. Just \$5 for a 3 lb. sack. Fill a bag yourself and pay Nan in the office.

This year we will also have freshly pressed cider for sale. Pay in the office.

This upper-grade fundraising is toward our 8th grade trip. Thank you for your patronage.

- The Eighth Grade

Celebrating Volunteerism at the All-School Meeting, Tuesday, September 25, 6:30-8 p.m.

Once a year, parents, faculty, staff, and the Board of Directors gather together in September for our All-School Meeting. Each annual meeting highlights the mission and values of our school community while keeping us all connected to the business and financial health of the school. In addition to the business portion of the meeting, we will deepen our understanding of the Waldorf curriculum with hands-on experiences as well as Celebrating Volunteerism. Together we will discover how our commitment of time and skills benefits us as individuals while also planting seeds of growth for the future. Through Volunteerism, PRWS is Growing Together!

We look forward to seeing as many parents as possible. Light snacks are provided. Remember, this is an adults only evening. If you need childcare, the 8th Grade class will provide childcare during the meeting. This is a fundraising project for the 8th Grade's end-of-year class trip. Your contributions are greatly appreciated! Save the date and join the conversation!

- Amy Hazell, Administrative Chair

EVENTS

What is Michaelmas?

Every year, approximately seven days after the Autumnal equinox, Waldorf schools throughout the world celebrate the festival of Michael. Outside in Autumnal nature we can see the verdant growth of summer drying, withering, changing into the many Autumnal hues, as well as making seeds. Nature thus provides a picture of how thought lights up within the human soul. The greenery of summer must make a seed to endure winter. Similarly, movement in early human life makes possible speech, and speech becomes thought. Michaelmas is known as a "Festival of Courage," and stories from cultures around the world are gathered in our schools at this time. The archetype of Michael gives us a picture of strength, courage, and clarity of thought. Strength to kindle our inner fire, and iron will to keep on working towards the clarity of thinking to know what must be transformed. Michael stands over the dragon showing that he has overcome the Lie, the Ugly, and the Bad in the name of Truth, Beauty, and Goodness. Waldorf Education echoes the essence of Michaelmas. Each and every one of us has a gift to bring to the world. Can we learn to recognize and honor our own gifts, have interest in each other's gifts, and encourage each other toward our full potential? This is what Michaelmas celebrates!

Magnificent Autumn!

He comes not like a pilgrim clad in russet weeds,

*He comes not like a hermit clad in grey,
But he comes like a warrior*

- Wordsworth

**Join us for our Michaelmas Festival Pageant
Friday, September 28th, 2018, at 8:20 a.m. in
the Gym.**

- Davina Hemmer,
Michaelmas Committee

Grandparents and Special Friends Day: Friday, October 12, 2018

In just a month we will host a favorite event for the special elders in our children's lives. Each autumn our Friday morning program and luncheon for grandparents and special friends draws about 80 people. It's a great opportunity to enjoy an assembly, visit their loved one's classrooms, ask questions, and experience our unique school culture. Invitations have been mailed to all grandparents and special friends for whom we've received addresses (those who attended in previous years are on the invitation list and should have already received theirs).

If there are others who should be added to this list, please provide names and addresses to Robin Kottke and we'll get an invitation to them straight away.

R.S.V.P.s are necessary to ensure we are well prepared with an adequate number of chairs for classroom visits, nametags, luncheon servings, etc.

Volunteers are needed to help set up, serve, clean up, and provide refreshments for the reception. Please contact Robin at robin@pleasantrydewaldorf.org if you're able to help out in any way. Thank you much!

- Robin Kottke, Development Director

Save the Date for the Fall Concert!

Please add the date for the Fall Concert to your school-year calendars. The concert will take place in the gym at **6:30 p.m. on Wednesday, November 14**. Students in grades 5-8 will be performing.

- Stephanie Pedretti and Melissa
Madura, Music Teachers

October Aftercare Registration Form

It's not too early to register for October aftercare. The form is attached.

- Nan Marshall, Office Manager

"Life's most urgent question is: *What are you doing for others?*"

- Martin Luther King Jr.

JOIN IN

Join the Parent Association!

The Parent Association is looking for individuals to join our committee. If you are interested in community building and planning fun events, then this is the group for you! Our first meeting is scheduled for **October 4 at 6:00 p.m.** For this gathering we will be meeting at the Legion in Viroqua so that we can play trivia afterwards! Meetings are monthly and rotate between different locations – local venues and members' homes. If you have questions and would like to learn more about the Parent Association, please contact Jordan Brudos at jordan@brudos.net.

- PRWS Parent Association

We Need Your Input

We are in the process of scheduling some Parent Education events for the year, but are curious about what topics you are interested in? Please send your ideas to Jordan at enrollment@pleasantrydorgewaldorf.org.

- Jordan Brudos, Enrollment and Outreach Coordinator

Photographer Needed!

Calling all photographers! The Marketing and Communications Committee is looking for parents interested in joining our Event Photography team. (We take pictures of various school events for posting in the Parent Portal.) If you're interested in helping with this important service, please contact David Levin for more information at david@davidlevin.com.

- David Levin, Marketing and Communications Committee

NEEDED – Hot Lunch Volunteers

Dear new and returning families, hot lunch volunteers are **needed every Monday through Thursday**. Parent volunteers are vital to the success of our hot lunch program. Two Parent Volunteers are required each day to keep the

process running smoothly – one person to both prep and serve food from 10:30 a.m. – 12:30 p.m. and one person just to serve from 11:45 a.m. to 12:30 p.m. Free lunch is included! You should receive an email with a link to the sign-up sheet. If you do not receive the email or have questions, please call Therese at 637-8787 or email at tlaurdan@mwt.net. The link to sign up for September is below:

[https://docs.google.com/spreadsheets/d/1_KQYV4v8JP-4wH7bx7X81E-](https://docs.google.com/spreadsheets/d/1_KQYV4v8JP-4wH7bx7X81E-5jnAnYzzVae5WX9EOkw/edit#gid=0)

[5jnAnYzzVae5WX9EOkw/edit#gid=0](https://docs.google.com/spreadsheets/d/1_KQYV4v8JP-4wH7bx7X81E-5jnAnYzzVae5WX9EOkw/edit#gid=0)

- Therese Laurdan, Hot Lunch Volunteer Coordinator

Parents Supporting School Festivals

As a support to teachers surrounding our festival life, each class has been assigned an event in which it will participate and assist with organizing the event under the teacher's direction. See the list below:

- ♦ **Kindergarten** – Advent Spiral
- ♦ **Grade 1** – As new grades families, we invite you to take in the festivals and events throughout the year.
- ♦ **Grade 2** – May Day Festival
- ♦ **Grade 3** – All-School Picnics – beginning and end of the year
- ♦ **Grade 4** – Martinmas
- ♦ **Grade 5** – Pentathlon and Festival of Light
- ♦ **Grade 6** – Pentathlon Feast
- ♦ **Grade 7** – Michaelmas meal and Graduation Reception
- ♦ **Grade 8** – Enchanted Forest

- Amy Hazell, Administrative Chair

ADMIN

Pleasant Ridge Google Calendar

We have a Pleasant Ridge Google Calendar. If you would like to be able to check parent meetings, holidays, assemblies, or other school information from the comfort of your own home or phone, please stop by the office and ask Nan to send an invitation to you.

- Nan Marshall, Office Manager

Gluten-Free Hot Lunch Note

Although Julie is hoping to be able to offer some gluten-free pasta in the future after some experimenting, **the Macaroni and Cheese lunch on Thursday, September 20th, will NOT be gluten-free** as indicated on the form. If your child is signed up for this lunch and cannot eat gluten, please notify Nan in the office and she will update the schedule and give you a credit. Thank you!

- Julie Turino, School Chef

Waldorf Information Resource

Parents, have you signed up to receive "Waldorf Today" in your box? If not, you are encouraged to go to: <https://www.waldorftoday.com/newsletter/> to sign up for the free newsletter and tap into the wealth of rich articles that will help support your Waldorf education choice.

- Amy Hazell, Administrative Chair

COMMUNITY NEWS

Emily Bunting, former PRWS kindergarten assistant and mother of two alumnae, Feliciano and Ximena Puig, is struggling with a recurrence of cancer.

Moira Hastings and I have created a fundraising campaign to help support her. We'd very much appreciate you considering supporting her through the gofundme site listed below.

https://www.gofundme.com/emily-bunting-fund?utm_source=internal&utm_medium=email&utm_content=campaign_link_t&utm_campaign=welcome

Viroqua Plastic Free Community Group presents:

A Vernon Film Festival - Too Plastic?

A series on plastic pollution & solutions

September 21st - 23rd, 2018, and Fall/Winter 2018-2019

All events are free of charge.

PROGRAM:

Friday 21st, 6:30 p.m.: Music, Popcorn, Movie: "A Plastic Ocean" at Eckhart Park. Rain Location: American Legion.

Saturday 22nd, 1:00 p.m.: Movie: "Albatross" at The Ark.

Saturday 22nd, 5:00 p.m.: Potluck, Crafting Reusables, Kids' Activities, Movie: "Bag it - Is Your Life Too Plastic?," Discussion at Eckhart Park. Rain Location: The Ark.

Sunday 23rd, 2:00 p.m.: Movie: "From the Waste Up - Life Without Plastic." Discussion, Guests, Snacks, Launching Plastic-Free Challenge. Please check for details, trailers & updates on events in Fall/Winter 2018-2019.

www.viroquaplasticfree.org

Home Organizing & Cleaning

Does your home project need a jump start (or flash finish)? For \$46 (2 hours), I can speed along the process and tie up those loose ends.

Bulk pre-payment options: \$16-\$21/hour.

Efficient, creative, friendly. Cleaning, cooking, gardening, designing, organizing, project planning.

Let's meet & talk about your wish list!

Susan Hope Hoffman (Inga's mom)

Text/voicemail (708) 955-5451

Facebook @chemsafecleaning

chemsafecleaning@gmail.com

Inner and Outer Work Towards Spirit-led

Community:

a weekend workshop, October 12-14, with Lisa Romero, sponsored by Viroqua's The Turning Place, a group dedicated to bringing speakers quarterly. There will be four lectures: Friday evening, Saturday, and Sunday morning.

LISA ROMERO is an internationally known speaker. WE are extremely fortunate to have her come to Viroqua during her North American speaking tour.... Do not miss this rare opportunity to learn from someone of this international stature speaking on inner and community development. She is an author of inner development books, a complementary health practitioner and an adult educator who has been offering healthcare and education enriched with anthroposophy since 1993. From 2006 the primary focus of her work has been on teaching inner development and anthroposophical meditation. Through the *Inner Work Path* Lisa offers lectures, courses and retreats for personal and professional development, in communities and schools worldwide. For more information and to view her books, please visit: <https://www.innerworkpath.com/about-us/>

Registration materials will be available next week. Childcare available. Lunch on Saturday, and a break in the schedule for people to enjoy the

Harvest Parade. Contact Mary Christenson at 608-606-5296 or click the link below for more info:
https://docs.google.com/document/d/1PawBlDujJs_d1_u8rcnGy8U2t7WnDZ0151xjiQlBwfs/edit?usp=sharing.

Stonehouse Counseling Open House

Stonehouse Counseling invites you to come see our new clinic and meet our practitioners. We are located at 414 S. East Avenue, Viroqua, WI 54665. Our open house will be on September 20th from 4:00 p.m. – 7:00 p.m. We hope you will be able to join us.
David Dati, LCSW, LMFT
Gil Hoel, LCSW
Terra Knoble, LMFT
Chris Ruder-Vasconez, LMFT
Susan Townsley, LCSW
Robert Ducharme, Office Manager

Creative Movement for Little Movers with Mandy Herrick

Thursdays, October 25-December 6
Moving Together: 1-3 year olds with caregiver: 4:30 p.m. – 5:00 p.m. - \$25
Creative Movement: 3-6 year olds: 5:00 p.m. - 5:45 p.m. - \$45
Old Main Building, 321 E. Decker St
Email herricam@gmail.com to sign up!

Help wanted. LuSa Organics is in search of a new team member – a positive individual that is self-motivated, happy working individually and with others, organized, flexible, and detail-oriented. This temporary position requires at least 20 hours per week. Potential for permanent employment. Please send letter of interest and qualifications to karen@lusaorganics.com.

Maplewood Quilt Show call for entries! There are adult and youth categories. Any size quilt is accepted, and it can be a new quilt, an antique quilt, one you have made, one you have purchased, or one you have received as a gift. The quilts are not judged, but there is a Viewer's Choice award. Quilts may be for sale, but do not have to be.

The show is Saturday, October 13th, from 10:00 a.m. – 2:30 p.m., at Maplewood Terrace, 620 S. Garfield, Viroqua.

To enter a quilt, email Amanda Warthesen at awarthesen@bethelhome.org. **Quilts must be**

registered by September 28, 2018. Registration forms are available in the PRWS office.

Private Cello Lessons

Limited spots available.
Contact Monika Sutherland
monika@yellowcello.com
(920) 421-2075 cell/text

LUNCHBOX EXPRESS COMMUNITY NEWS POLICY

The Lunchbox Express Community News section is provided as a service to the school community. Printing of an ad does not imply endorsement by Pleasant Ridge Waldorf School.

How to Place an Ad:

1. Limit your ad to 70 words. We do not edit. We will not print ads over 70 words. If you must have a long ad, make a note & give it to the office staff to place on the bulletin board.
2. Ads will be printed only once.
3. Put your ad in the folder in the LBE's mailbox in the Office marked "Lunchbox Community News" OR e-mail ad to info@pleasantridgewaldorf.org with "Community News" in the subject line.
4. Deadline is Tuesdays at 8:30am. There may be occasions, due to unforeseen circumstances or space restrictions, that the Community section will not be printed. Thank you.