

Calendar

Thu Mar 15 6th Grade Play – 9:00 a.m. and 6:00 p.m. – at the Landmark Center Auditorium – 500 E. Jefferson

Fri Mar 16 In-Service Day – No School – See inside for information about the **Enrichment Day** for children

Fri Mar 16 Kindergarten Morning – 10:00 a.m. – 12:00 p.m. – see inside for details

Fri Mar 16 Celebration of the Arts – **CANCELED!**

Wed Mar 21 Community Game Night – 6:00 p.m. – 7:00 p.m. – in the school gym – open to the whole community

Fri Mar 23 Alumni Parents Potluck – 5:00 p.m. – 7:00 p.m. – school gym – see inside for details

Sat Mar 24 Clothing Swap – 10:00 a.m. – 1:00 p.m. – in the school gym – open to the whole Viroqua community – see inside for details

Tue & Wed Mar 27 & 28 5th Grade Play – at the Landmark Center Auditorium – 500 E. Jefferson

Fri Mar 30 – Sun Apr 8 Spring Break!

Please Note! New Date for Spring Concert!

The March 23 date for the Spring Concert has been changed to **Friday, April 20th**.

Friday Assembly

Assembly begins at 8:20 AM

Mar 16 —No School – In-Service

Mar 23—Open Assembly

Mar 30—No Assembly – Spring Break!

What's Cooking!

The 6th Grade Play is Coming!

Sir Gawain and the Green Knight will be presented on **Thursday, March 15th**. The daytime performance is at 9:00 a.m., the evening performance at 6:00 p.m. Both performances will be at the Landmark Center Auditorium, 500 E. Jefferson St. **Doors will open at 5:30 p.m.**, with desserts and refreshments for sale. This is a fundraiser for our class trip.

- Christina Hotchkiss, 6th Grade Teacher

Please Help Make Our Hot Lunch Program Possible!

We are having some trouble filling all of the spots in the Hot Lunch Volunteer Calendars these days. I know that many of you have day jobs that don't allow for you to help out at lunch time. However, for those who can, I'm asking that a few more parents consider taking on at least one spot a month. It would really help fill those empty spots.

If anyone doesn't receive Therese's emails with a link to the calendar or has any trouble with that link - please email, text, or call her at t.laurdan@frontier.com or 606-6330.

Here's a link to the March calendar (the April one will be out very soon):

[March 2018 Hot Lunch Volunteer Sign Up Calendar](#)

Thank you!

- Amy Hazell, Administrative Chair

New Schmidt Baby!

Baby Boy Schmidt was born at 5:06 p.m. on Monday, March 12, to Carrie Treviranus and Aaron Schimdt. The baby was 7 lbs 6 oz and 21 1/4 inches long. The whole family is doing well!



A Fond Farewell

Monika Sutherland has announced to the Faculty and Board that she will not be returning to her role as Music teacher at PRWS next year. Monika has been a cherished member of our faculty for many years and has enriched a great many of our community gatherings with joyful songs and beautiful orchestra performances. Monika has dedicated much of her life to nurturing our children with the gift of music, and for that we are forever grateful! We wish Monika the very best as she continues to share her leadership and musical skills with the greater Waldorf School community through advising, mentoring, and teacher-training. Please stay tuned for news about our music program for the 2018-2019 school year.

- Amy Hazell, Administrative Chair

Raffle Wrap-Up

Congratulations and thank you all for supporting Pleasant Ridge Waldorf School. The raffle is a very important collective effort that supports our budget, and we appreciate everyone doing their part. The prize winners are listed below:

Grand Prize – Mike Severson – Trip to Belize

Second Prize – Margret Lenarz – Chicago Weekend Experience

Third Prize – Kyle Krueger – Driftless Get-Away for Two

Fourth Prize – Steve Hanson – Beef Bundle

Fifth Prize – Kristina Gullion – Sheep Skin

About 35 people came out for a fun time at the Raffle Party on Saturday night, where we also had delicious chili and cookies at the Rooted Spoon. Jillian Davis was the winner of the Chili Cook-Off, and Jordan Brudos was the winner of the Cookie Back-Off.

Thank you to Organic Valley, Kickapoo Coffee, WiscoPop, Terry Beck, and the Eagles Club for donating to the event and much appreciation to the donors of the raffle prizes.

- Mary Christenson for the
Raffle Committee

Upcoming Enrichment Day – March 16

Are you looking for someplace for your child(ren) to be during the in-service day on March 16? Have your child(ren) join Ms. Sequoyah for a fun day of seasonal crafting, outside play, and games. Registration forms are available across from the office door. Rates are \$35 for a whole day (8:30 a.m. - 4:30 p.m.) or \$20 for a half-day (either 8:30 a.m. - 12:30 p.m. OR 12:30 p.m. - 4:30 p.m.). Multiple child discounts available. Stop by the office with any questions. Please register by Wednesday, March 14.

- Jordan Brudos, Enrollment and
Outreach Coordinator

The PRWS Book Sale Begins March 19

The book sale will begin Monday, March 19, and continue into April. We will continue to collect books throughout the sale. Money from the sale is used to purchase new books for the school library. If you have books to donate, they can be placed in the front office or in the library. Thanks to all who have donated and supported the sale in the past. Please continue to support this great cause.

- Chris Leinberger, Library
Volunteer Coordinator

Hot Dog Lunch Friday, March 23

The 7th Grade will be serving hot dogs for lunch on Friday, March 23rd, as a fundraiser for their 8th grade trip. **Please sign up and pay for the hot dogs in the office in advance.** You will still need to send sides to accompany the hot dogs. More information to follow next week.

- The 7th Grade Class

Short-Term Assistance Needed in Kitchen

We are looking for help in the kitchen from **March 15-25**. Duties will include delivering meals to the lower grades, collection of dishes, and general kitchen cleanup. If you would like to fill in, please call the office.

- Amy Hazell, Administrative Chair

Alumni Parents Potluck

If you're missing your fellow class parents and wish to visit and relax over an excellent meal, please join us on **Friday, March 23, from 5:00 p.m. – 7:00 p.m.** We are hosting parents who have had a child (or many) graduate from Pleasant Ridge. This is an adults-only event. Please bring a dish to pass and eating utensils. Questions? Please contact Mary Christenson at mary@pleasantrydgewaldorf.org.

- Mary Christenson, Development

Community Game Night – March 21

As part of a Community Screen-Free Week, PRWS is joining with the McIntosh Memorial Library and Viroqua Elementary School in hosting a screen-free event.

Tuesday, March 20th, the McIntosh Library will host a Science Night. There will be a variety of science experiment stations that students can explore.

Wednesday, March 21st, PRWS will host a Game Night in the school gym. The 7th grade will sell snacks as a fundraiser for their 8th grade trip.

Thursday, March 22nd, Viroqua Elementary School will host an evening music and movement with CrossFit Kids and music led by Liz Voz and Jesse Downs. Every student will get one free book and a healthy snack.

All events take place from 6:00 p.m. – 7:00 p.m. The entire Viroqua Community is invited to attend one or all of these evening activities.

- Jordan Brudos, Enrollment and Outreach Coordinator

Swap ~ Don't Shop! PRWS Clothing Swap

**Saturday, March 24, 2017,
10:00 a.m. – 1:00 p.m.**

Hooray for Spring! Time to clean out closets and drawers, just in time for the annual PRWS Spring Clothing Swap!

How it works: Donate clothing and outerwear your family no longer needs. Score some new-to-you items that you need. It's that simple! Drop off: Please bring items to the Pleasant Ridge School office beforehand. Doing so before the swap is strongly encouraged,

though if you need more time you may bring items to the swap on Saturday morning. Won't you join us? Questions? Call Robin Kottke at 608-638-2609 or email ringleka@hotmail.com.

- Parent Association

Growing For Good is Blooming

Growing For Good greenhouse is now open 5 days a week! Tuesday – Friday, 10:00 a.m. – 5:00 p.m. and Saturday 10:00 a.m. – 2:00 p.m.

The greenhouses are filling as we are prepping for the spring garden center. Come and take a walk in the warmth as you plan your gardens! Starting seeds? We have soil and compost! Rainbow Gardens, Cowsmo, and Purple Cow. Can't wait to get your hands dirty? Want to help in the retail shop? Come and volunteer with us! Stop in or call for details.

The Garden Center (outdoor) officially opens on April 20th. Watch for details on events!

Your neighborhood greenhouse is located at 520 E. Terhune in Viroqua. Contact us at 608.637.8200 or online at www.GrowingForGood.org.

Homeopathy First Aid

On **Saturday, March 17th**, our third conversation in this series of conversations about using homeopathy, we will look at treating for acute situations: injuries, burns, slivers, trips to the dentist, bites, etc. We will discuss creating a kit of remedies to have on hand. On **March 24th**, we will focus on rashes, like poison ivy, measles, etc. Please come with your questions or email me ahead of class so I can find relevant articles to share with you. We work primarily from "cases" that are written by professional homeopaths. We meet on Saturday mornings from 9:30 a.m. – 11:00 a.m. in March at the Old Main Building at 321 E. Decker St. The group's interest will direct our inquiry. If anyone wants to suggest a theme, please email me at mary@pleasantrydgewaldorf.org or call 608-606-5296.

- Mary Christenson

Conversations about Waldorf Education

Are you curious about the philosophy of child and human development that underlies Waldorf education? Please join this drop-in conversation on **Tuesdays for 4 weeks in March (6th, 13th, 20th, 27th) at 1:30 p.m. in Room 202 in the Landmark Center**. We will use articles from "Renewal" magazine, "Lilipoh" magazine, and the Gateways newsletter for Waldorf Early Childhood. If this time doesn't work for you but you are interested in such a group, please let me know – perhaps another group could be formed. For information or questions, please contact Mary Christenson at 608-606-5296 or mary@pleasantridgewaldorf.org.

- Mary Christenson, Development

Welcome a New Family to PRWS!

Please welcome Todd and Colleen Canavan and their daughter Summer. Summer has joined the 4th grade class. The Canavan's address is 709 Dionne Lane, Viroqua, WI 54665. Their phone number is 638-2037. Their email is todd.colleen@mnky.com. Please add their information to your directories.

- Jordan Brudos, Enrollment and Outreach Coordinator

PRWS Coffee Fundraiser

Drink your favorite coffee and support PRWS! You can now special-order your favorite Kickapoo Coffee, as well as your preferred grind. **A group order will be placed on March 19**, with delivery that same week. Pick up your order forms in the office. There are also remaining bags of whole-bean Harvest Blend in the office for \$9/bag.

- Jordan Brudos, Enrollment and Outreach Coordinator

The Skating Rink is Gone!

Please return your borrowed skates to the office. If no one is there, just leave them next to the desk (not in the tubs) so that we can check them in.

- Nan Marshall, Office Manager

Kindergarten Mornings

Thinking about having your child begin kindergarten next year? If so, then join us for a Kindergarten Morning!

Friday, March 16th OR Saturday, April 21
10:00 a.m. to 12:00 p.m.



10:00 a.m. to 11:00 a.m.

Visit the Kindergarten
(Parents and children together in the classroom)

11:15 a.m. to 12:00 p.m.

Parent meeting with the kindergarten teachers
(Outdoor childcare provided)

All parents who are interested in finding out more about our kindergarten program are encouraged to attend one of these mornings with their child. Registration is required as space is limited. Contact Jordan at 637-7828 or email enrollment@pleasantridgewaldorf.org to register.

- Jordan Brudos, Enrollment and Outreach Coordinator

8th Grade Fundraiser

Please stop by the office to buy packets of Naming Poem cards that feature the names and qualities of all the 8th graders. The funds go toward their 8th grade class trip.

- The 8th Grade Class

Snow Shoveling at the School

Clearing the doorways and sidewalks of snow and ice at Pleasant Ridge is a job that falls to parent volunteers. The schedule and class coordinators are listed below:

Class	Coordinator	Week1	Week2
8	Krings	11/5-12	1/21-28
7	Dehlin	11/12-19	1/28-2/4
6	Hundt	11/19-26	2/4-11
5	Brudos	11/26-12/3	2/11-18
4	Lenarz	12/3-10	2/18-25
3	Cole	12/10-17	2/25-3/4
2	Severson	12/31-1/7	3/4-11
1	Ugo	1/7-14	3/11-18
K	Hundt	1/14-21	3/18-25
	Facilities Comm.	12/17-31	3/25-

Please contact Jason Cole at 608-637-7160 or jasoncole@gmail.com or your class's coordinator with any questions.

COMMUNITY NEWS

The Viroqua Parks and Recreation Department 2018

Activity Guide is out! Copies of the brochures are available on top of the Parent Library shelf across from the 3rd Grade classroom. Registration begins April 2nd. The last day for registration is May 4th. There are several new programs this year. Come join us!

Viroqua Area Schools Middle School Track

beginning soon. The first meeting is March 19, at 3:30 p.m., in the Middle School Commons. It is open to any 6th, 7th, or 8th grader. Requirements: Practice will be every day after school from approximately 3:30 p.m. – 5:00 p.m., weather permitting. If practice is canceled due to weather, it will be announced at the school by the end of the day. Please check the Viroqua Area Schools website for these updates. New tennis shoes are not required, but comfortable running shoes are recommended.

Your child must have an updated physical to practice. Please contact Eric Anderson (Athletic Director) at the high school to make sure you have all the paperwork turned in.

Meets:

<http://couleeconference.org/public/genie/68/school/6/date/2018-03-08/view/week>.

It's Science Friday at the McIntosh Memorial Library on Friday, March 16th from 3:30 p.m. – 4:30 p.m., ages 6-14. If you have any questions, please call the library at 637-7151.

Music and Movement Family Night, Thursday, March 22, 2018, 6:00 p.m. – 7:00 p.m., at the Viroqua Elementary School Cafetorium and Gym. There will be CrossFit Kids activities and demonstrations and music and dance by Liz Vox and Jesse Downs. There will be a free, healthy snack, one free book for every student, and info about public and private Title I programs. This event is open to ALL students and their families, regardless of where they go to school. All students must be accompanied by an adult at this event. Invite a friend!

Kickapoo Coffee is hiring! Please help us spread the word. We are currently looking to fill the following positions:

At the Roastery: Grocery Sales Manager, Madison Field Representative, and Minneapolis Field Representative

At the Viroqua Cafe: Cook, Barista

For detailed job descriptions:

<https://kickapoocoffee.com/pages/jobs>

Rising Sun Wellness Veterinary Clinic is looking to hire a receptionist for P/T work (3-4 days per week - more if you want). The job requires basic office skills, computer entry, and most of all good people skills! Send any inquiries and cover letter and resume to: office@risingsunvet.com.

Vote April 3rd for Tanja Birke for City Council, Ward 4!

Did you know that PRWS is right in the middle of Ward 4? I am a PRWS alumni parent, and I am asking for your support. To find out more about why I am running for office or to talk about ideas and issues that are important to you, contact me at 608-638-7581 or birke.tanja@gmail.com.

Our upcoming elections are on April 3rd, during PRWS spring break. Our government works better

when we all participate. If you will be out of town, please consider voting before you leave. This is easily done at city hall or your local town hall. More information can be found at www.elections.wi.gov/voters/absentee, or contact Lori Polhamus at 608-637-7154.

The Christian Community Camp Greenwood Lake is an opportunity for children to retreat into nature and enjoy the natural rhythms of the day and night. Camp Greenwood Lake is a children's camp for ages 8-13, from August 6th to 20th, 2018, at Camp Nawakwa in Cornell, WI. There is also a youth camp, July 17th to 23rd, for rising 9th to 12th graders. The youth camp will be canoeing by day and camping by night. For more information about either camp, please visit the website of the [Chicago Christian Community](http://chicagochristiancommunity.org) or email us at chicagochristiancommunity@gmail.com. Or contact Jenny Spann at 637-8759 or jennyspann@frontiernet.net.

Free fiddle music and lessons at your home!

I am visiting for a few days between March 23 - April 8 and am offering fiddle lessons and informal performances in trade for a few days' in-town housing. I am relocating from Maine to Viroqua so my daughter can attend Waldorf kindergarten and walk to school! "Kitchen music" performances, plus lessons for family, friends, neighbors - for kids to dance to while you're cooking dinner - for parties/gatherings - relaxing background music, lively dance tunes. Also, sessions of "Parent-Child Creative Folk Dance." Over 15 years of experience teaching violin/fiddle (all ages/levels). For CDs: www.hopehoffman.org. For details, to set up phone chat: me@hopehoffman.org.

LUNCHBOX EXPRESS COMMUNITY NEWS POLICY

The Lunchbox Express Community News section is provided as a service to the school community. Printing of an ad does not imply endorsement by Pleasant Ridge Waldorf School.

How to Place an Ad:

1. Limit your ad to 70 words. We do not edit. We will not print ads over 70 words. If you must have a long ad, make a note & give it to the office staff to place on the bulletin board.
2. Ads will be printed only once.
3. Put your ad in the folder in the LBE's mailbox in the Office marked "Lunchbox Community News" OR e-mail ad to info@pleasantridgewaldorf.org with "Community News" in the subject line.
4. Deadline is Tuesdays at 8:30am. There may be occasions, due to unforeseen circumstances or space restrictions, that the Community section will not be printed. Thank you.

APRIL LUNCH MENU

One Form Per Person / Check the Box / Add Across and Down			
NAME _____			
GRADE _____			
9 Pasta Alfredo + Salad	10 Tostadas + Fruit	11 Stew + Cornbread	12 GF Rice + Veggies w/ fruit
16 Pizza + Salad	17 GF Beans, Rice + Nachos	18 Soup + Rolls	19 Mac + Cheese w/ Coleslaw
23 Pasta Marinara + Salad	24 Quesadillas + Fruit	25 Chili + Cinnamon Rolls	26 GF Shepherd's Pie + Fruit
30 Pizza + Salad			
Monthly Plan Due By March 21st		Subtotal	
All meals are \$3.50 each.		-Credits	
		Total	

