

# RIDGE Lunchbox Express

An education for heart, hands, and head

December 6, 2017

### Calendar

**Thu Dec 7** Kickapoo Coffee Morning with the Parent Association – 8:30 a.m. – all are invited – meet in the lobby to walk to Kickapoo Coffee after drop-off or just meet there.

Thu Dec 7 Ride the Tiger: A Panel Discussion on the Adventure of Adolescence – 7:00 p.m. – 8:30 p.m. – 3<sup>rd</sup> floor of the Landmark Center – see poster at end for details

Wed Dec 13 Santa Lucia

Fri Dec 15 Festival of Light – 10:45 a.m.

Fri Dec 15 Noon Dismissal

Mon Dec 18 Beginning of Holiday Break

Mon Dec 18 Alumni Reunion – 6:00 p.m. – 9:00 p.m. – Driftless Café – see inside for details

### **HOT LUNCH NEEDS**

There are still some places to fill for December lunch prep and serving. Please call Therese Laurdan at 637-8787 or use the link she emailed earlier this month if you can help.

The January hot lunch form is attached to this Lunchbox Express. PLEASE FILL OUT AT SOON AS POSSIBLE! Due to the short month, we will need as much time as possible to process the January hot lunch form.

Friday Assembly
Assembly begins at 8:20 AM

Dec 8 —Even Grades Assembly at 8:20

Dec 15 —Festival of Light at 10:45 a.m.

# What's Cooking!

### <u>Parent Association Kickapoo</u> <u>Coffee Morning</u>

Join us this **Thursday**, **December 7**, **at 8:30 a.m.** at Kickapoo Coffee on Main St. in Viroqua for coffee and a chat. Meet in the lobby after drop-off to walk over if the weather is nice, or just meet there.

We are always looking for new members to join the Parent Association. If you are interested in community building and planning fun events, please contact Jordan at jordan@brudos.net.

- Jordan Brudos, Parent Association

#### Popcorn for Sale this Thursday, December 7th

The 7<sup>th</sup> Grade will be selling popcorn in the lobby this Thursday, December 7<sup>th</sup>, after school for \$1/bag. If any is left, they will be selling popcorn on Friday as well. This fundraiser is for their 8<sup>th</sup> Grade trip.

7th Grade Class

#### **Lucia Celebration**

On **Wednesday, December 13th**, Pleasant Ridge will celebrate St. Lucia Day. Lucia is the saint of vision, particularly inner vision. Her celebration comes at the time of winter solstice, honoring the change from increasing darkness to increasing daylight. Lucia represents hope and light in the time of darkness, and she brings warmth and sustenance in times of need. On the morning of Lucia Day, the 8th grade students, dressed all in white, will visit each classroom, bringing song and light. Their procession is led by *Lucia*, who wears a crown of light. We welcome you to see what the St. Lucia procession is like. You can find us in the hallways on Wednesday morning between 8:30 a.m. and 10:00 a.m.

- Catherine Young and Julee Caspers Agar

#### **December Enrichment Days**

It's not too early to plan for the December break. We are offering three Enrichment Days for children ages 5 and up – **December 18, 19, and 20**. Join us for winter fun. You can sign your children up for a full day, morning only, or afternoon only. Cost is \$35 for a full day and \$20 for a half day. Registration forms are located outside the office.

 Jordan Brudos, Enrollment and Outreach Coordinator



### **EVENTS**

### **Celebrate with Music!**

Celebrate the holiday with wonderful music.

The Ridgetones Concert this Saturday,

December 9, at 4:00 p.m., features a musical selection from many cultures and genres. In addition, many PRWS parents, faculty, and staff are involved as singers or musicians. This is a wonderful event for families. Music is something we can participate in and celebrate for our whole lives! Buy tickets online or at the Historic Temple Theatre box office.

Monika Sutherland, Music Teacher

### A Note from Our Traveling Troupe of Players

Dear Friends,

Once again, we gather as a troupe to bring you *The Shepherd's Play*. This is our Annual Holiday Greeting Card to the community. We bring it humbly and with joy.

This year, we will have two performances on **Thursday, December 14**, in the school gym – one during the school day for students and a second performance in the evening. The times of these are TBD. The evening performance is a free gift to all the community, so feel welcome to invite family, friends, and neighbors.

Many blessings.

- The Traveling Troupe of Players

### <u>Festival of Light – Friday, December 15</u> 10:45 a.m. in the PRWS Gym

To honor the season, we will celebrate the Festival of Light with all students in grades 1-8 performing. Please join us for this reverent, joyful, and candle-lit festival. Please have student in grades 5-8 dress in concert attire (white tops, dark bottoms) and students in grades 1-4 dress in festive attire. Performers will have time to change before the festival if they would like. **Girls:** White top which covers the shoulders, preferably long-sleeved. Black dress pants or skirt (mid-thigh or longer). Black shoes

with a flat bottom or very conservative heel. Wear black tights if wearing a skirt. No jeans.

**Boys:** White shirt with collar, tucked in, dark pants, dark shoes. No jeans. All concert clothes must follow the PRWS dress code. Concert clothes that have been donated over the years are available for borrowing from the front office. Please call the office if you have any further questions.

 Monika Sutherland, Festival of Light Coordinator

#### **Alumni Reunion**

On **Monday**, **December 18**, we will host our annual Alumni Reunion at the Driftless Café from 6:00 p.m. – 9:00 p.m. This is a great time for former students to meet up with old friends and renew their connections. We be serving pizza (donations accepted) with a cash bar.

- Cynthia Olmstead, Development Coordinator

### **HOLIDAY FAIRE THANKS!**

#### Thank You All for a Fabulous Faire!

We want to thank all of you parents, community members, and upper grades kids who made this year's Faire magical and successful. What an incredible gift to our children and the community. As always, every family contributed in some way, whether it was with musical talents, cooking and baking finesse, organizational skills, magic-making, or dishwashing; it all was important, and it couldn't have happened without you. A special shout out in particular to the Activity Coordinators, many of whom brought their knowledge and insights from past experience and others who jumped in for the first time this year with admirable enthusiasm and joy as they brought in new perspectives. As always, please share your thoughts and ideas with us - what worked, what didn't. A survey for feedback was just sent out. We're already thinking about next year!

Angie Lemar and Janice Zimmermann,
 Holiday Faire Coordinators



#### Gratitude for the Holiday Faire

Once again, our parent community came together in a beautiful way to create a fabulous Holiday Faire. I know that Faire commitments can take a lot of time and energy, but I hope you were able to enjoy some precious moments with your children, friends, and family. I want to acknowledge all of you who did your utmost at a busy time of year to make this fundraiser and community outreach event successful.

We want to especially thank Angie Lemar and Janice Zimmermann for their guidance in leading all aspects of the Faire, from finding coordinators, ensuring publicity, and thinking through changes and new ideas to managing the budget and making sure everything was put away.

We appreciate our Activity Coordinators who

organize and guide our volunteers in their important work. Every volunteer is vital to the joy and success of our Holiday Faire. This year, a few new items were added to the Faire, including the Wassail Golden Pass, the Friday night raffle, extended hours, and meandering musicians. We hope you enjoyed these new activities.

As always, we will be evaluating everything. Please take the online survey that was just sent out or jot down your thoughts while they are fresh – what you enjoyed and what you'd like to see in the future, and how or where you would like to get more involved. Final numbers are still being calculated as pieces are finalized and receipts and auction items are paid for. Thank you again. We look

items are paid for. Thank you again. We look forward to hearing your feedback in the survey.

- Mary Christenson, Development

#### Bake Sale Goes Out on a Sugar High!

Yet again, the joy produced by the practice of marrying flour, butter, sugar, eggs, cream, and chocolate made for a very beautiful and successful bake sale fundraiser. A large percent of current and alumni families contributed in big and little ways to this sweet little corner of the Holiday Faire. Thank you for giving so much.

2017 hottest selling (and highest profit) items are....

- Chocolate mousse half pints
- Custard half pints
- Josie Hundt's (6th grade) layered chocolate cake creation
- Layered carrot ainger cake
- Chocolate whisky bunt cake
- French silk pie tarts
- Any cookie smothered in frosting
- The 300+ handmade suckers created by Eric Levermann

Keep on baking!

- Julia Ugo, Bake Sale Coordinator

### Children's Raffle a Success

Thank you to all who supported the Children's Raffle this past weekend at the Holiday Faire! There were many awesome prizes, including a fun new game called Squap. The following folks provided the awesome prizes: Bluedog Cycles, Village Market, Nature's International Certification Services (NICS) in honor of Dave Engel, Blue Bobbin, Jaali's Dollies, Red Caboose Boutique, The School Store, Margret Lenarz, Nan Marshall, Martha Buche, and Amber Biver. These kind souls donated their time: Kathy Neidert, Nico Enjalbert, David Banner, and Nan Marshall. We appreciate all of you. Happy Holidays!

- Amber Biver, Children's Raffle Chair

#### **Holiday Faire Left Over Dishes**

Looking for your pots, pans, or plates that you left at the Holiday Faire? They could be in the office. Come take a look!

Nan Marshall, Office Manager

#### Date Change! Update Your Calendar!

The Raffle Party date has been changed to March 10, 2018, one week earlier. Please update your calendars.

Mary Christenson, Development

### In Other News

#### Raffle 2017-2018 Update!

The raffle committee has a great slate of prizes:

- 7- Night Belize Vacation for 5 at a Luxury Beach Resort
- Chicago Weekend Experience
- Driftless Get-Away for Two
- Organic Grass-Fed Beef Bundle
- Local Luxurious Sheep Skin

We will have the tickets available for pick-up next Monday in the lobby!

Mary Christenson, Development

#### January Aftercare Form is Now Available!

December is a short month! Be sure to sign up for your January aftercare now. The January form is located at the end of this Lunchbox Express.

Jordan Brudos, Aftercare

### Natural Toy Store at Ewetopia!



Still looking for holiday gifts? Visit our Natural Toy Shop at Ewetopia on Main St. in Viroqua. Dolls, games, puzzles, art supplies, toys, and much more are available. Sales support our school store.

 Kathryn Ashley-Wright and Jordan Brudos, School Store Coordinators

#### **Hub's Happy Hives Honey for Sale**

Joy Hubbard is selling honey from her eighth grade bee project. Both her Summerextraction honey and the slightly darker Fallextraction honey are for sale.

Joy's local honey has never been heated and is available in half-pound glass jars for \$4 and in one-pound glass jars for only \$7. Decorative one-pound gift jars are available for \$9.00. Please email Joy at

HubsHappyHives@icloud.com or call 608-606-9848 with questions or to place your order. Local delivery is available.

Cyndy Hubbard, Parent

### **Snow Shoveling at the School**

Clearing the doorways and sidewalks of snow and ice at Pleasant Ridge is a job that falls to parent volunteers. Each class covers two weeks over the course of the winter. Parents in the class should pitch in during that week to the extent that personal schedules, work hours, small children, etc. permit. Schedule and class coordinators are listed below:

Class	Coordinator	Week1	Week2
8	Krings	11/5-12	1/21-28
7	Dehlin	11/12-19	1/28-2/4
6	Hundt	11/19-26	2/4-11
5	Brudos	11/26-12/3	2/11-18
4	Lenarz	12/3-10	2/18-25
3	Cole	12/10-17	2/25-3/4
2	Severson	12/31-1/7	3/4-11
1	Ugo	1/7-14	3/11-18
K	Hundt	1/14-21	3/18-25
	Facilities Comm.	12/17-31	3/25-

Please contact Jason Cole at 608-637-7160 or <u>jasoncole@gmail.com</u> or your class's coordinator with any questions.

- Jason Cole, Snow Removal Coordinator



# Growing for Good Opening for the Holidays!

Growing for Good is opening on Wednesday, November 15<sup>th</sup>, for the holiday season. Garland, wreaths, poinsettias, and Christmas trees will be available. The trees are sustainably grown at a family farm. You can pre-order items for a 10% discount by calling 637-8200. The store will be open Wednesdays-Saturdays from 10:00 a.m. – 6:00 p.m. and Sundays from 12:00 p.m. – 4:00 p.m.

- Growing for Good

# **Fundraising**

### <u>Viroqua Food Co-op Contributes \$1,349.75</u> <u>in November to PRWS</u>

Thank you to everyone who shopped at the Viroqua Food Co-op last month and contributed to the PRWS fundraiser. With customers rounding up at the registers, dropping change in donation bins, and 1% of sales on Wednesday, November 8, VFC gave a \$1,349.75 donation check to PRWS this month for all contributions. This is about 3-4 times as much as we've received in the past – so we're excited and grateful for their new "Round-Up" program. Thank you to Jan Rasikas and everyone at the Co-op for this generous fundraiser!

 Cynthia Olmstead, Development Coordinator

# Give the Gift of Coffee this Year and Support PRWS

Don't forget to pick up a fresh bag of Kickapoo Coffee to give as a gift this holiday season! We have 12 oz. bags of whole beans available for \$12 in the front office.

 Jordan Brudos, Enrollment and Outreach Coordinator

### <u>Dragon Wings - An Adventure Board Game</u> Fundraiser

Dragon Wings Game availability extended!

PRWS alumni parent, David Breitbach, has created a game with his daughter, Kessie, that is really fun to play and is also designed to help develop relationship skills. At our game nights, demo versions of *Dragon Wings* has been available to play. People enjoyed it because it was easy for both children and adults to engage in the fun.

This is how David describes the game:
The world is a bit crazy right now! People,
families, nations...are relating at an all time low!
The Dragon Wings game is a powerful step to
change all this! It helps kids (and parents) learn
to relate and bond. It raises their emotional IQ.
With Dragon Wings, kids and adults seem to
forget about their phones, iPads, and TV for a
while. In fact, from those who have played it a
lot, a big change starts happening around the
house.

"If we are to reach real peace in this world..., we shall have to begin with children."

Mohandas Gandhi
"Teach a child to relate, and they'll be loved for a lifetime." David Breitbach

You may continue to purchase through our link dragonwingsgame.com (please follow this link so that PRWS earns \$5 when you buy.) Also, those who select "Local Pickup" get \$10 off the game price and don't have to pay for shipping.

- Mary Christenson, Development Director



## **COMMUNITY NEWS**

Dear Friends and Neighbors,

Each summer, the plant caretakers (we teachers) at Youth Initiative High School take our plants and put them in the garden in front of the Landmark Center. Late this summer, during one of the PRWS clean-up days, several of my classroom's plants were taken from the garden in front of the Landmark Center, to the north of the Violet Kindergarten. "Spike," a small cactus belonging to my son, went missing, as did a gift from my aunt of a gorgeous hot pink Christmas cactus, which generally begins blooming around Thanksgiving. I miss it!! I've asked around and no one knows where they went. I thought maybe this would be the next place to try. Thanks. ~Vicki Ramsay vicki@yihs.net

The Bricolage Circus presents Wintergarten. Two shows at the Ark: December 8 at 7:00 p.m. and December 9 at 4:00 p.m. Tickets are \$10 and can be purchased at the Viroqua Food Co-op or by calling 650-201-3559. This feast for the eyes will include aerial silks, trapeze, and acrobatic performances.

Do you love using all natural organic products for you + your family? SPECIAL for Waldorf families and friends: 10% off your total purchase of organic baby products and toys, eco home items, clothing, jewelry, etc. OurGreenHouse.com creates beautiful all organic gift baskets or, if you prefer, make your own! Use code: GIFT10.

Andrea Anderson, Waldorf mother, friend to the owner of OurGreenHouse.com.

#### **LUNCHBOX EXPRESS COMMUNITY NEWS POLICY**

The Lunchbox Express Community News section is provided as a service to the school community. Printing of an ad does not imply endorsement by Pleasant Ridge Waldorf School. How to Place an Ad:

- 1. Limit your ad to 70 words. We do not edit. We will not print ads over 70 words. If you must have a long ad, make a note & give it to the office staff to place on the bulletin board.
- 2. Ads will be printed only once.
- 3. Put your ad in the folder in the LBE's mailbox in the Office marked "Lunchbox Community News" OR e-mail ad to info@pleasantridgewaldorf.org with "Community News" in the subject line.
- 4. Deadline is Tuesdays at 8:30am. There may be occasions, due to unforeseen circumstances or space restrictions, that the Community section will not be printed. Thank you.

January Lunch

	707	ON WOLL	Lunch	
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#### January

Registrations Due: 12/15/17

### **Aftercare Registration**

Monday - Friday 2:45-5:30 pm

	Parent Name:					- Power of the second	Emergency Phone:				
	Address:					, ·	_	Home pho	one:		
	70tals below reflect the 5% discount for regul 2:45 - 3:30 (\$125) 2:45 - 4:00 (\$188) 2:45 - 4:30 (\$251)										
OPTION A						lar monthly registrations.  (\$314) (\$376)  ercare.				a consistent pick up time.  A la Carte Price Code:  2:45 to 3:30 - \$6  2:45 to 4:00 - \$9  2:45 to 4:30 - \$12  2:45 to 5:00 - \$15	
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Submit registration form and payment to the main office by the due date that is listed on the top of this form. Payment by check or cash must accompany registration forms. Payment is expected no later than the 5th of the month in which services are being provided to maintain enrollment in the program.

5:00

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Month total

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31

# RIDE THE TIGER

DECEMBER 7TH

7рм то 8:30рм

3rd floor Landmark (enter



# A PANEL DISCUSSION ON THE

SOMETIMES SILLY, SOMETIMES DANGEROUS, BUT ALWAYS BEAUTIFUL

# ADVENTURE OF ADOLESCENCE

FOR PARENTS OF CHILDREN GRADES 4-8

## OUR DISTINGUISHED PANELISTS



Martha Karlstad, M.D.

Martha specializes in Child & Adolescent Psychiatry



Frank
Wildingway,
Veteran
Parent

Frank has parented six teenagers and lived to tell about it!



Susan Townsley, LCSW

Susan has over 20 years counseling teens and their families through the vicissitudes of growing together.



Jacob Hundt, M.A.

The founder of three local schools, Jacob has over 20 years of experience guiding adolescents with love and wisdom.



Savi Krumenauer, Actual Adolescent

Savi has lived for over 4 years now as a teenager. She's in the thick of it.