

Calendar

Fri Dec 1 Noon Dismissal for Holiday Faire prep

Fri Dec 1 Holiday Faire Ice Skating – see inside for details. Permission form is at the end.

Fri Dec 1 Holiday Faire – Adults-Only Evening – 6:00 p.m. – 10:30 p.m.

Fri Dec 2 Holiday Faire – FREE entry for the whole family – 9:30 a.m. – 3:00 p.m.

Mon-Tue Dec 4-5 Advent Spiral at Old Main Building at 321 E. Decker. See inside for times.

Thu Dec 7 Ride the Tiger: A Panel Discussion on the Adventure of Adolescence – 7:00 p.m. – 8:30 p.m. – 3rd floor of the Landmark Center – see poster at end for details

Wed Dec 13 Santa Lucia

Fri Dec 15 Festival of Light – 10:45 a.m.

Fri Dec 15 Noon Dismissal

Mon Dec 18 Beginning of Holiday Break

Friday Assembly Assembly begins at 8:20 AM

Dec 1 —No Assembly

Dec 8 —Even Grades Assembly at 8:20

Dec 15 —Festival of Light at 10:45 a.m.

What's Cooking!

Holiday Faire Preparations!

Don't forget! **There is an early dismissal Friday.** Grades 1 through 6 have the option to go to the ice arena (see additional info about that later in this newsletter). First through 6th graders not ice skating are excused to go home. **ALL OF THE 7TH AND 8TH GRADE STUDENTS ARE EXPECTED TO STAY AT SCHOOL UNTIL 2:45 PM TO HELP WITH PREPARATIONS.** There will be no buses on Friday afternoon.

- Holiday Faire Co-Captains

Spread the Word About the Faire!

The Holiday Faire is December 1st and 2nd. Remember to invite your family, friends, neighbors, co-workers, and anyone else who might be interested. Let's celebrate our school!

Are you on Facebook? If so, go to the Pleasant Ridge Waldorf School page and like and share the event. Send people to our school's website for all the details. Thank you for spreading the word!

Check out the poster about the event at the end of the Holiday Faire Express for details. Extra posters will be available in the office if you'd like to hang some up around town.

If you have any questions, feel free to contact Holiday Faire Captains Angie Lemar (715-347-5979) or Janice Zimmermann (414-702-2960).

- Holiday Faire Committee

Exciting New Wassail Golden Pass Available for Friday Night at the Faire!!

The new Wassail Golden Pass is for the Friday Adults Only night at the Faire. The pass includes your entry fee, a hearty meal, dessert, beverage, and a Friday Night Raffle ticket (a new event).

Cost for the Wassail Golden Pass is \$30 per person or \$50 for two.

The Wassail Golden Pass, as well as regular entry tickets, can be purchased in advance from the Viroqua Food Co-op, Growing for Good, and the school office.

As always, vendors will be open all evening for your shopping pleasure.

Introducing the New Development Coordinator

We are pleased to announce that Kristin Pomykala will be joining the development staff, taking the position that Mary Christenson has held. Kristin has four years of experience in development work with the non-profit Concern Worldwide in their Dublin, Ireland, and Chicago offices. During that time, Kristin gained experience in all aspects of the field of fundraising from working with major donors, annual and special campaigns, event planning, hosting, publications, database management, and communications across a large international organization.

As a mother of young children and interested in Waldorf education, Kristin was involved in developing two early-childhood schools in the Chicago area where the family lived: Play School and Chicago Free School. Her daughters are students at Pleasant Ridge: Sofie in 2nd grade and Sigrun in the Cherry Blossom Kindergarten.

Kristin's studies in international development, peace studies, organizational development, spirituality, and ecology provide an excellent foundation for her to develop an understanding of Waldorf education and become a spokesperson for PRWS.

Mary will be working with Kristin during the rest of the year in order to pass along the necessary information about our school's development program and also to help her begin building relationships in our extended community.

Please welcome Kristin.

- Mary Christenson, Development Director

In Sympathy

Our deepest condolences go out to parents Margret Lenarz (David Levin) and Joe Lenarz (Janna Kottke) for the recent loss of their father Jim who was grandfather to Amory, Ada, and Greta Lenarz and Peter and Frances Levin.

- Amy Hazell, Administrative Chair

Holiday Faire

Bring Them to the Bake Sale!

We are seeking last-minute contributions to our bake sale! Let that inspiration sweep over you and make some Christmas treats that you love to make but don't actually want in your house because your children will eat all of them.

Instructions for delivering your goods:

- Label your item with your name, name of the goods, and primary ingredients - especially if you are making a gluten-free, dairy-free, or vegan option. Please also label your dish;
- **Drop off your sweet treats after 11:00 a.m. in the Parent-Child Classroom (across from the 1st grade).** Cutting, plating, and pricing items is a big process, so we very much appreciate delivery of your items between 11:00 a.m. and 2:00 p.m. on Friday;
- And, if you must deliver your items on Thursday afternoon or Friday morning before 11:00 a.m., please leave them on the table in the school kitchen.

For questions, call Julia Ugo at 606-9125 or email juliahundt@gmail.com.

Holiday Faire Friday Night Babysitting

There will be babysitting at Youth Initiative High School on the night of the Friday night Adults-Only Holiday Faire, December 1st, from 5:45 p.m. – 11:00 p.m. The cost will be \$5 an hour for one child, \$8 per hour for two children, \$11 per hour for three children, and \$14 per hour for four children. Please let me know ASAP if you will have a child(ren) attending and also if you have any questions. You can reach me, Tejah Broser, YIHS student, at 608-632-3316 or tejahlb@gmail.com. Thank you!

Holiday Faire Ice Skating

As in the past, the Viroqua Community Arena has been reserved and is open for Pleasant Ridge children on Friday, December 1st, during the Holiday Faire setup. If your child wishes to skate, please make sure he/she brings a sack lunch to eat at school before walking or being driven to the arena. The cost for this activity is \$5. **Please pay in the office by end of day on Wednesday, November 29th.** Skates are available for rent at the arena at the cost of \$2 per child. Pay for skate rental at the rink. All children must have a signed permission form to participate in skating. A form is attached to the back of this Lunchbox Express. They are also available in the office.

We will need parent drivers who are able to help transport children to the arena. Please see the signup sheet outside of the office.

We would also appreciate assistance gathering children from each class from their rooms and moving them in an organized manner to the front of the school. If you can help with your child's class, find Mike Moon in the hall outside the office at 11:50 p.m.

- Mike Moon, Skating Coordinator

In Other News

Advent Spiral – Monday and Tuesday, December 4 & 5

Advent Sunday is the first of the four Sundays preceding Christmas (and if Christmas falls on a Sunday, that would be the fifth Sunday, not the fourth). Advent, then, is a period of time, not a single day or moment. It is a time of quiet preparation, of readying oneself to go without fear into the darkest time of year.

Here, at Pleasant Ridge Waldorf School, each class will take turns walking through a spiral, lighting a candle, and placing the candle somewhere on the spiral.

Parents are invited to attend their child's walk. They should arrive at the Old Main Building, 321 E. Decker, entering through the north door on Decker St., and be seated quietly before the

walk begins. Doors will be locked once the walk begins. Times for each class are listed below:

Monday, December 4

8:30 a.m. – 6th grade
9:20 a.m. – 2nd grade
10:50 a.m. – 4th grade
12:50 p.m. – 7th grade
1:50 p.m. – 8th grade

Tuesday, December 5

8:30 a.m. – Kindergartens
10:50 a.m. – 1st grade
12:50 p.m. – 3rd grade
1:50 p.m. – 5th grade

- Advent Spiral Committee

What is the Tradition of the Advent Spiral About?

The days are growing shorter, the mornings are darker when we get up, and in the absence of the sun, it is time to turn inward and create a little light of our own. Pleasant Ridge holds an Advent Garden spiral walk for all the students and for the community at large. We have a wonderfully diverse school community, so our celebration of the Advent Season means different things to different folks. The intention for this event is to invite a reverent experience in a world where reverence can be difficult to find. The Advent Garden is a world-wide Waldorf school tradition, but for anyone who has ever participated in or completed a meditative labyrinth walk, it can be a similar experience. It sets the mood for a holiday season filled with more stillness, reverence, contemplation and beauty amidst the prevailing hustle and bustle of shopping, parties, and general business that surround us in November and December.

Here is a little bit of history regarding the origins of the Advent Garden. It came about in 1926, when Dr. Karl Schubert, a remedial teacher from the Stuttgart Waldorf School, became familiar with the spiral movement as a curative form for the rhythmic and sensory system. Later, he was inspired by a Bavarian custom of creating a moss garden with fir twigs that was then lit up by candles mounted in apples. Dr. Schubert created a big spiral out of moss and

fir branches onto which each person walked to light their own apple candle from the center and then placed it along the path, until the whole spiral garden was illuminated. The movement included going into and going out of the spiral. As each person walks in darkness into the center of the spiral, they find the eternal light that is always present to enlighten every human being.

- Advent Spiral Committee

Snow Shoveling at the School

Clearing the doorways and sidewalks of snow and ice at Pleasant Ridge is a job that falls to parent volunteers. The way we organize volunteers is as follows: each class covers two weeks over the course of the winter. Classes have a volunteer coordinator who alerts the parents in that class that their week has come up and provides them with the information they need to complete the task. Parents in the class should pitch in during that week to the extent that personal schedules, work hours, small children, etc. permit. Schedule and class coordinators are listed below:

Class	Coordinator	Week1	Week2
8	Krings	11/5-12	1/21-28
7	Dehlin	11/12-19	1/28-2/4
6	Hundt	11/19-26	2/4-11
5	Brudos	11/26-12/3	2/11-18
4	Lenarz	12/3-10	2/18-25
3	Cole	12/10-17	2/25-3/4
2	Severson	12/31-1/7	3/4-11
1	Ugo	1/7-14	3/11-18
K	Hundt	1/14-21	3/18-25
	Facilities Comm.	12/17-31	3/25-

Please contact Jason Cole at 608-637-7160 or jasoncole@gmail.com or your class's coordinator with any questions.

- Jason Cole, Snow Removal Coordinator

December Enrichment Days

It may seem early to plan for the December break; however, we are offering three Enrichment Days for children ages 5 and up – December 18, 19, and 20. Join us for winter. You can sign your children up for a full day, morning only, or afternoon only. Cost is \$35 for a full day and \$20 for a half day. Registration forms are located outside the office.

- Jordan Brudos, Enrollment and Outreach Coordinator

Thanks for Twinkling in Viroqua with Us!

Thanks to everyone who braved the rain last Friday evening and walked with Pleasant Ridge Waldorf School in the Twinklefest Parade. It was great to come together and share our light and songs with the community. We look forward to participating again next year!

- Jordan Brudos, Enrollment and Admissions Coordinator

Growing for Good Opening for the Holidays!

Growing for Good is opening on Wednesday, November 15th, for the holiday season. Garland, wreaths, poinsettias, and Christmas trees will be available. The trees are sustainably grown at a family farm. You can pre-order items for a 10% discount by calling 637-8200. The store will be open Wednesdays-Saturdays from 10:00 a.m. – 6:00 p.m. and Sundays from 12:00 p.m. – 4:00 p.m.

- Growing for Good

Fundraising

We've Got Coffee!

Don't forget to pick up a fresh bag of Kickapoo Coffee in the office and support PRWS! We have 12 oz. bags of whole beans of the Harvest Blend available in the office for \$12. This will be an on-going fundraiser for PRWS this year!

- Jordan Brudos, Enrollment and Outreach Coordinator



Just a couple of days left to continue to Round Up for Pleasant Ridge Waldorf School at the Co-op. Thank you!

- Amy Hazell, Administrative Chair

Dragon Wings - An Adventure Board Game Fundraiser

Dragon Wings Game availability extended!

PRWS alumni parent, David Breitbach, has created a game with his daughter, Kessie, that is really fun to play and is also designed to help develop relationship skills. At our game nights, demo versions of *Dragon Wings* has been available to play. People enjoyed it because it was easy for both children and adults to engage in the fun.

This is how David describes the game:
The world is a bit crazy right now! People, families, nations...are relating at an all time low! The *Dragon Wings* game is a powerful step to change all this! It helps kids (and parents) learn to relate and bond. It raises their emotional IQ. With *Dragon Wings*, kids and adults seem to forget about their phones, iPads, and TV for a while. In fact, from those who have played it a lot, a big change starts happening around the house.

"If we are to reach real peace in this world..., we shall have to begin with children."

Mohandas Gandhi

"Teach a child to relate, and they'll be loved for a lifetime." David Breitbach

You may continue to purchase through our link dragonwingsgame.com (please follow this link so that PRWS earns \$5 when you buy.) Also, those who select "Local Pickup" get \$10 off the game price and don't have to pay for shipping.

- Mary Christenson, Development Director

LUNCHBOX EXPRESS COMMUNITY NEWS POLICY

The Lunchbox Express Community News section is provided as a service to the school community. Printing of an ad does not imply endorsement by Pleasant Ridge Waldorf School.

How to Place an Ad:

1. Limit your ad to 70 words. We do not edit. We will not print ads over 70 words. If you must have a long ad, make a note & give it to the office staff to place on the bulletin board.
2. Ads will be printed only once.
3. Put your ad in the folder in the LBE's mailbox in the Office marked "Lunchbox Community News" OR e-mail ad to info@pleasantridgewaldorf.org with "Community News" in the subject line.
4. Deadline is Tuesdays at 8:30am. There may be occasions, due to unforeseen circumstances or space restrictions, that the Community section will not be printed. Thank you.

HOLIDAY FAIRE

FRIDAY December 1

2017

A Joyful Wassail for Adults

6:00 – 10:30 pm

Live music and entertainment, singing, tree lighting, unique artisan vendors, warm and hearty soups, decadent desserts, silent auction, and raffle.

ADMISSION

\$6 in advance / \$8 at the door

(food and beverages purchased separately)

Wassail Gold Pass - \$30 / 2 for \$50

(includes entry, dinner, beverage, dessert, and a raffle ticket)

Tickets available at Viroqua Food Coop, Pleasant Ridge Waldorf School office, and Growing for Good greenhouse.

Babysitting available at Youth Initiative High School by students from 5:45-10:45pm. Call YIHS at 608.637.6445 for details and to RSVP (appreciated but not required).

SATURDAY December 2

A Festive Day for the Entire Family

9:30 am – 3:00 pm

Beautiful craft making, marionette play, children's castle, crystal boat, and raffle. Unique artisan vendors, silent auction, hearty lunch, bakery, and live music.

ADMISSION

Free *(food, beverages, and activities purchased separately)*



ALL WELCOME – CELEBRATE. SHOP. EAT. ENJOY.

PLEASANT RIDGE WALDORF SCHOOL

431 E. Court St., Viroqua • 608-637-7828 • pleasantrydrewaldorf.org

For more details, visit our website: pleasantrydrewaldorf.org/our-school/holiday-faire.

RIDE THE TIGER

DECEMBER 7TH

7PM TO 8:30PM

3RD FLOOR
LANDMARK CENTER



A PANEL DISCUSSION ON THE SOMETIMES SILLY, SOMETIMES DANGEROUS, BUT ALWAYS BEAUTIFUL ADVENTURE OF ADOLESCENCE

FOR PARENTS OF CHILDREN GRADES 4-8

OUR DISTINGUISHED PANELISTS



**Martha
Karlstad,
M.D.**

*Martha
specializes in
Child &
Adolescent
Psychiatry*



**Frank
Wildingway,
Veteran
Parent**

*Frank has
parented six
teenagers
and lived to
tell about it!*



**Susan
Townsley,
LCSW**

*Susan has
over 20 years
counseling
teens and
their families
through the
vicissitudes of
growing
together.*



**Jacob
Hundt, M.A.**

*The founder
of three local
schools, Jacob
has over 20
years of
experience
guiding
adolescents
with love and
wisdom.*



**Savi
Krumenauer,
Actual
Adolescent**

*Savi has lived
for over 4
years now as
a teenager.
She's in the
thick of it.*

HOLIDAY FAIRE ICE SKATING

WHO: Pleasant Ridge students from grades 1 to 6.

WHAT: Ice Skating fun and child supervision for grades 1-6 at the Viroqua Community Arena while others set up for the Holiday Faire (*children of adults setting up can skate for free*)

WHY: School is released on Friday, December 1st, at noon

WHEN: Friday, December 1st, 12:00 p.m. - 2:45 p.m.

SCHEDULE: 1) Eat lunch at school at 11:30 a.m.
2) Caravan to arena at noon
3) Skate and have fun safely until 2:30 p.m.
3) Be ready for pick-up at 2:45 p.m.

There will be NO bus pickup at the school in the afternoon on December 1st.

Parents, if you would like your child to spend the afternoon at the ice arena, please see below:

TO SKATE:

- Fill out the form below, one for EACH child
- Return the form and \$5.00 to the office or Mike Moon by the end of the school day on November 29th.
- Send your child to school on December 1st with lunch and either ice skates in hand or \$2 for skate rental, which is available at the arena
- Pick up your child at 2:45 p.m. at the arena

Further questions – please call Mike Moon at 608-772-4386.

I give permission for my child, _____, grade _____ to go skating at the Viroqua Community Arena. I understand this means that my child may ride in a car driven by an adult or may walk to the arena.

_____ I will pick up my child at the arena no later than 2:45 p.m.

Parent or guardian's signature

date

Phone Number Where You Can be Reached if Needed: _____

I am part of the Holiday Faire setup crew: Y / N