

# Lunchbox Express

An education for heart, hands, and head

September 27, 2017

#### Calendar

Thu Sept 28 3rd Grade Field Trip

Fri Sept 29 Kindergarten Field Trip

**Fri Sept 29** Michaelmas Festival – 8:20 a.m. – in the gym

Tue Oct 3 7th and 8th Grade Field Trip

Mon Oct 9 Kickapoo Coffee Morning with the Parent Association – 8:30 a.m. – all are invited

Wed Oct 11 Monthly Open House – 8:20 a.m.

Wed-Thu Oct 11-12 6th Grade Field Trip

Fri Oct 13 Grandparents and Special Friends Day

Mon Oct 16 3<sup>rd</sup> Grade Parent Meeting – 5:30 p.m. – 7:00 p.m. – in the 3<sup>rd</sup> grade classroom

Tue Oct 17 School Photo Day

Fri Oct 20 Game Night and Meal – 5:00 p.m. – 8:00 p.m. – at the school

Sat Oct 21 Dad's Day Out – Disc golfing – 10:30 a.m. – see inside for details

# Friday Assembly Assembly begins at 8:20 AM

Sept 29 —Michaelmas Festival Pageant Oct 6 —No Assembly Oct 13 —Grandparents and Special Friends Day

## What's Cooking!

#### **Michaelmas Festival Pageant**

When I conquer within me fear and doubt Michael in Heaven casts the dragon out!

On <u>Friday, September 29th</u>, PRWS will celebrate Michaelmas. We warmly invite the community to join us <u>in the gym at 8:20 a.m.</u> for our Michaelmas Festival Pageant. All of the grade students will participate as we celebrate Archangel Michael's defeat of the Dragon. The pageant will last approximately 40 minutes. The rest of the day unfolds in a special way for the students as they work together to prepare a communal student lunch which they will eat together in the gym. Please send a snack as usual, but no lunch. The menu consists of squash soup, dragon bread, and apple crisp. Gluten-free bread and apple options will be available.

After the meal, the children will break into groups for different work and play activities in the afternoon, including wood-chip spreading, bulb planting, and pruning. Therefore, the children should wear their festival attire in the morning and bring clothes that can get dirty that they can change into for the afternoon activities.

Joshua Ecklund, Faculty Chair

#### Come Celebrate Kay Fandel's Life

On **Saturday**, **September 30th**, the community will gather to celebrate the life of Kay Fandel. Kay left her earthly body on August 28<sup>th</sup>, 2017, leaving a lasting legacy of reverence and love. In life, Kay was the mother of Sylvie, Eva, and Freya Rising and partner to Joe Rising. She was a lover of simple and natural beauty, a friend, an inspiration, and a beacon of light to many.

The Celebration of Life event will be held at the The Ark - 401 E. Jefferson Street, Viroqua, beginning at 3:30 p.m. This will be an opportunity for friends and family to celebrate Kay's life through food, photos, and facilitated sharing of stories, poems, and acoustic music. The Driftless Fire Tribe will also be performing outside the Ark at approximately 7:00 p.m. Local musicians will then continue to entertain inside The Ark until the event concludes later in the evening.

Please join us to celebrate the life of our extraordinary friend.



### Lunchbox Express September 27, 2017

### **EVENTS**

#### What is Michaelmas?

Every year, approximately seven days after the Autumnal equinox, Waldorf schools throughout the world celebrate the festival of Michael. Outside in Autumnal nature we can see the verdant growth of summer drying, withering, changing into the many Autumnal hues, as well as making seeds. Nature thus provides a picture of how thought lights up within the human soul. The greenery of summer must make a seed to endure winter. Similarly, movement in early human life makes possible speech, and speech becomes thought. Michaelmas is known as a "Festival of Courage," and stories from cultures around the world are gathered in our schools at this time. The archetype of Michael gives us a picture of strength, courage, and clarity of thought. Strength to kindle our inner fire, and iron will to keep on working towards the clarity of thinking to know what must be transformed. Michael stands over the dragon showing that he has overcome the Lie, the Ugly, and the Bad in the name of Truth, Beauty, and Goodness. Waldorf Education echoes the essence of Michaelmas. Each and every one of us has a gift to bring to the world. Can we learn to recognize and honor our own gifts, have interest in each other's gifts, and encourage each other toward our full potential? This is what Michaelmas celebrates!

Magnificent Autumn! He comes not like a pilgrim clad in russet weeds.

He comes not like a hermit clad in grey, But he comes like a warrior

- Wordsworth

Join us for our Michaelmas Festival Pageant Friday, September 29th, 2017, at 8:20 a.m. in the Gym.

## Grandparents and Special Friends Day RSVPs

We are beginning to hear back from grandparents who plan to attend the event on **October 13th**. Please help us get an accurate count by encouraging your parents to RSVP if they are coming, or you can let us know by email at mary@pleasantridgewaldorf.org or phone message at 608-637-8504. Parents, please note that the luncheon is only for our grandparent guests; the children will bring their lunches as usual on Friday and eat with their class in their classrooms. If you want more details or have questions or concerns, please contact me. Thank you.

- Mary Christenson, Development Director

#### All-School Meeting - It's a Wrap!

Last night we enjoyed a time together as adults at our annual All-School Meeting. The evening was light, informative, reflective, and community-building! I want to thank the Board of Directors for hosting this meeting, complete with tasty and healthy snacks. Joe Lenarz, our Chairperson, provided information about the health and future growth of PRWS; Alycann Taylor served as MC. We are so grateful to Joshua Ecklund, who led us in Eurythmy exercises and a thoroughly inspiring and thought-provoking discussion about the verse known as 'The Parent Verse,' and to Monika Sutherland for leading us in a few Michaelmas sonas

If I had to name a regret from last night, it would be that I cannot share the precise words spoken by Adrian Ugo who gave an inspired message regarding his feelings about PRWS. He spoke the sentiments that the rest of us echoed in our small group discussion about The Parent Verse and what we value/ appreciate about PRWS. We all agreed that the daily social exchanges that happen here during even the brief moments of drop-off and pick-up can put an extra bounce in our step, ease our minds, inspire us to do good deeds, and help us to live out of our intention. Wow! All that can happen in just 10 minutes a day! What might you experience if you joined in our community in other ways? I'd like to



encourage you to check out an Open House, Assembly, Parent Meeting, Festival, or (dare I say it?) join a committee. Truth is, the connections we are making with one another at PRWS are the 'big picture' work of living. For all of the ways that you have shared your life with PRWS, we thank you for every small or big moment along the journey!

Amy Hazell, Administrative Chair

#### **News from the Parent Association**

The Parent Association is back this year, and we have some fun events planned! Here are some upcoming events in October that we hope you can join us for:

Oct. 9 at 8:30 a.m. – Kickapoo Coffee Morning with the Parent Association
Oct. 20 at 5:00 p.m. – PRWS Game Night

Oct. 21 at 10:30 a.m. – Dads' Day Out (Disc golfing at Vernon Hills, behind the VFW)

We are always looking for new members to join the Parent Association. If you are interested in community building and planning fun events, please contact Jordan at jordan@brudos.net. Our next meeting is scheduled for October 29 at 10:00 a.m. Please contact Jordan for directions if you are interested.

PRWS Parent Association

#### October Open House

Our next monthly Open House is scheduled for October 11, from 8:20a.m. - 9:15 a.m. in the Parent-Child Room. This is your opportunity to experience our students and teachers working with the Waldorf curriculum, which is designed to meet the whole child at each developmental stage. After the tour, enjoy a time of conversation and refreshments. These open houses are for current PRWS families as well as potential families and friends. Please contact Jordan at enrollment@pleasantridgewaldorf.org with any questions or for more information. Don't forget to bring along a friend!!

Jordan Brudos, Enrollment and Outreach Coordinator

### THIS AND THAT

#### October Aftercare Registration Form Available

The new October Aftercare Registration form is Available across from the office next to the gym door. Please turn the completed forms in to Nan. Thank you!

- Nan Marshall, Office Manager

# <u>Seeking Substitute Teachers and Office Volunteers</u>

We are looking to add to our list of substitute teachers for the upcoming year. If you are interested, please give Nan a call in the office. We'd love to help you get started.

We are also looking for additional volunteers for helping out in the office. This would be on an occasional, as-needed basis. Some training would be involved. Please call Nan in the office if you are interested.

-Nan Marshall, Office Manager

#### We've Got Coffee!

Don't forget to pick up a fresh bag of Kickapoo Coffee in the office and support PRWS! We have 12 oz. bags of whole beans of the Harvest Blend available in the office for \$12. This will be an on-going fundraiser for PRWS this year!

> Jordan Brudos, Enrollment and Outreach Coordinator

#### One-Page Phone List is Available

If you'd like a 1-page phone list of PRWS families, please stop by the office to pick one up.

Nan Marshall, Office Manager

#### **Directory Updates**

The 2017-2018 directories were distributed last week. Despite our best efforts, there are always a few errors. Please check your information in the directory and let us know if something needs to be changed. Below are a



### Lunchbox Express September 27, 2017

few initial updates you should make to your directory.

#### Manspeaker

Home phone is 638-0002 Justina's cell is 608-797-7826 Andy's cell is 608-799-7476

#### **Recent Additions**

- Calliope Lemar joined the Violet Kindergarten. Her older sister Addelaide is in 4<sup>th</sup> Grade.
- Bella (4<sup>th</sup>) and Colette (2<sup>nd</sup>) Max-Funovitz have returned. Contact Cree Max at 224-406-4306.
- Cyrus (3<sup>rd</sup>) and Josie (6<sup>th</sup>) Hundt are returning. They are joining their sister Evelyn who is in the Violet Kindergarten.

#### October Hot Lunch CORRECTION!!

There IS school on Thursday, Friday 26<sup>th</sup>! Please add Asian Quinoa Salad w/Veggies and Fruit as the final menu item for October. If you've already turned in your October hot lunch form, please see Nan in the office to make any changes.

- Nan Marshall, Office Manager

### **COMMUNITY NEWS**

Homestays for out-of-town guests - I am interested to know if any families are willing to have a guest for one or two nights, November 2-3 and possibly November 4? Representatives from about 20 Waldorf schools in the Mid-States plan to attend this 2-day meeting hosted at PRWS. Our school has participated in this Mid-States Fund Sharing circle since around 1988, and the meeting moves to a different school every year. Offering a homestay for \$25/night helps to defray costs for the visitor, and you get to meet an interesting person from another Waldorf school. Please call me at 608-606-5296 or email mary@pleasantridgewaldorf.org if you wish to be involved or have questions. Thanks, Mary Christeson.

**This Friday, Come Sing!** The Festival Singers will meet following the Michaelmas assembly this Friday the 29<sup>th</sup>. We welcome anyone who wishes to sing an a cappella seasonal song learned on the spot just for the joy of singing together. Look for Julee Agar and Catherine Young in the school entryway. See you then!

The Viroqua Harvest Parade is holding its annual weekend-long community puppet and costume building extravaganza! (Think cardboard, paint,

and a staple gun!)
What: Puppet Jam!

When: Saturday, September 30<sup>th</sup>, 10:00 a.m. -4:00 p.m. and Sunday, October 1<sup>st</sup>, noon – 4:00 p.m.

Where: The Ark

No experience necessary. Wear clothes that can get messy. Bring your own ideas for what you'd like to make this year OR help the puppet crew complete some of this year's new projects - such as planet masks, sunflower crowns, and more. See you there!

**SAVE THE DATE:** This year's Viroqua Harvest Parade will take place on October 14 at 2:00 p.m. More info:

https://www.facebook.com/viroquaharvest/

McIntosh Memorial Library After School Program
The program will operate from Monday, October 2,
2017 – Friday, May 18, 2018, from 3:15 p.m. – 5:00
p.m. There is no cost to participate. Registration is
underway. Registrations will not be accepted by
phone. Please stop by the library to sign up.
Registrations are on a first-come-first-served basis
and will be time-stamped when accepted. The
library is open Monday – Thursday from 9:00 a.m. –
8:00 p.m. and Friday from 9:00 a.m. – 6:00 p.m. at
205 S. Rock Ave., Viroqua. Please call Mary
Mulvaney-Kemp at 608-637-7151 ext. 5 if you have
any questions.

Quilt Show – Maplewood Terrace – October 14, 10:00 a.m. – 2:30 p.m. 1-hour Workshop
Presentations of "Stack and Wack Revisited" by
Beth Beier at 11:00 a.m. and "5x5 Types and Styles of Quilting" at 12:30 p.m. by the Vernon County
Piecemakers Quilt Guild. Seeking registrations for new and vintage quilts to show – we are looking for youth entries (as well as adult). See the poster and registration form on the Community Bulletin Board across from the third grade classroom or call608-637-6358. There will also be a Silent Auction. All proceeds go to Maplewood Terrace Assisted Living



### Lunchbox Express September 27, 2017

for resident needs. Admission is \$3. Lunch is available.

Seeking size 4 rain boots and size 18 mo.-2T rain pants. Please call Courtney Maatouk if you have any at 608-769-5525.

Come celebrate *The Driffless Reader* book launch at Kickapoo Valley Reserve, Saturday, September 30, from 2:00 p.m. – 5:00 p.m. Just released from UW Press, *The Driffless Reader* gathers writings and art that highlight the unique natural and cultural history of our region over two centuries. Three authors will read selections from TDR: Lynne Diebel, Kevin Koch, and Catherine Young. Photographer Kerry Hill, whose work is also in the book, will give a brief presentation on his project. Admission is free and families are welcome.

#### **LUNCHBOX EXPRESS COMMUNITY NEWS POLICY**

The Lunchbox Express Community News section is provided as a service to the school community. Printing of an ad does not imply endorsement by Pleasant Ridge Waldorf School. How to Place an Ad:

- 1. Limit your ad to 70 words. We do not edit. We will not print ads over 70 words. If you must have a long ad, make a note & give it to the office staff to place on the bulletin board.
- 2. Ads will be printed only once.
- 3. Put your ad in the folder in the LBE's mailbox in the Office marked "Lunchbox Community News" OR e-mail ad to info@pleasantridgewaldorf.org with "Community News" in the subject line.
- 4. Deadline is Tuesdays at 8:30am. There may be occasions, due to unforeseen circumstances or space restrictions, that the Community section will not be printed. Thank you.