



## Calendar

**Sun Sept 24** New-Family Brunch – 10:00 a.m. – 12:00 p.m.

**Mon Sept 25** 2<sup>nd</sup> Grade Field Trip

**Mon-Tue Sept 25-26** 7<sup>th</sup> Grade Field Trip

**Tue Sept 26** All-School Meeting - 7:00 p.m. – in the Gym – Committee Fair afterward

**Fri Sept 29** Michaelmas Festival – 8:20 a.m. – in the gym

**Tue Oct 3** 7<sup>th</sup> and 8<sup>th</sup> Grade Field Trip

**Mon Oct 9** Coffee and Chat – Kickapoo Coffee – 8:30 a.m. – all are invited

**Wed Oct 11** Monthly Open House – 8:20 a.m.

**Wed-Thu Oct 11-12** 6<sup>th</sup> Grade Field Trip

**Fri Oct 13** Grandparents and Special Friends Day

**Mon Oct 16** 3<sup>rd</sup> Grade Parent Meeting – 5:30 p.m. – 7:00 p.m. – in the 3<sup>rd</sup> grade classroom

**Tue Oct 17** School Photo Day

## Friday Assembly

Assembly begins at 8:20 AM

Sept 22—Community Conversation –  
Festival Life

Sept 29 —Michaelmas Festival Pageant

Oct 6 —No Assembly

## What's Cooking!

### Come Celebrate Kay Fandel's Life

On **Saturday, September 30<sup>th</sup>**, the community will gather to celebrate the life of Kay Fandel. Kay left her earthly body on August 28<sup>th</sup>, 2017, leaving a lasting legacy of reverence and love. In life, Kay was the mother of Sylvie, Eva, and Freya Rising and partner to Joe Rising. She was a lover of simple and natural beauty, a friend, an inspiration, and a beacon of light to many.

**The Celebration of Life event will be held at the The Ark - 401 E. Jefferson Street, Viroqua, beginning at 3:30 p.m.** This will be an opportunity for friends and family to celebrate Kay's life through food, photos, and facilitated sharing of stories, poems, and acoustic music. The Driftless Fire Tribe will also be performing outside the Ark at approximately 7:00 p.m. Local musicians will then continue to entertain inside The Ark until the event concludes later in the evening. **Please join us to celebrate the life of our extraordinary friend.**

### All-School Meeting, Tuesday, September 26, 7:00 p.m. - 8:30 p.m.

Join us for our annual All-School Meeting as we greet fellow parents and meet the Board of Directors, Faculty, and Staff during an evening filled with information and community building. The evening's events include a report about the current health of our school, a Committee Fair, a time to deepen your understanding of Waldorf Pedagogy as Joshua Ecklund leads us in a Eurythmy exercise, and we'll also study the PRWS Parent Verse. (The words are included in this edition of the LBE.)

Please reserve the day on your calendar and join the Board of Directors, Faculty, and Staff for our **All-School Meeting which will be held in the Gymnasium from 7:00 - 8:30 p.m.** We hope to see all of our PRWS family! Childcare will be provided on site by our Seventh Grade students who are raising funds for their class trip. Donations appreciated. Refreshments will be served.

- Amy Hazell, Administrative Chair

### October Hot Lunch CORRECTION!!

**There IS school on Thursday, Friday 26<sup>th</sup>!** Please add Asian Quinoa Salad w/Veggies and Fruit as the final menu item for October. If you've already turned in your October hot lunch form, please see Nan in the office to make any changes.

## WHAT'S NEW

### **New 2017-2018 PRWS Directories are Here!**

You should have received your new 2017-2018 Directory and Handbook in your parent or faculty/staff mailbox. Please let us know if there are any errors or updates to the information by telling Nan in the office or emailing Cynthia

([cynthia@pleasantrydwaldorf.org](mailto:cynthia@pleasantrydwaldorf.org)).

It takes about 3.5 months to complete this project, including revising the handbook; collecting all of the family, class, and faculty/staff information; and securing all of the yellow pages ads that support our school (we raise over \$7,000 in income from ad sales). I'd like to thank everyone on the team, including Gabrielle Daniels, Nan Marshall, and Jordan Brudos.

- Cynthia Olmstead, Development  
Coordinator

### **September 22 – Community Conversation**

#### **Festival Life at Pleasant Ridge Waldorf School**

Festivals help us breathe the rhythm of the year as it circles 'round the seasons. In this conversation, we will look at the festival traditions at Pleasant Ridge Waldorf School which support the entire community. Please join us in the Gym this **Friday morning at 8:20 a.m.**

- Amy Hazell, Administrative Chair

### **What is Michaelmas?**

Every year, approximately seven days after the Autumnal equinox, Waldorf schools throughout the world celebrate the festival of Michael. Outside in Autumnal nature we can see the verdant growth of summer drying, withering, changing into the many Autumnal hues, as well as making seeds. Nature thus provides a picture of how thought lights up within the human soul. The greenery of summer must make a seed to endure winter. Similarly, movement in early human life makes possible speech, and speech becomes thought. Michaelmas is known as a "Festival of

Courage," and stories from cultures around the world are gathered in our schools at this time. The archetype of Michael gives us a picture of strength, courage, and clarity of thought. Strength to kindle our inner fire, and iron will to keep on working towards the clarity of thinking to know what must be transformed. Michael stands over the dragon showing that he has overcome the Lie, the Ugly, and the Bad in the name of Truth, Beauty, and Goodness. Waldorf Education echoes the essence of Michaelmas. Each and every one of us has a gift to bring to the world. Can we learn to recognize and honor our own gifts, have interest in each other's gifts, and encourage each other toward our full potential? This is what Michaelmas celebrates!

*Magnificent Autumn!*

*He comes not like a pilgrim clad in russet  
weeds,*

*He comes not like a hermit clad in grey,  
But he comes like a warrior*

- Wordsworth

**Join us for our Michaelmas Festival Pageant  
Friday, September 29th, 2017, at 8:20 a.m. in  
the Gym.**

### **Parent Verse**

The following verse is known at PRWS as the Parent Verse. We often speak these words together. But have we ever taken time to think about what these words mean? During the All-School Meeting we'll briefly reflect in small groups *how we live* the ideals of wonder at beauty, guarding the truth, looking up to the noble, and resolving on the good.

#### **To Wonder at Beauty**

*To wonder at beauty,  
Stand guard over truth,  
Look up to the noble,  
Resolve on the good.  
This leadeth us truly  
To purpose in living,  
To right in our doing,  
To peace in our feeling,  
To light in our thinking.*

*And teaches us trust,  
In the working of Divine,  
In all that there is,  
In the width of the world,  
In the depth of the soul.*

-Rudolf Steiner

I look forward to getting acquainted with more of you during the All-School Meeting.

-Amy Hazell, Administrative Chair

### **Grandparents & Special Friends Day**

In just a month, **on Friday, October 13<sup>th</sup>**, we will host a very special event for the elders in our children's lives. Each autumn, this Friday morning event for the grandparents or special elder friends draws about 80 people. We have begun our planning and preparations by sending invitations out to those people already on our contact list. If you have not provided the names and addresses for your relations, please call or email us or put your completed Development Form in our mailbox in the office. (Those who attended in previous years are already on the list.)

More details of the morning will be published in the coming weeks. We do ask for RSVPs so we are well prepared for lunch, chairs in the classrooms, and nametags. I am still looking for people to help set up, serve, clean up, and/or provide a refreshment for the reception. Please contact Mary Christenson, at [mary@pleasantrydgewaldorf.org](mailto:mary@pleasantrydgewaldorf.org) or 637-8504.

- Mary Christenson, Development Director

### **An Apple a Day...**

The seventh grade will have organic apples from the Link orchard available for sale in the hallway near the office throughout the fall. We have HoneyCrisp and Fuji, prized for eating; Golden Delicious; and Cortland - for eating or baking, sauce, or cider. We even have the heritage Keepsake apple. Just \$5 for a 3 lb sack. What a bargain!

These organic apples will last longer if you keep them cool if you are not able to eat them right away. We will replace any that may have gone bad. Seek out a 7th grader if you want to order a larger quantity.

This upper-grade fundraising is toward our 8th grade trip. Thank you for your patronage. Stop by the office to pay for your apples.

- The Seventh Grade

### **Parent-Child Registration**

The first session of Parent-Child Classes began last week. **There are still spots available on Friday mornings from 8:45 a.m. - 10:45 a.m.**

Cost for the 9-week session is \$135. For more information or to register, please call 637-7828 or email [enrollment@pleasantrydgewaldorf.org](mailto:enrollment@pleasantrydgewaldorf.org).

- Jordan Brudos, Enrollment and Outreach Coordinator

## IN OTHER NEWS

### **Lunch Help Needed!**

The Hot Lunch Program needs volunteers in a variety of capacities. Some jobs just require a small amount of time. Please take a look to see whether you can fit any of these into your schedule.

- Someone willing to sell leftover pizza after school on a regular basis (meaning for every Pizza day listed on the lunch calendar - usually twice a month).
- People willing to be on a call list for (possible) last-minute volunteer replacement (for when a lunch volunteer calls in sick).
- Volunteers for serving and prepping Hot Lunch for the last week in September and all of October. Watch for the link sent by Therese Laurdan to all parents so they can sign up online.

Please contact Therese Laurdan for selling pizza, being on the call list, or if you haven't received an email with a link to the signup sheet. Her cell number is: 606-6330. Her email is [t.laurdan@frontier.com](mailto:t.laurdan@frontier.com)

- Amy Hazell, Administrative Chair

## Leftover Dishes

We all enjoyed the Back-to-School Potluck, and some people enjoyed it so much they left their dishes and serving tools behind. They are on a table in the office. Please take a look to see whether you are missing something or not. Thank you!

- Nan Marshall, Office Manager

## Pleasant Ridge Google Calendar

We have a Pleasant Ridge Google Calendar. If you would like to be able to check parent meetings, holidays, assemblies, or other school information from the comfort of your own home or phone, please stop by the office and ask Nan to send an invitation to you.

- Nan Marshall, Office Manager

## With Great Gratitude

The Parent-Child Program wants to deeply thank all the Facilities Committee members who so generously gave their last summer weekends so our new playground could be. We love it and enjoyed the BIG pile of sand last week for our first classes. Thank you Joe Lenarz, Jon Dehlin, and all the marvelous trimmers, diggers, and fence makers from the bottom of our Parent-Child hearts!

With appreciation and gratitude,

- Ms. Martha, Parent-Child Teacher

**At Oktoberfest in La Crosse, on Sunday, October 1st, from 12:00 p.m. – 1:00 p.m. there will be a free lesson from a renowned Polka Hop instructor.**

Malek's Fishermen Band will play from 1:00 p.m. - 3:30 p.m. (to continue the dance), and there will also be a 'fun' Polka Contest. We are inviting all ages and are hoping that this FREE NO BUTTON required event (on the North Side) will draw from all our surrounding communities. Polka comes to us from Europe and has been traditionally a folk dance that has been passed down for generations. You may go on line to [www.oktoberfestusa.com](http://www.oktoberfestusa.com) for additional information or contact Tracy Mullaney at [clogjam@hotmail.com](mailto:clogjam@hotmail.com) If you are interested in attending, please send her your address and contact information.

## **LUNCHBOX EXPRESS COMMUNITY NEWS POLICY**

The Lunchbox Express Community News section is provided as a service to the school community. Printing of an ad does not imply endorsement by Pleasant Ridge Waldorf School.

How to Place an Ad:

1. Limit your ad to 70 words. We do not edit. We will not print ads over 70 words. If you must have a long ad, make a note & give it to the office staff to place on the bulletin board.
2. Ads will be printed only once.
3. Put your ad in the folder in the LBE's mailbox in the Office marked "Lunchbox Community News" OR e-mail ad to [info@pleasantrydrewaldorf.org](mailto:info@pleasantrydrewaldorf.org) with "Community News" in the subject line.
4. Deadline is Tuesdays at 8:30am. There may be occasions, due to unforeseen circumstances or space restrictions, that the Community section will not be printed. Thank you.

# COMMUNITY NEWS

**We plan to engage in chamomile prep, oak bark prep, and so forth.** Perhaps you can experience working with a different prep for the first time. Anyway, we welcome anyone interested. Due to our ambitious aims, we will start at 9:00 a.m. and hope to finish at 3:00 p.m. Somewhere in the middle of the day, we will share a potluck meal. As usual, we invite families with children. Also, people should feel free to come when they can and leave when they must. Please let us know if you can attend. For more information, call (608) 637-2079. Hope you all enjoyed a fruitful summer. Blessings, Marcia