

## Calendar

**Fri Mar 17** In-Service – No School – Enrichment Day available – see inside for details

**Fri Mar 17** Kindergarten Morning – 9:00 a.m. – 10:30 a.m.

**Fri Mar 17** Celebration of the Arts – 6:30 p.m. – in the Old Main Building – 321 E. Decker

**Sat Mar 18** Raffle Party! – 6:00 p.m. – at the Rooted Spoon – 219 S. Main St.

**Tue Mar 21** 6<sup>th</sup> Grade Parent Meeting – 4:30 p.m. – 6<sup>th</sup> Grade classroom

**Wed Mar 22** Vision and Hearing Screening for Grades 1-5

**Fri Mar 24** Spring Concert – 7:00 p.m. – Good Shepherd Lutheran Church – 504 S. Main St., Viroqua

**Tue-Thu Mar 28-30** 8<sup>th</sup> Grade Projects – in the gym

**Fri Mar 31** Crafting Night – 7:00 p.m. – 10:00 p.m. – see inside for details

**Mon Apr 3** 1<sup>st</sup> Grade Parent Meeting – 5:00 p.m. – 6:30 p.m. – 1<sup>st</sup> grade classroom

**Tue-Wed Apr 4-5** 4<sup>th</sup> Grade Play

**Fri Apr 7** 2<sup>nd</sup> Grade Parent Meeting – 7:00 p.m. – 8:30 p.m.

## Friday Assembly

Assembly begins at 8:20 AM

Mar 17 —In-Service – No Assembly

Mar 24 —No Assembly

Mar 31 – Even Grades Assembly

Apr 7 – Odd Grades Assembly

## What's Cooking!

### **Celebration of the Arts – THIS FRIDAY!**

**Friday, March 17, 6:30 p.m.**, in the Old Main Building at 321 E. Decker St.

Free-will donation.

Come enjoy some entertainment by the faculty, refreshments, and a silent auction that includes faculty artwork. Proceeds will support the Pleasant Ridge professional development fund. Adults only, please.

- Kate Bergan, Celebration of the Arts Committee

### **Vision and Hearing Screening**

Next Wednesday morning, March 22<sup>nd</sup>, the Vernon County Health Department, in conjunction with the Lion's Club, will be performing vision and hearing screening of all the children in the first through fifth grades. If you do not want your child to be screened, please call the office by Tuesday, March 21<sup>st</sup> and speak to Nan. Thank you.

- Marianne Fieber-Dhara, Administrative Chair

### **Circus Arts with Forrest Humphrey Mondays and Wednesdays!**

Forrest Humphrey is leading a Circus Arts program for children from 5 – 12 years old on Mondays and Wednesdays from 3:00 p.m. - 4:00 p.m. Registration for this exciting activity with this PRWS alum will be automatic for children already enrolled in the aftercare program. Students will meet for snack from 2:45 p.m. – 3:00 p.m. with Miss Courtney in the Fifth Grade classroom and then work with Forrest in the gym or outside until 4:00 p.m.

**Non-Aftercare students wishing to participate in the Circus Arts program only are welcome to register through the Aftercare Program for Mondays and Wednesdays with a pick-up time of 4:00 p.m.** The drop-in rate for individual sessions is \$9.

Registration forms are available on the table across from the front office.

- Marianne Fieber-Dhara, Administrative Chair

## EVENTS

### Raffle Time!!

**Your raffle tickets and money must be in the office this Thursday, March 16, by 3:30 p.m. because there is no school on Friday.** If this doesn't work for you, please call Nan in the office as soon as possible.

**Raffle Party at the Rooted Spoon on Saturday March 18.** It will be fun! The party starts at 6:00 p.m. and includes a chili cook-off and a cookie bake-off. Please contact one of us if you plan to bring chili or cookies. We'll pull the winning tickets at 7:30 p.m.

- Raffle Committee

### PRWS Book Sale is Underway

The book sale will continue through the month of March. **You may continue to donate books to the sale throughout its duration.** Just place books under the table in the front hallway so they can be correctly organized on the tables. Thanks to all who donated and supported the sale in the past. Please continue to support this great cause.

- Chris Leinberger, Library Volunteer Coordinator

### Save the Dates – 8<sup>th</sup> Grade Project Presentations: March 28, 29, 30, 2017

The following students will be presenting on the evenings listed below, in no particular order (dates subject to change). **Tuesday, March 21:**

Ansel Brenneman, Rowan Heath, Elliot Nicholes, Isaac Porter, and Jacson Rott;

**Wednesday, March 22:** Alden Ashley, Anna Dlugi, Sadie Knutson Serena Laurdan, and Caspian Stevenson; **Thursday, March**

**30:** Biergan Kay, Maiela Leinberger, Flynn LeMaire, Blake Peterson, and Nolan Peterson.

- Ronald Schirmer, 8<sup>th</sup> Grade Teacher

### Spring Concert – SAVE THE DATE!

**Friday, March 24<sup>th</sup> at 7:00 p.m.**

**Good Shepherd Lutheran Church,  
504 S. Main Street**

Join us for our annual Spring Concert, featuring students from grades 4-8! All are welcome to attend. Details regarding concert attire and performer information have been sent out via email.

- Monika Sutherland, Music Teacher

### Crafting Night

Join us on **March 31st, from 7:00 p.m. – 10:00 p.m.**, for the next crafting evening. We will be making spring items to sell in our school store. You don't need to be "crafty" to join us – we will have something for all skill levels. Snacks, drinks, and good conversation will be provided. We will be meeting at Margret Lenarz's home – 510 S. Rusk St. in Viroqua. Hope you can join us!!

- Jordan Brudos & Kathryn Ashley-Wright,  
School Store Coordinators

### SAVE THE DATE! Not to be missed!!!

**Friday, April 28th, 7:30 PM at the ARK  
Comedy Show and Refreshments**

### The Beeswax Conspiracy

**A Loving, Irreverent, and Hilarious Look at the  
Waldorf Subculture**

**A One-Person Comedy Show with Ronald  
Koetzsch**

The show includes segments on:

- The Steiner Lifestyle Points Survey
- How to Know Your Temperament and Change Your Spouse's
- How to Survive the Class Teacher Home Visit
- Retirement Strategies for Waldorf Teachers
- The Waldorf-Speak Phrase Dictionary
- And more . . .

**Ronald Koetzsch** is a professional stand-up comedian and monologist specializing in humor about Waldorf Education, Anthroposophy, and related matters. In the

past 20 years, Ronald has given over 500 performances at Waldorf schools and conferences and at anthroposophical institutions and events in North America and other parts of the world, including New Zealand and Australia. In August 2010, he performed in the Great Hall of the Goetheanum in Dornach, Switzerland, during the International English Conference.

### Comments from Survivors of Ronald's Performances

"Ronald is a comic genius" - Lorenzo D'Aleo (psychotherapist—not Ronald's!)

"Ronald is a great comedian who helps us to lighten up, laugh about ourselves, love one another more, and experience the joy of living" - Margit Ilgen, storyteller and speech artist

"As one of a rare and treasured breed of stand-up comedians in a too serious world, Ronald brings the healing hilarity of the most unusually combined percepts and concepts you will ever have the joy of responding to" - Ted Mahle, artist and painter

"Ronald gets to the heart of the matter and makes us laugh" - Arline Monks, Rudolf Steiner College

"I have never laughed so hard in my life" - Monika Sutherland

More details about the event will come soon.

- Monika Sutherland and Margret Lenarz,  
Event Organizers

## ENROLLMENT

### Register Now for the Spring Session of Parent-Child

The spring session of Parent-Child classes **begins the week of March 20th**. Parent-Child (ages 1-4) meets weekly (M, W, Th, or F) from 8:30 a.m. - 10:30 a.m. The cost is \$120 for the 8-week session. For more details see <http://pleasantridgewaldorf.org/programs/parent-child/>. **Come try your first class for FREE!**

Contact Jordan Brudos at 637-7828 or [enrollment@pleasantridgewaldorf.org](mailto:enrollment@pleasantridgewaldorf.org) to register for a session.

- Jordan Brudos, Enrollment and Outreach Coordinator

### Next Enrichment Day – March 17

Join Ms. Christine and Mr. Forrest for the last Enrichment Day of the 2016-2017 school year. It will be a fun day of crafting, outside play, and games. Registration forms are available across from the office door. Rates are \$35 for a whole day (8:30 a.m. - 4:30 p.m.) or \$20 for a half-day (either 8:30 a.m. - 12:30 p.m. OR 12:30 p.m. - 4:30 p.m.). Multiple-child discounts available. See Jordan in the office with any questions.

- Jordan Brudos, Enrollment and Outreach Coordinator

## ADMIN

### What's for LUNCH?

Last Friday, following the assembly, a Community Conversation was held to discuss our Hot Lunch Program. Thank you for those able to participate in the conversation. Julie Turino was present along with several of the hot lunch volunteers. Amy Morse and Mary Christenson were also present on behalf of the Faculty Council.

We began with some facts:

### **Goals and Intentions:**

We provide a 100% organic, vegetarian lunch, affordable at \$3.50 per meal, and locally sourced as much as possible. It is also an intention for meals to be kid-friendly and enticing to young and growing palates. Julie has been working with the following organizations to acquire quality food at reasonable prices: Driftless Co-op for grains and pastas, Earth Fire Products for tomato sauce, Viroqua Food Co-op for fruits and miscellaneous items, and Community Hunger Solutions for local organic produce. Just recently, there were greens from our greenhouse as part of our salad.

## Staggering Quantities:

Two dozen onions per week, 40-60 pounds of cheese, 12 bulbs of garlic, 50 pounds of flour, 30 pounds of pasta, 2 bushels of fruits and vegetables.

## Menu:

Monday is "Italian," Tuesday is "Mexican," Wednesday is soup/stew, and Thursday is the "Wild Card" day.

## People:

Julie is the Chief Chef, Trevor and Sol are the regular kitchen staff, and there are MANY volunteers as well! Two volunteers per day to help with food prep and serving. Upper grade students are also scheduled to help serve their peers.

## Budget:

Meals sold (as of end of February) total over 9,000, plus the additional meals for faculty and staff.

Income reached \$33,833.37; expenses \$23,677.22 – net is tracking at around \$10,000. Julie had made some excellent financial steps by using Driftless Food Co-op and Community Hunger Solutions. Viroqua Food Co-op donates boxes of fruits and vegetables regularly beyond their annual cash donation.

## Developments:

Electricity upgrades, fresh paint, stainless steel tables, shelving and the walk-in refrigerator/freezer! Next...a dishwasher!

## Challenges:

Availability of produce, affordability, food waste, and labor needs for processing food to fill the freezer.

Inclusivity of meal balance for gluten and dairy-free.

## Opportunities:

How might brown rice pasta be swapped for wheat-based pasta?

What are other gluten-free grains to include (e.g., quinoa, millet)?

Can a hardboiled or scrambled egg be included as a protein?

What about a frittata?

Enhance the meal with a side?

Can there be more descriptions of the meals available on the website so parents know what the meal consists of prior to ordering?

Note gluten-free and dairy-free on the menus.

## Vision:

- Integrating the Hot Lunch Program with the Gardening Program – beginning this spring. Plant vegetables that will be well-suited for processing for the Hot Lunch Program.
- Integrating the Hot Lunch Program with the "service" curriculum - how might classes of students participate in meal prep using the produce from our garden or other sourced for a meal later that week or to fill the freezer.
- Embracing the Hot Lunch Program by our entire community through a renewed relationship to the garden – summer help is needed to tend the garden and harvest and process produce.

Before the end of the school year, look for a survey to include your voice in further developing our Hot Lunch Program. There is a strong legacy of an amazing offering of food for our children as they take up the important work of exploring the world through Waldorf education.

Let's work together to...

## Build Community Through Food!

- Marianne Fieber-Dhara,  
Administrative Chair

## Openings for the 2017-18 School Year

PRWS has the following openings now advertised on our Employment page (<https://pleasantridgewaldorf.org/our-school/employment/>) with application instructions and job descriptions.

## Class 1 Teacher

Pleasant Ridge Waldorf School is looking for our first grade class teacher for the 2017-2018 school year. An understanding of and commitment to Waldorf Education principles along with an interest in collaboration with colleagues and parents are required qualities in candidates wishing to be considered for this position.

## Kindergarten Lead Teacher - Temporary

Pleasant Ridge Waldorf School is seeking a temporary Kindergarten Lead Teacher for 2017-2018, either a 3-month position (January-March, 2018) or an 11-month position for 2017-2018.

Please see our webpage above for complete information and instructions.

- Marianne Fieber-Dhara,  
Administrative Chair

## Tuition Statement for Tax Purposes

If you'd like a statement of tuition paid in the 2016 calendar year, please email your request to [finance@pleasantrydewaldorf.org](mailto:finance@pleasantrydewaldorf.org).

Thank you!

- Sofya Hundt, Business Manager

## OTHER

## PRWS 2017 Summer Camps

Our program for the summer is under construction! Please stay tuned for our complete brochure and registration details.

- Marianne Fieber-Dhara,  
Administrative Chair

## Coffee Fundraiser

Don't forget to pick up a fresh bag of Kickapoo Coffee in the office and support PRWS! We have 12 oz. whole beans of the Winter Solstice available for \$12.

- Jordan Brudos, Enrollment and  
Outreach Coordinator

## Winter is Still Here – but Hopefully not for Long!

Your Facilities team is ready and will be calling upon you to do your part. You will be shoveling by assigned class weeks again this season.

## Remaining Schedule

Grade 1: March 12-19

Kindergartens: March 19-26

- Jon Dehlin, Facilities Committee

## COMMUNITY NEWS

### Book Repair Workshop to be offered

The McIntosh Memorial Library of Viroqua will be hosting a workshop on how to repair damaged books. Please join us on Thursday, March 16, at 1:00 p.m. in the Library Program Room for this hands-on workshop. Librarian Kathleen Kroska will demonstrate the variety of techniques that are used to repair damaged books using specific book repair supplies. Participants are encouraged to bring with them a book they would like repaired. All participants will be provided with book repair supplies to use during the workshop. For more information please call the Library at 637-7151.

**Knowing Self: Attuning to World-saving Limitless Truth** - April 20-24 (Thursday-Monday) at Christine center, Willard, WI

With Robert Sardello and Gabriele Uhlein, OSF, PhD

Welcome to a most daunting endeavor:  
transforming our way of being in the world!

- Join in the practice of bridging inner life with world life.
- Savor the freedom and life-fullness of living from essence and truth.
- Open an inner light to the true beauty of the Living Spirit that we are
- **Support the McIntosh Memorial Library at the next Chamber SOUP Event – Wednesday, April 5, 6:00 p.m.,** at the Viroqua American Legion. What is SOUP? For a suggested \$5 donation, attendees receive soup, bread, and a vote. After listening to pitches for four different projects, attendees will vote for the one they think will benefit the city the most. At the end of the night, ballots are counted and the presenter with the most votes goes home with all of the money raised to carry out their project.
- What the library will pitch is financial support to create an indoor play space with a kitchen, work bench, and dress-up closet, as well as the materials so older children can assist in building a sand and water table for the library courtyard.



**Bulk herbs, tools, and biodynamic tinctures for sale,**

320 E. Linton St. (corner lot at N. Washington). 1:00 p.m. – 4:00 p.m., Saturday and Sunday, March 18 and 19. I'm moving and would love to have people come have tea and buy bulk herbs, tinctures, biodynamic grape alcohol, tools, books (including 300+ cookbooks)... Bring bottles and bags. We can weigh and measure, but I don't have lots of containers. Thanks to everyone. Kristine Solverson – 608-606-5436

Come fly with us! **You are invited to a Game Tasting!** Contact David to reserve a table to try the game Dragon Wings! Reserve a table for 2-6 people (kids and adults) for an hour. No charge for this event. Reservations can be made for Friday, March 17, at 12:00 p.m. or 12:30 p.m., Saturday, March 18, at 2:00 p.m. or 2:30 p.m. at The River of Ahz, 222B North Main St., Viroqua. Call or email [david@davidbreitbach.com](mailto:david@davidbreitbach.com) or 608-634-2181.

**LUNCHBOX EXPRESS COMMUNITY NEWS POLICY**

The Lunchbox Express Community News section is provided as a service to the school community. Printing of an ad does not imply endorsement by Pleasant Ridge Waldorf School.

How to Place an Ad:

1. Limit your ad to 70 words. We do not edit. We will not print ads over 70 words. If you must have a long ad, make a note & give it to the office staff to place on the bulletin board.
2. Ads will be printed only once.
3. Put your ad in the folder in the LBE's mailbox in the Office marked "Lunchbox Community News" OR e-mail ad to [info@pleasantridgewaldorf.org](mailto:info@pleasantridgewaldorf.org) with "Community News" in the subject line.
4. Deadline is Tuesdays at 8:30am. There may be occasions, due to unforeseen circumstances or space restrictions, that the Community section will not be printed. Thank you.