

Calendar

Thu Dec 15 Shepherd's Play – 6:00 p.m. – in the school gym

Thu Dec 15 Board of Directors Meeting – 7:30 p.m.

Fri Dec 16 Festival of Light – 10:45 a.m. in the school gym

Fri Dec 16 Noon Dismissal

Mon Dec 19 Alumni Reunion

Mon Dec 19 – Mon Jan 2 Holiday Break – No Classes

Mon Jan 2 PRWS Ski Day at Mt. La Crosse – see information inside – 10:00 a.m. – 3:00 p.m.

Tue Jan 3 Classes Resume

Please turn in your January Hot Lunch Forms by this Thursday morning!!

Please note that there are **additional days
on the left side of the form.**

This helps us prepare for the January 3rd
return to school.

(Thank you to those of you who have turned
yours in already!!)

Friday Assembly

Dec 16 – Festival of Light – **10:45 AM**

Jan 6 – Special Korean Welcome
Assembly – **8:20 AM**

From all of us at Pleasant Ridge Waldorf
School, we wish you all a warm, peaceful,
and blessed Holiday. See you in 2017!

What's Cooking!

A Note from Our Traveling Troupe of Players

Dear Friends,

Once again, we gather as a troupe to bring you The Shepherds' Play. This is our Annual Holiday Greeting Card to the community. We bring it humbly and with joy.

This year, we will have two performances on Thursday, **December 15, in the school gym - one at 10:50 a.m. for the students and a second performance in the evening at 6:00 p.m.** The evening performance is a free gift to all the community, so feel welcome to invite family, friends, and neighbors.

Many Blessings,

- The Traveling Troupe of Players

Festival of Light - Friday, December 16,

10:45 a.m. - PRWS Gym

To honor the season, we will celebrate the **Festival of Light** with all students in grades 1-8 performing. Please join us for this joyful, reverent, and light-filled festival. Please have students in grades 5-8 dress in **concert attire** (white tops, dark bottoms) and students in grades 1-4 dress in **festive attire**. Specific concert attire guidelines will be communicated to parents of grade 5-8 students via email. Concert attire may be borrowed from the school. Please pick up any items you need by Thursday in case it needs to be cleaned or pressed. If you have questions, please speak with your class teacher or Monika Sutherland.

- Monika Sutherland, Festival of Light
Coordinator

December Enrichment Days

It's not too late to sign your children up for our Enrichment Days offered during the break! There are three Enrichment Days for children ages 5 and up – **December 19, 20, and 21.** Join us for winter activities such as baking, singing, and crafting. You may sign your children up for a full day, morning only, or afternoon only. Cost is \$35 for a full day and \$20 for a half day. Registration forms are located outside the office. **Please register by end of day Thursday, December 15!**

- Jordan Brudos, Enrollment and
Outreach Coordinator

PRWS Ski Day at Mt. La Crosse

There will be a ski day for PRWS at Mt. La Crosse on January 2nd from 10:00 a.m. – 3:00 p.m. If you are interested in taking part in this day, please pick up a form in the office.

Prices are:

Lift Only: \$13

Lift & Ski Rental: \$18

Lift & Snowboard Rental: \$28

A **beginner's lesson** (for ages 10+) is included **FREE** of charge. Beginner lessons for younger children are:

6-9 years: \$10

5 and under: \$18

Forms and payment (checks written to PRWS) are **due by December 16th**. Please see Jordan or Nan in the office if you have any questions.

- Jordan Brudos, Enrollment and Outreach Coordinator

SAVE THE DATE – January 6th

Special Friday Assembly

Welcome to our Visitors from South Korea



- Marianne Fieber-Dhara,
Administrative Chair

Aftercare News!

We have some exciting changes happening in January! Starting in January we will be moving aftercare to the 5th grade classroom, which is located right across from the school library. Pickup locations have also changed for the 4:00 p.m. and later pickup times: Tuesdays we will be at the Flower Basket helping Arwyn in the greenhouse and taking advantage of a burner to make tea and hot cider. Fridays we will be walking to the library. Monday, Wednesday, and Thursday pickups will remain at PRWS.

According to NOAA (National Oceanic and Atmospheric Administration), it is safe enough to be outside in temperatures down to -22 degrees with the windchill for limited times (long enough to make it to The Flower Basket or Library). If our pickup location changes, you can expect a phone call from me. Please make sure your child has extra clothes with them in case clothes get wet while playing outside. We are still accepting donations for games and art supplies so on those frigid days we have fun indoor activities to participate in. Please submit your January aftercare forms if you have not already done so. Thank you!

- Courtney Maatouk, Aftercare Director

Ice Skating this Year

Each winter, the students in 1st through 8th grades have an opportunity to ice skate at the Park Bowl during their movement class, weather and ice permitting. First and 2nd grades will only go once/week. To make this possible, we will need parent support on those days to help tie skates. For 1st graders, we will need parents to meet us at the Park Bowl rink at 12:45 p.m. on Mondays. For 2nd graders, we will need parents to meet us at 12:45 p.m. on Wednesdays. **Please sign up with Nan in the office if you are able to help tie skates.**

We hope the weather favors a nice stretch of ice skating this January and February. **Lerie hopes all students will have skates within the first two weeks of school in January, if possible.** There will need to be a minimum of ¾ of the student body per class with skates to make ice skating possible.

Skates will not be available for rent from the Park Bowl. However, the school does have some skates that can be borrowed. **You may stop by the office to try on and sign up to borrow the skates during the 1st week of January.** You can also find used skates at Play it Again Sports in La Crosse, and they also can sharpen them. You can also get skates sharpened at the Viroqua Arena. Anyone with skates to sell, please notify the Lunchbox Express, and we will put an ad for you in the Community News.

It is important for all students to have good laces, blade guards, and sharpened skate blades. This makes the skates safer to skate on than those with dull blades. We recommend hockey skates for structural support and for keeping the children's feet warm. Skate guards or tote bags are essential for safety while sharp skates are being carried.

- Lerie Alstad van Ells,
Movement Teacher

Raffle Ticket Reminder

Raffle tickets are available in the office. Don't forget to pick them up! There are lots of holiday selling opportunities ahead.

- The Raffle Committee

A Parent's Holiday Faire Gratitude

Here is a note from a guest at the Holiday Faire:

I just wanted to write and express my immense gratitude to the entire Pleasant Ridge team--parents, students, and teachers--for all the love and hard work you put into the Holiday Fair. I can't imagine the hours of preparation and forethought accumulated in this transitory weekend. As someone not in the school, I'm amazed stepping into the magical world of shoppes, goodies, entertainment, and general festiveness; I look forward to the Holiday Fair perhaps more than I do Christmas itself! I'm never sure whom to thank for making all of this happen, probably too many people to reach in one breath, but please know that your efforts are noticed and much appreciated.

- Shawn Lavoie

St. Lucia Thanks

Many, many thanks for all those who helped with the St. Lucia Celebration on December, 13th. We are grateful to Alison Sandbeck, students, and families for coming in on a Sunday to ready the dough for the saffron breads and shape them. Thanks also to Mr. Schirmer and the 8th graders for sharing your light on Lucia Day.

- Catherine Young and Julee Caspers
Agar, St. Lucia Coordinators

Annual Giving Update

Thanks to all who sent a financial contribution or pledged to do so in the coming months. From the parent/staff group we have had 13 people return the pledge card, which resulted in 10 new gifts and together with all of the areas to pledge to, there is a total of \$5,885 toward our goal. Several people committed to use the Scrip program and others to sell more raffle tickets. All of this good energy will make a big difference. If you haven't already filled out the pledge, please take time over the break to consider your appreciation for the school's tuition adjustment program. During the last 2 weeks, we have mailed appeal letters to friends, alumni/parents/staff, grandparents and other relatives who are on our donor list. It is not too late to give us names of others – we can send an appeal at any time.

- Mary Christenson, Development

Want Extra Help Staying Warm in the Winter?

The Flower Basket greenhouses would love to share their energy!

Every Tuesday, we will be holding work parties inside the greenhouses, with light, humidity, and oxygen included!

Projects vary with helpers' abilities.

Any time you'd like to join us between 9:00 a.m. and 4:00 p.m., we will thank you!

- Arwyn Wildingway, Manager

Seeking Board Games and Art Supplies

The Aftercare and Enrichment Day Programs are seeking donations of board games that would be appropriate for ages 5-10 year olds. Art supplies are also needed. Please drop off of any games or art supplies in the office. Thanks!

- Jordan Brudos, Enrollment and
Outreach Coordinator

Winter Session of Parent-Infant and Parent-Child

The winter session of Parent-Infant and Parent-Child classes begins the **week of January 9th**.

Parent-Infant (0-12 months) meets on Tuesdays from 8:30 a.m. – 10:00 a.m. - \$100

Parent-Child (ages 1-4) meets weekly (M, W, Th, or F) from 8:30 a.m. - 10:30 a.m. - \$120

For more details see:

<http://pleasantridgewaldorf.org/programs/parent-child/>.

Come try your first class for FREE!

Gift Certificates are also available.

Contact Jordan Brudos at 637-7828 or enrollment@pleasantridgewaldorf.org to register for a session.

- Jordan Brudos, Enrollment and Outreach Coordinator

Winter is Coming!

Your Facilities team is gearing up and will be calling upon you to do your part. You will be shoveling by assigned class weeks again this season.

Remaining Schedule

Grade 3: December 11-18

FACILITIES: December 18-January 1

Grade 2: January 1-8

Grade 1: January 8-15

Kindergartens: January 15-22

Grade 8: January 22-29

Grade 7: January 29-February 5

Grade 6: February 5-12

Grade 5: February 12-19

Grade 4: February 19-26

Grade 3: February 26-March 5

Grade 2: March 5-12

Grade 1: March 12-19

Kindergartens: March 19-26

- Jon Dehlin, Facilities Committee

COMMUNITY NEWS

Office space to share in the Landmark Center – call for details - Mary at 608-606-5296

YIHS Alumni & Families—IT'S TIME TO RECONNECT TO THE MOTHERSHIP! Friday, December 23, 5:00 p.m. – 9:00 p.m., at YIHS.

Come celebrate the 20th Anniversary of Youth Initiative "the little school that could." Reconnect with students and faculty, past and present. Journey through time and space together to experience a potluck feast, toast our dedicated founders, and share stories of our many adventures together. All alumni, faculty, and alumni family members welcome!

YIHS Holiday Ball - Come join us for a Holiday Ball!

This will be a family friendly event hosted by Youth Initiative High School on the third floor of the Landmark Center, 2:00 p.m. – 4:00 p.m. on Friday the 16th. We'll have dance lessons, treats, and live music. A student jazz band will be featured, as well as other talented local musicians. Kids 12 and under \$2, adults \$5, and family price \$10. All proceeds will go to Standing Rock Legal Defense.

Parent Education Opportunity: Spatial Dynamics

Class. Wednesday mornings after drop-off from 8:30 a.m. – 9:30 a.m. in the Old Main Building at 321 E. Decker St. AnnaJo Doerr is a Movement Teacher and Therapist certified in Spatial Dynamics. She has been a dancer, physical theatre artist, performer, and a teacher, among a few other roles in life. She lives locally, is an alumni of PRWS, and is the mother of two children. This ongoing course in Spatial Dynamics on Wednesday mornings at the Old Main Building will be custom-crafted for those who attend. We will explore movement principles that can enhance our everyday living, do meditative quiet movements, play with posture and possible enhancements, practice Bothmer gymnastics, engage in Movement games, and possibly discuss pedagogy and child development on occasion. Suggested donation of \$10 per class. Please plan to attend a minimum of 3 classes.

Upcoming classes are on December 21, December 28, and January 4.

Dear Pleasant Ridge Community,
My name is Corinne Horan. I am a eurythmy student in Spring Valley, NY, in the final year of my training. I am **reaching out asking for funding to help pay for my tuition cost this year**. Please go to my Gofundme page and watch my short video and share it with anyone you know who wants to support eurythmy. Gofundme link- <https://www.gofundme.com/corinnefund>. Many thanks, Corinne

House For Rent - Cute 3-bedroom, blue house for rent near PRWs at 403 Oak St., Viroqua. Lots of natural light, 1 bedroom on 1st floor, 2 bedrooms upstairs, plus office/playroom landing. Lots of closet space. Pets allowed. Well insulated. Farmhouse feel on a corner lot with productive garden plot, including lots of berries and perennials. 1-car garage. \$925/mo. plus utilities. Available February 1. Contact Sonya Newenhouse [\(608\) 220-8029](tel:6082208029) or sonya@madisonenvironmental.com.

2017 Waldorf Arts Calendar - The special place art enjoys in the Waldorf curriculum is beautifully illustrated in [this gorgeous Waldorf Arts Wall Calendar](#). The 15-month calendar runs from January 2017-March 2018 and is printed in full color on FSC-certified, 30% post-consumer waste, recycled paper; size is 12"x9" (opens to 12"x18"). Calendars are priced \$18 (\$15 for orders of 10 or more). Order online [here](#) <http://www.summerfieldws.org/2017wallcalendar/>.

Moving Together dance class for ages 1-3 with caregiver - Thursdays January 5 - February 9, 5:00 p.m. - 5:30 p.m. at the ARK. Moving Together offers a chance to connect with your child through movement, song, and touch. Contact Mandy Herrick at herricam@gmail.com to register. \$30 for the whole session - www.mandyherrick.com.

Adult Movement Improvisation class! January 5 - February 8, Sundays 1:00p.m. - 2:15 p.m. at the Old Main Building at 321 E. Decker. We will cultivate body awareness through mind/body explorations, pathways in space, and alignment practices. Based in somatic movement principals, this class will have us tune into our breath and body and ask how we can inspire our own movement. We will also explore Contact Improvisation. \$55 whole session, \$12 drop-in. Contact Mandy at herricam@gmail.com, www.mandyherrick.com

Introduction to Evolutionary Astrology

6 Wednesdays at 6:30 p.m. 1/11/17-2/15/17
Streaming Online or Landmark Center, Viroqua, WI
This 6-week series will explore in-depth the history of astrology, how and why it works, definitions of planets, signs, and houses, and more. Students will learn the intricacies of their own charts and gain the knowledge to observe the movements of the Archetypes and how to engage them consciously. Each class will conclude with a name pulled out of the sorting hat for a mini-reading citing examples. Cost: \$144 for 6 2-hour classes...Student discount
Ryan Evans is a certified Master Evolutionary Astrologer.
Email flowerman1111@yahoo.com if or call 1-608-634-2745

Gift Books and Stocking Stuffers! Come visit

Christopherus Homeschool Resources in our new storefront at 207 S Main Street in Viroqua. For younger children - Beautifully illustrated books by Elsa Beskow and Astrid Lindgren. For ages 6 - 9 - The Wishcatchers and Adventures of Scoochie Mouse. For ages 9 - 12 - D'Aulaires Books of Norse Myths and Greek Myths. For the family - The Christmas Story Book and The Waldorf Book of Breads. We also carry beeswax crayons, modeling beeswax, felt, knitting kits for age 9 - 12, tree blocks, art prints, holiday cards and more. Monday through Saturday, 11:00 a.m. - 4:00 p.m. with hours extended until 7:00 p.m. on Thursday evenings. www.christopherushomeschool.org

LUNCHBOX EXPRESS COMMUNITY NEWS POLICY

The Lunchbox Express Community News section is provided as a service to the school community. Printing of an ad does not imply endorsement by Pleasant Ridge Waldorf School.

How to Place an Ad:

1. Limit your ad to 70 words. We do not edit. We will not print ads over 70 words. If you must have a long ad, make a note & give it to the office staff to place on the bulletin board.
2. Ads will be printed only once.
3. Put your ad in the folder in the LBE's mailbox in the Office marked "Lunchbox Community News" OR e-mail ad to info@pleasantridgewaldorf.org with "Community News" in the subject line.
4. Deadline is Tuesdays at 8:30am. There may be occasions, due to unforeseen circumstances or space restrictions, that the Community section will not be printed. Thank you.



January

Registrations Due:

12-Dec

Aftercare Registration

Monday - Friday 2:45-5:30 pm

Parent Name: _____ Emergency Phone: _____

Address: _____ Home phone: _____

Child Name: _____ Age: _____

OPTION A

Instructions: Choose one of the following to register for every school day with a consistent pick up time.

Totals below reflect the 5% discount for regular monthly registrations.

<input type="checkbox"/> 2:45 - 3:30 (\$114) <input type="checkbox"/> 2:45 - 4:00 (\$171) <input type="checkbox"/> 2:45 - 4:30 (\$228)	<input type="checkbox"/> 2:45 - 5:00 (\$285) <input type="checkbox"/> 2:45 - 5:30 (\$342)
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A la Carte Price Code:

2:45 to 3:30 - \$6
 2:45 to 4:00 - \$9
 2:45 to 4:30 - \$12
 2:45 to 5:00 - \$15
 2:45 to 5:30 - \$18

OR

Check the pick-up time for the dates you require aftercare.

Using the cost key, complete weekly and monthly totals below and submit payment.

OPTION B	Monday		Tuesday		Wednesday		Thursday		Friday	
			3		4		5		6	
	3:30		3:30		3:30		3:30		3:30	
	4:00		4:00		4:00		4:00		4:00	
	4:30		4:30		4:30		4:30		4:30	
	5:00		5:00		5:00		5:00		5:00	
	5:30		5:30		5:30		5:30		5:30	
9			10		11		12		13	
	3:30		3:30		3:30		3:30		3:30	
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16			17		18		19		20	
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30			31							
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	5:30		5:30		5:30		5:30		5:30	

Weekly Total

Month total