

Lunchbox Express

An education for heart, hands, and head

October 25, 2017

Calendar

Wed Oct 25 5th Grade Parent Meeting – 4:00 p.m. – 5:30 p.m. – in the 5th Grade classroom

Thu Oct 26 1st Grade Parent Meeting – 5:30 p.m.

<u>Fri Oct 27</u> – Faculty In-Service – **No School – Enrichment Day Available** – see details at right

Fri Oct 27 Game Night & Meal – 5:00 p.m. – 8:00 p.m. – see info to right for details

Mon-Wed Oct 30 - Nov I Parent/Teacher Conferences - No School - Enrichment Day Available - see info to right for details

Tue Oct 31 Enchanted Forest – 3:00 p.m. – 5:00 p.m. – Hubbard Hills – see inside for details

Mon Nov 6 2nd Grade Parent Evening – 5:30 p.m. – 7:00 p.m.

<u>Tue Nov 7</u> Photo Retake Day – **Kindergartners 7:45 a.m. – 8:00 a.m.** – others during school

Wed Nov 8 Monthly Open House – 8:20 a.m. – meet in the Parent-Child room

Wed Nov 8 5th Grade Field Trip

Friday Assembly Assembly begins at 8:20 AM

Oct 27 —No School Nov 3 —Community Conversation and Martinmas Song Singing Nov 10—Open Assembly

What's Cooking!

PRWS Supper and Game Night

Come have supper and play some games together on October 27th from 5:00 p.m. – 8:00 p.m. at the school. There will be board games for all ages. The 7th grade class will be selling food to raise money for their 8th grade class trip, so no need to make supper before you come! On the menu is soup (vegetarian and gluten-free options available), bread, baked apples with ice cream, popcorn and beverages. We hope to see you there!

PRWS Parent Association

Parent/Teacher Conferences

This year's Parent/Teacher Conferences are scheduled for October 30th, 31st, and November 1st. To make an appointment with your child's classroom teacher, please look for the signup forms that will soon be hanging on the bulletin board across from the office. Subject teachers welcome parents to call them directly to set up times to discuss your child's class experiences in Music, Spanish, Eurythmy, Handwork, or Movement.

This is also the time of year that we seek feedback about our Class and Subject teachers. Feedback forms are available in the front office. Please take a few moments to provide your reflective feedback to our teachers, then, drop them off in the office.

Amy Hazell, Administrative Chair

Upcoming Enrichment Days

October 27, 30, 31, and November 1

Are you looking for someplace for your child(ren) to be during the upcoming in-service and Parent/Teacher conference days? Join Ms. Sequoyah for fun crafting and outside play and games. Registrations forms are available across from the office. Rates are \$35 for a whole day (8:30 a.m. - 4:30 p.m.) or \$20 for a half-day (either 8:30 a.m. - 12:30 p.m. **OR** 12:30 p-m. - 4:30 p.m.). Multiple-child discounts are available. Stop by the office with any questions.

 Jordan Brudos, Enrollment and Outreach Coordinator



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UPCOMING EVENTS

Enchanted Forest

This year's Enchanted Forest, hosted by the 8th Grade class as a fundraiser for their 8th Grade trip, will be **Tuesday**, **October 31st**, **from 3:00 p.m. to 5:00 p.m.**

The Enchanted Forest will take place at Hubbard Hills. There will be parking at the end of W. Maple St. in the pasture area, this year. Concessions will again be sold by 8th grade parents. Fees are \$2 per person or \$7 per family. There are no bathroom facilities at the site, so please come prepared!

- Paula Grenier, Enchanted Forest Coordinator

<u>Substitute Teacher Orientation</u> Monday, October 30th

9:00 a.m. - 10:15 a.m.

If you are interested in stepping into the classroom as a substitute, please come to this orientation. This is one of the steps to being put on the roster of available subs.

Other steps include the following:

- Completion of an application and background check
- Conversation with members of the Personnel Committee
- Attendance at a monthly Open House
- Classroom visits

Substitutes are loved and greatly valued at Pleasant Ridge Waldorf School!

- Amy Hazell, Administrative Chair

<u>Community Conversation and Martinmas</u> Song Singing

On Friday, November 3, at 8:20 a.m., join us as we learn more about the role of festivals within the Waldorf curriculum. Then we will have several song leaders teaching us Martinmas songs to prepare for the Lantern Walk on November 10.

- Amy Hazell, Administrative Chair

Clothing Swap

The PRWS Clothing Swap will be coming up on **November 11th**, **from 11:00 a.m. – 2:00 p.m.**, in the PRWS gym. Start gathering your clothes and outerwear that you are ready to pass on. Donations can start being dropped off in the office on November 6th.

- PRWS Parent Association

Adult Education Study Sessions

Mr. Joshua Ecklund has organized two weekly studies that are open for adults. The first is a free **Friday morning (10:50 a.m. - 12:00 p.m.)** study of Rudolf Steiner's 'Theosophy,' in which we shall read and discuss the topic. The second is an exploration of the new sibling of the arts, Eurythmy, which shall take place **Wednesday afternoons from 4:00 p.m. - 5:00 p.m.** (cost: \$5-\$10 per session). Both take place at Ye Auld Maine Building at 321 E. Decker.

Joshua Ecklund, Eurythmy Teacher

Photo Retake Day Information

If your child was absent on the original school photo day or you feel that your child did not look his or her best in the photo, the photo retake day will be on Tuesday, November 7th. Kindergarten parents should bring their children to the school library between 7:45 a.m. and 8:00 a.m. The grades students will have their photos taken during the school day. There is no additional cost for the retake photo if your child was absent on the original photo day; however, if you are asking for a reshoot because you didn't like your child's expression or hair, then there will be a \$10 charge for the retake. Please contact Drew Shonka by November 3rd at 637-2393 or gshonka@hotmail.com to schedule your photo retake.

Drew Shonka Photography

DATE CHANGE for the Spring Concert!

Please update your calendars. The Spring Concert will **NOT** be in March. **The new date is Friday, April 20**th. Please join us then.

- Monika Sutherland, Music Teacher



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SAVE THE DATE!

The Holiday Faire is December 1st and 2nd

We are seeking vendors of artisan, handmade items for our Holiday Faire! Vendor applications for the Faire are now available online at:

https://pleasantridgewaldorf.org/our-school/holiday-faire/. Please see the webpage for contact and application information or contact Angie Lemar at holidayfairevending@gmail.com.

- Holiday Faire Committee

IN OTHER NEWS

Looking for Host Families

Are you looking to earn a little extra cash after the holidays and participate in a fun, cultural experience? Consider hosting a South Korean student during their four-week visit to Viroqua and PRWS this January. We are still looking for one or two more families who are interested in hosting. A hosting fee will be provided to families opening their homes to these students. Please contact Jordan at 637-7828 or enrollment@pleasantridgewaldorf.org for more information.

- Jordan Brudos, Enrollment and Outreach Coordinator

New Oven for the Kitchen!

We are so pleased to announce that we have purchased a very much-needed, brand new oven for our kitchen. Our dedicated team of staff, committee members, and volunteers moved quickly to plan, order, transport, and install the high-efficiency gas oven this past weekend, ready for the baking demands of our busy kitchen on Monday. This is like the holidays and a birthday all-in-one for our very grateful cook, Julie Turino. A special thanks to Joel Turino and Mark Brudos for organizing and transporting the oven across the state. It took several strong folks to set it in place in the kitchen. Thank you Joel, Mark, and Dan Brown for all the help!

Amy Hazell, Administrative Chair

We've Got Coffee!

Don't forget to pick up a fresh bag of Kickapoo Coffee in the office and support PRWS! We have 12 oz. bags of whole beans of the Harvest Blend available in the office for \$12. This will be an on-going fundraiser for PRWS this year!

> - Jordan Brudos, Enrollment and Outreach Coordinator

<u>Dragon Wings - An Adventure Board</u> Game Fundraiser

PRWS alumni parent, David Breitbach, has designed a game with his daughter, Kessie, and is offering a fundraising opportunity for the school. Each game that is sold through the school earns \$5 for the school. At game night last spring we had a couple prototypes of the game to play. People enjoyed it because it was easy for both children and adults to engage in the fun.

All the sales of *Dragon Wings* are on dragonwingsgame.com (please follow this link so that PRWS earns the \$5 when you buy.)
Orders need to be placed in October, and the game will be delivered in early December. You will be one of the few to have one! The first game sold, just last week, is going to an anthroposophical kibbutz in Israel.
Also, those who select "Local Pickup" get \$10 off the game price and don't have to pay for

This is how David describes it:

shipping.

The world is a bit crazy right now! People, families, nations...are relating at an all time low! The Dragon Wings game is a powerful step to change all this! It helps kids (and parents) learn to relate and bond. It raises their emotional IQ. With Dragon Wings, kids and adults seem to forget about their phones, iPads, and TV for a while. In fact, from those who have played it a lot, a big change starts happening around the house.

"If we are to reach real peace in this world..., we shall have to **begin with children**." Mohandas Gandhi

"Teach a child to relate, and **they'll be loved for a lifetime.**" David Breitbach

Mary Christenson, Development Director



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Parent Feedback - Reminder

Parent feedback forms have been included in the last couple of Lunchbox Express newsletters and are available in the school office. Comments and suggestions from parents are

part of our annual evaluation processes for faculty as well as staff. We would like to have these forms before the Thanksgiving break.

Please turn in completed forms to the box in the front office.

Our faculty evaluation process includes the completion of a self-evaluation, classroom observation by another faculty member, and colleague and parent feedback shared through a face-to-face conversation.

This full evaluation process is completed every other year. During the alternate year, the evaluation consists of colleague and parent feedback delivered through a face-to-face conversation with a member of the Personnel Committee.

We value parent participation in this process. Thank you.

Amy Hazell, Personnel Committee

Directory Updates

Unfortunately, there are always a few mistakes in the directory. Here are a few corrections and updates:

Please add Raia Meyer (8) to the Meyer family.

Calliope Lemar joined the Violet Kindergarten shortly after the school year started.

The **Max-Funovitz family** (Cree and Franz) rejoined the school after school started. They have Bella in 4th grade, Colette in 2nd grade, and Augie in the Violet Kindergarten. Their address is E5635 Ostrem Rd., Viroqua. Cree's phone number is 224-406-4306.

Leela Vina-Tromp rejoined the 7th grade after the start of the school year.

Josie (6th) and Cyrus (3rd) Hundt rejoined their classes after the start of the school year.

Nan Marshall, Office Manager

COMMUNITY NEWS

So Glad I'm Here: Songs of Empowerment and Freedom from the African American Music Tradition

Please join Dodie Whitaker for an interactive evening of song on Thursday, November 2, at 6:30 p.m. at the Landmark Center Auditorium. Admission is free, but donations for this event will go towards Addisu Newenhouse Wright's relatives in Ethiopia. Suggested donation is \$5. Please contact Dodie at (608) 632-0150 or dodiewhitaker@gmail.com for more information.

Dog looking for a new home - Distinguished, gentleman dog, Huck, seeking new home ASAP. Healthy, sweet, and gentle. Loves children and does great with other animals! Lab mix, 12 years old. Current on all shots. Will make an excellent lion for trick-or-treaters. Call Hannah Park-Goldmann at 608-632-1784.

Two European tours with Waldorf/Anthroposophical themes are offered by Sarnia Guiton of Sophia Services for 2018. "In Search of Knights Templar in Portugal"

The Knights Templar are well known for their activities in Jerusalem and the Holy Land in the Middle Ages following the First Crusade. Their demise in 1307 is also well known. What is not so well known is the belief that their activities in Portugal, working with Bernard of Clairvaux and Portuguese Templar Kings over several generations, formed a Kingdom of Conscience with laws that are echoed in Rudolf Steiner's Threefold Social Order. "In Search of the Future - in Hungary, Romania & Bulgaria" Anthroposophy was planted in these Eastern European countries early in the last century. Communism kept it underground, prompting it to grow strong roots. At the end of that era, it grew strong and firm above ground and blossomed with joy that it could now be free. We have known none of that in the West. On this tour we will explore what has been happening anthroposophically in Eastern Europe in the last 25 years and if we have anything to contribute or to bring back home from our experience. For more information, please contact www.sophiaservices.ca or sarnia@sophiaservices.ca

The Viroqua Healing Arts Center welcomes Angie Roherty, LMT.

Angie has been a state-licensed and nationally certified massage therapist since 2002. She specializes in the Arvigo Technique of Maya Abdominal Therapy® (ATMAT), the Raindrop Technique®, therapeutic, lymphatic, pregnancy, and infant and pediatric massage. Angie also has experience helping clients with healthy eating and lifestyle tips, and can guide you in using herbs and essential oils safely and effectively.

LUNCHBOX EXPRESS COMMUNITY NEWS POLICY

The Lunchbox Express Community News section is provided as a service to the school community. Printing of an ad does not imply endorsement by Pleasant Ridge Waldorf School. How to Place an Ad:

- 1. Limit your ad to 70 words. We do not edit. We will not print ads over 70 words. If you must have a long ad, make a note & give it to the office staff to place on the bulletin board.
- 2. Ads will be printed only once.
- 3. Put your ad in the folder in the LBE's mailbox in the Office marked "Lunchbox Community News" OR e-mail ad to info@pleasantridgewaldorf.org with "Community News" in the subject line.
- 4. Deadline is Tuesdays at 8:30am. There may be occasions, due to unforeseen circumstances or space restrictions, that the Community section will not be printed. Thank you.