

## Calendar

**Wed-Thu Oct 11-12** 6<sup>th</sup> Grade Field Trip

**Fri Oct 13** Grandparents and Special Friends Day

**Mon Oct 16** 3<sup>rd</sup> Grade Parent Meeting – 5:30 p.m. – 7:00 p.m. – in the 3<sup>rd</sup> grade classroom

**Tue Oct 17** School Photo Day

**Fri Oct 20** 5<sup>th</sup> Grade Field Trip – 9:00 a.m. – 10:30 a.m.

**Sat Oct 21** “What do Dads Say About PRWS?” Find out from 9:00 a.m. – 10:00 a.m. – see inside for details

**Sat Oct 21** Dad’s Day Out – Disc golfing – 10:30 a.m. – see inside for details

**Tue Oct 24** 4<sup>th</sup> Grade Parent Meeting – 5:30 p.m. – 7:00 p.m. – in the 4<sup>th</sup> Grade classroom

**Tue Oct 24** 5<sup>th</sup> Grade Parent Meeting – 4:00 p.m. – 5:30 p.m. – in the 5<sup>th</sup> Grade classroom

**Thu Oct 26** 1<sup>st</sup> Grade Parent Meeting – 5:30 p.m.

### **November Hot Lunch Form is Attached!**

Please return November hot lunch forms by October 18<sup>th</sup>. Watch for an email leading to the links for the November hot lunch volunteer form coming soon!

## Friday Assembly

Assembly begins at 8:20 AM

Oct 13 —Grandparents and Special  
Friends Day

Oct 20 —Even Assembly

Oct 27 —No School

## What’s Cooking!

### Grandparents and Special Friends Day

**Friday, October 13, 2017**

The schedule for the event is below:

8:20 a.m.	Student assembly in gym
9:00 a.m.	Visit your grandchild’s grade classroom <b>OR</b> Program for all kindergarteners – <u>Cherry Blossom Kindergarten</u>
10:00 a.m.	Reception in the gym with an alumni speaker
11:00 a.m.	Visit subject classes <b>OR</b> tour Greenspace & school garden
Noon	Luncheon in the gym

Please help us get an accurate count by encouraging your parents to RSVP if they are coming, or you can let us know by email at [mary@pleasantridgewaldorf.org](mailto:mary@pleasantridgewaldorf.org) or [cynthia@pleasantridgewaldorf.org](mailto:cynthia@pleasantridgewaldorf.org) or phone message at 608-637-8504.

Parents, please note that the luncheon is only for our grandparent guests; the children will bring their lunches as usual on Friday and eat with their class in their classrooms.

- Mary Christenson, Development Director

### School Store News

The School Store will be open and expanded this Friday morning as we welcome our Grandparents and Special Friends to our school. School Store staff will be on hand to help you with your purchases all morning until after lunch. School Store items are also available at Ewetopia, located at 122 S. Main St. in Viroqua.

- School Store Team

### School Photo Day is October 17<sup>th</sup>

#### See inside for details

Families with Kindergarten children will need to bring their children before school starts for their photos.

## UPCOMING EVENTS

### School Photo Day is Tuesday, October 17<sup>th</sup>

School photo day is Tuesday, October 17<sup>th</sup>. Extra registration forms will be passed out by the class teachers and also available in the office if you need them. The forms should be turned in to your child's teacher. Photo retakes will follow three to four weeks later (date TBD), and you should have your photos well in time for the holidays.

#### **KINDERGARTEN FAMILIES – Please note:**

In order to minimize the disturbance to the daily rhythm that the kindergarten children are just getting used to, we are asking that you bring your children to the school library before the start of the kindergarten morning on October 17<sup>th</sup>. Mr. Shonka, will be available to take **kindergarten children photos** from **7:30 a.m. – 8:00 a.m.** that morning. If you have any questions, please call the office.

- Nan Marshall, Office Manager

### What do Dads Say About Pleasant Ridge Waldorf School?

On **October 21, from 9:00 a.m. – 10:00 a.m.**, join PRWS Dads for a Q&A panel discussion on PRWS and Waldorf education. Come hear their stories of how they came to PRWS and what they have learned along the way. This event is open to everyone, not just the Dads! Following the event there will be a "Dads Morning Out" where they will be hitting the disc golf course at Vernon Hills – so don't forget your discs (there will be plenty to borrow too). Please reserve a spot by emailing Jordan at [enrollment@pleasantridgewaldorf.org](mailto:enrollment@pleasantridgewaldorf.org).

- Jordan Brudos, Enrollment and Outreach Coordinator

### News from the Parent Association

Here are some upcoming events that we hope you can join us for:

**Oct. 21 at 10:30 a.m.** – Dads' Day Out (Disc golfing at Vernon Hills, behind the VFW)

**Oct. 27 at 5:00 p.m.** – PRWS Game Night and Dinner (**NOTE NEW DATE**) – at the school

**Nov. 11 from 11:00 a.m. – 2:00 p.m.** – Clothing Swap – details will follow closer to the event

We are always looking for new members to join the Parent Association. If you are interested in community building and planning fun events, please contact Jordan at [jordan@brudos.net](mailto:jordan@brudos.net). Our next meeting is scheduled for October 29 at 10:00 a.m. Please contact Jordan for directions if you are interested.

- PRWS Parent Association

### Parent/Teacher Conferences

This year's Parent/Teacher Conferences are scheduled for **October 30, 31, and November 1<sup>st</sup>**. To make an appointment with your child's classroom teacher, please look for the signup forms that will soon be hanging on the bulletin board across from the office. Subject teachers welcome parents to call them directly to set up times to discuss your child's class experiences in Music, Spanish, Eurythmy, Handwork, or Movement. This is also the time of year that we seek feedback about our Class and Subject teachers. Feedback forms are included in this edition of the Lunchbox Express. Please print these at home and take a few moments to provide your reflective feedback to our teachers, then, drop them off in the office. Copies of these forms will also be available for parents in the office.

- Amy Hazell, Administrative Chair

### Upcoming Enrichment Days

#### **October 27, 30, 31, and November 1**

Are you looking for someplace for your child(ren) to be during the upcoming in-service and Parent/Teacher conference days? Join Ms. Sequoyah for fun crafting and outside play and games. Registrations forms are available across from the office. Rates are \$35 for a whole day (8:30 a.m. - 4:30 p.m.) or \$20 for a half-day (either 8:30 a.m. - 12:30 p.m. **OR** 12:30 p.m. - 4:30 p.m.). Multiple-child discounts are available. Stop by the office with any questions.

- Jordan Brudos, Enrollment and Outreach Coordinator

## Enchanted Forest

This year's Enchanted Forest, hosted by the 8<sup>th</sup> Grade class as a fundraiser for their 8<sup>th</sup> Grade trip, will be **Tuesday, October 31<sup>st</sup>, from 3:00 p.m. to 5:00 p.m.**

The Enchanted Forest will take place at Hubbard Hills. There will be parking at the end of W. Maple St. in the pasture area, this year. Concessions will again be sold by 8th grade parents. Fees are \$2 per person or \$7 per family. There are no bathroom facilities at the site, so please come prepared!

- Paula Grenier,  
Enchanted Forest Coordinator

## SAVE THE DATE!

### The Holiday Faire is December 1<sup>st</sup> and 2<sup>nd</sup>

We are seeking vendors of artisan, handmade items for our Holiday Faire! Vendor applications for the Faire are now available online at:

<https://pleasantridgewaldorf.org/our-school/holiday-faire/> . Please see the webpage for contact and application information or contact Angie Lemar at [holidayfairevending@gmail.com](mailto:holidayfairevending@gmail.com).

- Holiday Faire Committee

# WHAT'S NEW

## Have You Heard?

### ...Pumpkin is the New Bacon!

Seventh grade has organic pie pumpkins for sale to fulfill your pumpkin cooking and baking needs -- pumpkin brownies (yes, brownies), bread, muffins, cheesecake, cookies, blondies, scones, shakes, pancakes, soup, and, of course, pumpkin pie. With each sale we will include my husband Mike's famous pumpkin pie recipe!

You can find the pumpkins in the front hallway for a mere \$3 (small) - \$4 (large). This is a 7<sup>th</sup> grade fundraiser for their culminating 8<sup>th</sup> grade trip.

## Please Welcome a New Family Member!

Perennial West Herrick Bartelt was born to Mandy Herrick and Kyle Bartelt at home on October 8, 2017. He was 7 lb 3 oz. and 20 inches long. He joins brothers October (6) and Rio (2). Many thanks!

Jordan Brudos has set up a Meal Train for the family. Please click on the link to offer meals to the family in this joyous time:  
<https://www.mealtrain.com/trains/vq62yz>.



- Bartelt/Herrick Family

## Adult Education Study Sessions

Mr. Joshua Ecklund has organized two weekly studies that are open for adults.

The first is a free **Friday morning (10:50 a.m. - 12:00 p.m.)** study of Rudolf Steiner's 'Theosophy,' in which we shall read and discuss the topic.

The second is an exploration of the new sibling of the arts, Eurythmy, which shall take place **Wednesday afternoons from 4:00 p.m. - 5:00 p.m.** (cost: \$5-\$10 per session).



Both take place at Ye Auld Maine Building;  
northwest corner of Washington St. and Decker  
St. (eurythmy room).

- Joshua Ecklund, Eurythmy Teacher

## IN OTHER NEWS

### Seeking Substitute Teachers and Office Volunteers

We are looking to add to our list of substitute teachers for the upcoming year. If you are interested, please give Nan a call in the office. We'd love to help you get started.

We are also looking for additional volunteers for helping out in the office. This would be on an occasional, as-needed basis. Some training would be involved. Please call Nan in the office if you are interested.

-Nan Marshall, Office Manager

### We've Got Coffee!

Don't forget to pick up a fresh bag of Kickapoo Coffee in the office and support PRWS! We have 12 oz. bags of whole beans of the Harvest Blend available in the office for \$12. This will be an on-going fundraiser for PRWS this year!

- Jordan Brudos, Enrollment and Outreach Coordinator

### Dragon Wings - An Adventure Board Game Fundraiser

PRWS alumni parent, David Breitbach, has designed a game with his daughter, Kessie, and is offering a fundraising opportunity for the school. **Each game that is sold through the school earns \$5 for the school.** At game night last spring we had a couple prototypes of the game to play. People enjoyed it because it was easy for both children and adults to engage in the fun.

All the sales of *Dragon Wings* are on [dragonwingsgame.com](http://dragonwingsgame.com) (please follow this link so that PRWS earns the \$5 when you buy.) Orders need to be placed in October, and the game will be delivered in early December. You

will be one of the few to have one! The first game sold, just last week, is going to an anthroposophical kibbutz in Israel.

Also, those who select "Local Pickup" get \$10 off the game price and don't have to pay for shipping.

This is how David describes it:

The world is a bit crazy right now! People, families, nations...are relating at an all time low!

**The Dragon Wings game is a powerful step to change all this!** It helps kids (and parents) learn to relate and bond. It raises their emotional IQ. With Dragon Wings, kids and adults seem to forget about their phones, iPads, and TV for a while. In fact, from those who have played it a lot, a big change starts happening around the house. So, let's get this into the hands of as many kids as we can.

"If we are to reach real peace in this world..., we shall have to **begin with children.**"

Mohandas Gandhi

"Teach a child to relate, and **they'll be loved for a lifetime.**" David Breitbach

- Mary Christenson, Development Director

## COMMUNITY NEWS

### **Want to be IN the Viroqua Harvest Parade this year?**

If you don't have a costume but still want to participate, there are often plenty of extra costumes. Join us at the Parade Lineup at 1:00 p.m. on Saturday, October 14<sup>th</sup>, on the PRWS playground. The parade begins at 2:00 p.m. See you on parade day!!

For up to date event information:

<https://www.facebook.com/viroquaharvest/>. **TRUTH**

**BE TOLD - Theme: Turning of the Tide**

October 20<sup>th</sup> at the Landmark Center Auditorium, 500 E. Jefferson St., Viroqua, WI. An inspiring evening of storytelling and a much-anticipated Youth Initiative H.S. fundraiser. Usually sells out!

Doors open @ 7:00 p.m.

Storytelling @ 7:30 p.m.

Pre-Sale: \$10 At the Door; \$12

**For 13 and up. Tickets at the Viroqua Food Co-op and online at [yihs.net](http://yihs.net). Check Facebook for details and updates.**

## **Defending Life and Land: Youth Activism in Guatemala and Viroqua**

Tuesday, October 17<sup>th</sup>, at 7:00 p.m. at the Kickapoo Coffee Cafe (on S. Main), we will be gathering for a presentation by Alex Escobar, a Guatemalan teacher and youth activist. A discussion with a local youth activist will follow. Coffee and snacks will be for sale. Sponsored by KGAP (Kickapoo/Guatemala Accompaniment Project), YIHS, Kickapoo Coffee, and NISGUA (Network in Solidarity with the people of Guatemala). FB

event: <https://www.facebook.com/events/121502615166536/>.

**Dog seeking home!** Distinguished, gentleman dog, Huck, seeking new home ASAP. Healthy, sweet, and gentle. Loves children and does great with other animals - hamsters too! Lab mix, 12 years old. Current on all shots. Will make an excellent lion for trick or treaters. Call Hannah Park-Goldmann at 608-632-1784.

## **My School Color Run**

Hosted by: Viroqua High School Student Council

Date & Location: November 4, 2017 at the

James P. Bigley Pavilion (Football Field) on Ben Lawton Drive

Check in Time: 9:00 a.m.

Start Time: 10:00 a.m.

Course : This color walk/run features a designated 3.1 mile course. During the race, participants are doused with color at various color stations ending with one final color celebration at the finish line.

Registration

Please make checks to Viroqua Area Schools

Early Adult Registration Fee: \$20.00      Late Adult Registration Fee: \$25.00

Early 12 and Under Registration Fee: \$15.00

Late 12 and Under Registration Fee: \$20.00

The registration fee includes run/walk registration, individual color packet, race bib, and a My School Color Run T-shirt. **Promotional items only guaranteed if you sign up before 10/20/2017**

Pre & Post Race

Join the fun! Music, Concessions, Refreshments and Raffles!

Stop by the PRWS Office to get a registration form.

## **LUNCHBOX EXPRESS COMMUNITY NEWS POLICY**

The Lunchbox Express Community News section is provided as a service to the school community. Printing of an ad does not imply endorsement by Pleasant Ridge Waldorf School.

How to Place an Ad:

1. Limit your ad to 70 words. We do not edit. We will not print ads over 70 words. If you must have a long ad, make a note & give it to the office staff to place on the bulletin board.

2. Ads will be printed only once.


3. Put your ad in the folder in the LBE's mailbox in the Office marked "Lunchbox Community News" OR e-mail ad to [info@pleasantridgewaldorf.org](mailto:info@pleasantridgewaldorf.org) with "Community News" in the subject line.

4. Deadline is Tuesdays at 8:30am. There may be occasions, due to unforeseen circumstances or space restrictions, that the Community section will not be printed. Thank you.

[Type here]

# November Lunch Menu

\*One Form Per Person. \*Please circle the dates you wish to buy lunch\* Add \$ totals across and down.

Name					
Grade					
			1 No school	2 GF Shepherd's Pie with fruit	
6 Pasta Alfredo with salad	7 Enchiladas with veggies & fruit	8 Soup & Bread		9 GF Rice & Veggies with fruit	
13 Pizza with salad	14 GF Beans & Rice with Nachos	15 Stew and Cornbread		16 Mac-n-cheese with coleslaw	
20 Pasta marinara & salad	21 GF Baked Squash w/wild rice	22 <del>No School</del>		23 No school	
27 Pizza with salad	28 GF Tostadas with fruit	29 Chili & cinnamon rolls		30 Asian Noodles with fruit	
Monthly plan due by Wednesday, October 18 <sup>th</sup> .			Subtotal		
All meals are \$3.50 each.			Credits		
			Total		

## Parent Feedback for Class Teachers

Teacher's Name \_\_\_\_\_ Grade \_\_\_\_\_

The feedback you give here is part of the annual evaluation process for teachers. The completed form will go to a Personnel Committee member for collating. All information is confidential, and the themes will be presented to the teacher during his/her evaluation conversation. Teacher evaluations include a classroom observation visit, review of students' work, a self-evaluation, feedback from parents and feedback from colleagues.

*Thank you for your participation.*

1. Do you think your child is having a positive experience at school? Please elaborate if you wish.
  
  
  
  
  
  
  
  
  
  
2. Good communication is one aspect of a healthy relationship between parent(s) and teacher. Do you have a good relationship with your child's teacher? Please elaborate if you wish.
  
  
  
  
  
  
  
  
  
  
3. What strengths have you observed and what do you appreciate about your child's teacher?
  
  
  
  
  
  
  
  
  
  
4. Do you have any ideas and suggestions for this teacher?
  
  
  
  
  
  
  
  
  
  
5. Do you have any ideas or suggestions for class parent evenings?
  
  
  
  
  
  
  
  
  
  
6. Any other questions, concerns, comments?

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

Use back side of this form if needed. Reminder: Unsigned forms may not be considered. Thank you for your cooperation. Please return forms to the box in the office by **November 17, 2017**.

## Parent Feedback for Subject Teachers

Teacher's Name \_\_\_\_\_ Subject \_\_\_\_\_

The feedback you give here is part of the evaluation process for teachers. The completed form will go to a Personnel Committee member for collating. These forms are to be signed. All information is confidential and the themes will be presented to the teacher at his/her evaluation conversation. Teacher evaluations include a classroom observation visit, review of students' work, a self-evaluation, feedback from parents and feedback from colleagues.

*Thank you for your participation.*

1. Do you think your child is having a positive experience in this class? Please elaborate if you wish.
  
  
  
  
  
  
  
  
  
  
2. Good communication is one aspect of a healthy relationship between parent(s) and teachers. Do you have a good relationship with this teacher? Please elaborate if you wish.
  
  
  
  
  
  
  
  
  
  
3. What do you appreciate about your child's experience in this specialty class?
  
  
  
  
  
  
  
  
  
  
4. What strengths have you observed in this teacher?
  
  
  
  
  
  
  
  
  
  
5. Do you have any ideas and suggestions for this teacher?
  
  
  
  
  
  
  
  
  
  
6. Any other questions, concerns, comments?

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date