



Calendar

Fri Sept 9 Back-to-School Picnic – 5:00 p.m. – school playground

Tue Sept 13 5th Grade Parent Meeting – 5:00 p.m. – 6:00 p.m.; 6th Grade Parent Meeting – 4:30 p.m. – 6:00 p.m.; 7th Grade Parent Meeting – 6:30 p.m. – 8:00 p.m.

Wed Sept 14 WOW!: Waldorf Open Wednesday – 8:10 a.m.

Fri Sept 16 NO SCHOOL

Faculty In-Service – Enrichment Day for children available – see inside for details

Tue Sept 20 4th Grade Parent Meeting – 4:00 p.m.

Wed Sept 23 – Fri Sept 25 1st, 5th, 6th, and 8th Grade Field Trips

Tue Sept 27 All-School Meeting - 7:00 p.m. in the Gym

Before the Bell

This is a reminder that all students on the playground are expected to remain outside the school until school begins at 8:10 a.m. If a student needs to drop an instrument off inside the school due to the weather, they may do so quickly and then exit immediately. Teachers will show the students where their instruments may be placed. All other items must be left outside until school starts.

- Marianne Fieber-Dhara, Administrative Chair

Friday Assembly

Assembly begins at 8:20 AM

Sept 9—No Assembly

Sept 16—Faculty In-Service – No School

*Sept 23—Odd Grades Assembly and
Festival Life Community
Conversation*

What's Cooking!

All-School Welcome-Back Picnic

Friday, September 9th, at 5:00 p.m. will be our All-School Welcome-Back Picnic! We hope everyone can make it and ring in the new school year right here in our own backyard. The 3rd Grade Class will serve as hosts along with the Board of Directors, Faculty, and Staff at this potluck event. We ask all families to contribute something to make our potluck picnic a feast. Please bring dishes, silverware, and cups for your family, as well as chairs or blankets to sit on. If you are so inclined, a vegan dish would be much appreciated by the vegans in our group.

Food assignments by first letter of children's last name:

A-H: Salads, side dishes

H-L: Appetizers, savory snacks

M-Z: Main dishes

Everyone should bring a small dessert.

- Marianne Fieber-Dhara,
Administrative Chair

Automatic Withdrawal Hot Lunch

Payment Option

Does your child eat lunch every day every month? Tired of filling out the forms every, single month? Why not just have the money deducted from your account automatically? If you are interested in this option, stop by the office for details!

- Nan Marshall, Office Manager

Peanut Allergy Notice

Due to a few student and staff allergies to peanuts, we ask you to either refrain from using peanuts in potluck foods or clearly label your dishes. Other foods to label include leeks and garlic.

- Marianne Fieber-Dhara,
Administrative Chair

SCHOOL EVENTS

WOW! Day

September 14, from 8:10 – 9:00 a.m.

Waldorf Open Wednesday offers a window into the truth, beauty, and goodness of Waldorf education. Story, conversation, and classroom tours are included.

- Marianne Fieber-Dhara,
Administrative Chair

! SAVE THE DATE!

Tuesday, September 27, All-School Meeting

Meeting will be from 7:00 p.m. - 8:30 p.m. in the Gym. Join the Board of Directors, Faculty, and Staff for our annual All-School Meeting. There will be updates and conversations regarding The Flower Basket, Long-Range Planning, and goals for our new year. Childcare will be available on-site – more details to follow. Light refreshments will be served.

- Marianne Fieber-Dhara,
Administrative Chair

What is Michaelmas?

Michaelmas is an autumn festival that prepares us for the inner awakening of our souls during the winter months. As the weather gets colder and the light recedes, we begin to look toward strengthening our inner forces as a light in the darkness.

**Join us for our Michaelmas Pageant Friday,
September 30th, 2016, at 8:20 a.m. in the Gym.**

- Marianne Fieber-Dhara,
Administrative Chair

Fall Parent-Child and Parent-Infant Classes

We are offering morning Parent/Child Classes this year Mondays, Wednesdays, Thursdays, and Fridays from 8:30 a.m. to 10:30 a.m. Spaces are still available.

Parent-Infant classes are on Tuesdays from 8:30 a.m. to 10:00 a.m. To register or for more information, please call 637-7828 or email enrollment@pleasantridgewaldorf.org.

- Jordan Brudos, Enrollment and
Outreach Coordinator

ENROLLMENT

Welcome to our New Families and Students

- Jess Krueger and Cullen Carns-Hilliker
 - **Ephraem Carns-Hilliker** – Kindergarten
- Gail Doesken & Nicholas Enjalbert
 - **Matisse Enjalbert** – Kindergarten
- Erica & Joshua Gerrity
 - **Judah Gerrity** – Kindergarten
 - **Seamus Gerrity** – 3rd Grade
- Megan Felt & David Goodner
 - **Henry Goodner-Felt** – Kindergarten
- Kate Holmes & Jason Schmidt
 - **Meyer Holmes** – Kindergarten
- Sofya & Jacob Hundt
 - **Evelyn Hundt** – Kindergarten
- Robin & Steven Kottke
 - **Lucy Kottke** – Kindergarten
- Martha Karlstad & Eric Levermann
 - **John Levermann** - Kindergarten
- Aja & Jim Neidel
 - **James Neidel** – Kindergarten
- Stephanie Pedretti & John Saunders
 - **Logan Saunders** – Kindergarten
- Eva Schulte & Mike Moon
 - **Max Moon** – 1st Grade
- Mandy & Mike Palen
 - **Finley Palen** – 1st Grade
- Justina & Andy Manspeaker
 - **Zaiah Manspeaker** – 4th Grade
 - **Kai Manspeaker** – 6th Grade
- Dana McGuire
 - **Dagny McGuire** – 5th Grade
- Emily & Raven Stevenson
 - **Caspian Stevenson** – 7th Grade
 - Jordan Brudos, Enrollment and
Outreach Coordinator

WHAT'S NEW

Enrichment Days

We have created a series of Enrichment Days during the school year to support families when school is not in session. Through the course of the school year, there are faculty in-service days, parent/teacher conference days, and other non-attendance days scheduled into our school calendar.

Kristen Wickert, our Aftercare Program Director, will be providing the program and activities for the children. The Enrichment Days are not only designed to help families with childcare needs but also for the children to have a guided social (games, stories) and informal experiential educational (walks, nature-based crafts) experience. This curriculum is designed for ages 5 and up, with ways in which each age range will be enthusiastically engaged.

Our first Enrichment Day is Friday, September 16th, on a Faculty In-Service day.

Please stop by the office for details.

- Marianne Fieber-Dhara,
Administrative Chair

Aftercare Program

Beginning this September, we are offering an aftercare program for children enrolled in kindergarten through grade six (ages 3.5 to 12 years). Our aftercare program will be available Monday through Friday from 2:45 p.m. to 5:30 p.m. with pick-up times every thirty minutes after 3:30 p.m. Pick-up locations may differ based on the time; schedules will be provided to all who register. Kristen Wickert is our new Aftercare Program Director and will be planning and managing many details of the program. The homeroom for aftercare will be the first grade classroom at the west end of the early childhood hallway.

Please stop by the office if you have any questions.

- Marianne Fieber-Dhara,
Administrative Chair

ADMIN NEWS

The Flower Basket Autumn Mum Fundraiser

Order your mums now for pickup in mid-September when the mums are in bloom. Pickup will be at Pleasant Ridge Waldorf School. You will be notified by email when your mum is ready for pickup. Colors are peach fusion, white, yellow, and burgundy. Color selection occurs at pickup – first come, first served.

Order forms are available in the office. Please turn them in to Nan.

- Marianne Fieber-Dhara,
Administrative Chair

Are You Looking for Ways to Serve the School?

There are a couple of key areas where we need your support for a specific event or weekly shift.

Outreach

Coffee and the Farmer's Market

Volunteers are needed to sell coffee on two more Saturdays: **September 10th** and **October 8th** at the Farmer's Market. This is a great way to be in our local community, provide that fresh, hot cup of joe, and make a little bit of money for the school. There are two shifts per day: 7:15 a.m. - 9:45 a.m. and 9:30 a.m. – 12:30 p.m. This is easy and fun! If you are interested, contact Jordan at 637-7828.

Fundraising

SCRIP SALES! We want to increase the number of mornings and afternoons when scrip is available for sale in the hallway. Morning scrip sales can be from 8:00 a.m. – 8:30 a.m., as well as before/after Friday assemblies. Afternoon scrip sales can be from 2:30 p.m. – 3:00 p.m. Sign up for once/week or even every other week. Let's support our scrip program that provides a way for local businesses to support our valuable program. It's also a great way to get to know other families at the school. For

information on scrip or to sign up for a shift, contact Nan in the front office.

Friday Office Reception Volunteer

Are you interested in getting to know parents and faculty better? Do you like talking on the phone? Are you willing to apply bandaids to young children? Then consider volunteering as the office receptionist on Fridays. Please talk to Nan in the office or Marianne Fieber-Dhara if you are interested.

- Marianne Fieber-Dhara,
Administrative Chair

NEEDED – Hot Lunch Volunteers

Dear new and returning families, hot lunch volunteers are **needed every Monday through Thursday**. Our hot lunch program relies on the generosity of our parent volunteers. Two Parent Volunteers are required each day to keep the process running smoothly – one person to both prep and serve food from 10:30 a.m. – 12:30 p.m. and one person just to serve from 11:45 a.m. to 12:30 p.m. The sign-up sheet is online at https://docs.google.com/spreadsheets/d/1_iBzPIZAQtIt4kCAEVF7c3hMylo5VrHyGhNM6lg7SqM/edit?ts=57c59b61#gid=0. PLEASE consider this fun and delicious opportunity to hang out where your children are! Free lunch is included! We need you to **sign up ASAP**. If you have questions, please call Therese Laurdan at 637-8787.

- Therese Laurdan, Hot Lunch
Volunteer Coordinator

Student Check-In/Out Procedures

If a student is absent, please call the office to let us know – even if you have already notified the teacher. This will be helpful in making sure everyone has arrived safely. If your student is signed up for hot lunch on that day, be sure to ask for a hot lunch credit.

Also, if a student comes in late or needs to leave early during the school day, please have them check in or out at the office. This will help us ensure that the children are accounted for in case of an emergency.

- Marianne Fieber-Dhara,
Administrative Chair

Playground Reminders

- No bicycles/riding on the playground or grassy mounds.
- No climbing on the play structure roofs.
- Play is not allowed by the greenhouse, outside freezer, or storage shed by kitchen door.
- Lock bicycles in back of school in bike racks.

- Marianne Fieber-Dhara,
Administrative Chair

No Parking Out Front

Be sure to pay heed to the yellow no-parking stripe out in front of the school. If you park there you will very likely be ticketed!

- Marianne Fieber-Dhara,
Administrative Chair

Lunchbox Express by Email

The Lunchbox Express (LBE) is our weekly newsletter. Important dates, menus, assembly schedules, and other information are included every week. Be sure to read all about it!

The preferred method of distribution for the Lunchbox Express is email. Please stop by the front office and give the Office Manager the email address where you'd like to receive your Lunchbox Express.

If you cannot receive the LBE by email, you will receive a paper copy that is distributed to your child's classroom.

If you have more than one child, the oldest child will receive the LBE for the family, unless you request that it go to a different child.

- Nan Marshall, Office Manager

Pleasant Ridge Google Calendar

We have a Pleasant Ridge Google Calendar. If you would like to be able to check parent meetings, holidays, assemblies, or other school information from the comfort of your own home or phone, please stop by the office and ask Nan to send an invitation to you.

- Nan Marshall, Office Manager

Healthy and Wholesome!

Just a quick reminder to pack your children healthy and wholesome snacks and lunches. Refrain from sending sugary candy or drinks. Children should carry home any food packaging they bring.

- Marianne Fieber-Dhara,
Administrative Chair

Scrip!

Don't forget to buy and use scrip from the front office. Scrip is a quick and easy way to give back to the school. Kwik Trip gas cards can be used both in Viroqua as well as many places outside the area, and many local businesses accept the scrip cash.

New brochures indicating current scrip vendors are available in the office.

- Cynthia Olmstead, Development

COMMUNITY NEWS

Series of art classes for children ages 6 to 11 starts September 21 till November 9. Classes include wet felting and needle felting with wool, exploring watercolors, clay projects, and more. Time: 3:30 p.m. till 5:00 p.m. Location: The Ark. Cost: 8 dollars per class, or a discounted fee of 75 dollars for the whole session. To register, email Susana Ruder at suipui@gmail.com or call [715 318 4441](tel:7153184441).

A luminal Christine Center meditation experience with Robert Sardello October 20-24, 2016. This contemplative meditation retreat will transform your way of being in the world. Beginners as well as advanced meditators are welcome. The meditation time will be simple yet utterly profound in its transformative power. To register, call The Christine Center at 715-267-7507. Tuition cost: \$300. For more information go to www.christinecenter.org.

One Spirit Rising, an interfaith/interspiritual group, is beginning a new season, exploring the mystical paths of various wisdom traditions of the world. The first meeting, on Sunday, September 11, at 10:00 a.m., at Tapestry Yoga in the Landmark Center, will

incorporate themes from the book *The Mystic Heart: Discovering a Universal Spirituality in the World's Religions* by Wayne Teasdale. All are welcome. For more information, please contact Diane Banner at 637-2451 or connectwithdiane@gmail.com. (Please mention whether second-floor accessibility is an issue.)

Beginning Monday, September 12

The Ark Cafe

Serving lunch 11:00 a.m. – 2:00 p.m.

Monday - Friday

Please visit: thearkviroqua.org for more info.

Prices and Menu: TBD

Give a listen to Pageturner Radio (8:20 a.m.) on WDRT any morning during next week's Pledge Drive, September 12th – 17th, for PRWS former parent and current volunteer Catherine Young's recordings of her writings about the Driftless Area.

LUNCHBOX EXPRESS COMMUNITY NEWS POLICY

The Lunchbox Express Community News section is provided as a service to the school community. Printing of an ad does not imply endorsement by Pleasant Ridge Waldorf School.

How to Place an Ad:

1. Limit your ad to 70 words. We do not edit. We will not print ads over 70 words. If you must have a long ad, make a note & give it to the office staff to place on the bulletin board.
2. Ads will be printed only once.
3. Put your ad in the folder in the LBE's mailbox in the Office marked "Lunchbox Community News" OR e-mail ad to info@pleasantrydwaldorf.org with "Community News" in the subject line.
4. Deadline is Tuesdays at 8:30am. There may be occasions, due to unforeseen circumstances or space restrictions, that the Community section will not be printed. Thank you.