

Lunchbox Express

An education for heart, hands, and head

October 26.2016

<u>Calendar</u>

Thu & Fri 27 & 28 Parent/Teacher Conferences – No School

Mon Oct 31 Faculty In-Service – No School

WALDORF SCHOOL

Mon Oct 31 Enchanted Forest – 3:00 p.m. – 5:00 p.m. – Hubbard Hills – see inside for details

Tue Nov I Parent/Teacher Conferences – No School

Thu Nov 3 School Photo Retake Day – 8:00 a.m. - see inside for details

Wed Nov 9 WOW! Day – 8:20 a.m. – see inside for details

Fri Nov II Martinmas Lanternwalk

Sat Nov 12 All-School Work Day – 9:00 a.m. – 2:00 p.m.

Thu Nov 17 Fall Music Concert

Sat Nov 19 Waldorf Education Series – The Developing Child and the Waldorf Curriculum – 9:00 a.m. – 10:30 a.m.

Tue Nov 22 8th Grade Eurythmy Performance

The new Novmeber Aftercare Registration Form is available in the office. Please fill out and return as soon as possible if you are looking for aftercare early in November.

Friday Assembly Assembly begins at 8:20 AM

Oct 28 – Parent/Teacher Conferences – **No School**

Nov 4—Odd Grades/Community Singing Nov 11 – Martinmas Festival – Open Assembly

What's Cooking!

Special Guest Presentation Tuesday, November 1, 2016

7:00 p.m. - 8:30 p.m.

Fear ~ Terror: and the Will's Awakening

With Bart Eddy

Free will donations accepted to support Viroqua's Friends of Anthroposophy

Bart Eddy and his colleague Tim Anderson will be working with the faculty of both PRWS and YIHS during the upcoming in-service scheduled for October 31st. Bart and Tim come from Detroit, MI, where they have been active in renewing neighborhoods in the Detroit area through personal and land-based healing initiatives by engaging the will. Bart has been a Waldorf teacher in the Detroit Waldorf School and the superintendent of the Detroit Community School. Themes of the evening will be drawn from a verse by Rudolf Steiner which continues to be a salve for these times and gives us courage and direction to stand in the world today. The verse is as follows:

We must eradicate from the soul All fear and terror of what Comes out of the future. We must acquire serenity In all feelings and sensations About the future.

We must look forward With absolute equanimity To everything that may come, And we must think only that Whatever comes is given to us By a world direction Full of wisdom.

It is part of what we Must learn in this age. Namely, to live out of pure Trust, without any security In existence. Trusting the ever present Help of the spiritual world.

Truly, nothing else will do If our courage is not to fail us. Let us discipline our will And let us seek the awakening Within ourselves, Every morning and every evening.

Rudolf Steiner



SCHOOL EVENTS

Enrichment Days for Children While School is Out

No school? No problem – have your children join Susana Ruder for some creative fun! **October 27**: <u>CASTLES AND KNIGHTS</u> – Enjoy a day at the Flower Basket and Wooded Acre and learn about castles and knights. Swords and a castle will be constructed from recycled materials.

October 28: <u>HARVEST FUN</u> - Come carve pumpkins and make wool ghosts and pine cone spiders. There will also be a bonfire and roasted apples.

October 31: <u>HAPPY HALLOWEEN</u> – Come and enjoy some Halloween fun by dressing up in costumes and face-painting. Later, all will take a walk around town to explore the Halloween decorations.

November 1: <u>CULTURAL CELEBRATIONS</u> – Themes for the day will include cultural celebrations for this "Day of the Dead" by making "guaguas de pan," traditional Ecuadorian bread dolls. The remainder of the day will be spent playing outdoors exploring the woods.

Registration forms are available in the office. Prices are **\$35 for a whole day** (8:30 a.m. -4:30 p.m.) or **\$20 for a half day** (either 8:30 a.m. -12:30 p.m. OR 12:30 p.m. - 4:30 p.m.). Multiplechild discounts are available. Please contact Jordan at 637-7828 or

<u>enrollment@pleasantridgewaldorf.org</u> with questions or to register.

- Jordan Brudos, Enrollment & Outreach Coordinator

Enchanted Forest

This year's Enchanted Forest, hosted by the 8th Grade class as a fundraiser for their 8th Grade trip, will be **Monday, October 31st, from 3:00 p.m. to 5:00 p.m.**

The Enchanted Forest will take place at Hubbard Hills. There will be parking at the end of W. Maple St. in the pasture area, this year. Concessions will again be sold by 8th grade parents. Fees are \$2 per person or \$7 per family. There are no bathroom facilities at the site, so please come prepared!

- Paula Grenier, Enchanted Forest Coordinator

Photo Retake Day Information

If your child was absent on the original school photo day or you feel that your child did not look his or her best in the photo, **the photo retake day will be on Thursday, November 3**rd. There is no additional cost for the retake photo if your child was absent on the original photo day; however, if you are asking for a reshoot because you didn't like your child's expression or hair, then there will be a \$10 charge for the retake. **Please contact Drew Shonka by** <u>November 1st</u> at 637-2393 or <u>gshonka@hotmail.com</u> to schedule your photo

retake. Photos from the Photo Retake Day will be available before Thanksgiving. -Drew Shonka Photography

WOW! Day

November 9, from 8:20 – 9:10 a.m.

Waldorf Open Wednesday offers a window into the truth, beauty, and goodness of Waldorf education. Story, conversation, and classroom tours are included.

> Marianne Fieber-Dhara, Administrative Chair



Lunchbox Express October 26, 2016

VOLUNTEERS NEEDED

Hot Lunch Volunteers Needed!

There are openings for volunteers to help make and serve November lunches, **in particular on the first day back at school – November 2nd!** Please put the link below in your browser to sign up to help in November:

https://docs.google.com/spreadsheets/d/1dH haQbg4Dsb86UFhIQ_CcwSkHgFkUTJ3eaVJRmP 6oG4/edit?invite=CPT4jd0L&ts=5803c8ac#gid= 0. If you have any questions, please contact Therese Laurdan at 637-8787. Thank you!

> - Therese Laurdan, Hot Lunch Volunteer Coordinator

ADMIN NEWS

Parent/Teacher Conferences

This year's Parent/Teacher Conferences are scheduled for **October 27, 28, and November 1.** The signup sheets are on the bulletin board across from the office. This is also the time of year that we seek feedback about our faculty. Faculty and subject teacher feedback forms are available in the office and from your teachers. **Please return forms to the box in the office by November 18th**.

> - Marianne Fieber-Dhara, Administrative Chair

Subject Teacher/Parent Conferences

At parent/teacher conference time, subject teachers will offer drop-in conversation opportunities on **Thursday**, **October 27**, from 9:00 a.m. – 11:00 a.m. and from 5:00 p.m. – 7:00 p.m. See locations below.

- Lerie Alstad Van Ells Movement & Games, grades 1-8, Lobby
- Kate Bergan Spanish, grades 1-8, Faculty Lounge
- Joshua Ecklund Eurythmy, grades 2, 4, 6, & 8, Gym

- Davina Hemmer Eurythmy, grades 1, 3, 5, 7 & 8, Gym
- Geri Shonka Handwork, grades 1-8, Handwork Room
- Monika Sutherland Music & Chorus, grades 1-8, Music Room
 - Geri Shonka, Subject Teachers

Substitute Teacher Orientation

Friday, October 28th - 9:00 a.m. - 10:15 a.m.

If you are interested in stepping into the classroom as a substitute, please come to this orientation. This is one of the steps to being put on the roster of available subs. Other steps include the following:

- Completion of an application and background check
- Conversation with members of the Personnel Committee
- Attendance at a WOW! Day
- Classroom visits

Substitutes are loved and greatly valued at Pleasant Ridge Waldorf School!

Marianne Fieber-Dhara, Administrative Chair

Open Position

Afternoon Kindergarten Assistant

Applications are being accepted immediately for the afternoon mixed-aged kindergarten assistant for the remainder of the school year beginning as soon as possible. The afternoon assistant will support the work of the kindergarten morning assistant and lead teacher. Qualities we are seeking include an ability to work artistically and creatively, ongoing self-development, and good working relations. Individuals who cultivate flexibility and open-mindedness and are self-motivated and ethical will be strongly considered. This is a part-time position to include 4 hours per day, 5 days per week (11:30 a.m. - 3:30 p.m.). For specific details regarding this position and duties, please refer to the Early Childhood Afternoon Assistant Job Description found on our website.

- Marianne Fieber-Dhara, Administrative Chair



Parent Feedback - Reminder

Many parents may have received a feedback form for class teachers and subject teachers during conferences last week.

Comments and suggestions from parents are part of our annual evaluation processes for faculty as well as staff. **We would like to have these forms before the Thanksgiving break**.

Please turn in completed forms to Marianne Fieber-Dhara's office mailbox.

Our faculty evaluation process includes the completion of a self-evaluation, classroom observation by another faculty member, and colleague and parent feedback shared through a face-to-face conversation. This full evaluation process is completed every other year. During the alternate year, the evaluation consists of colleague and parent feedback delivered through a face-to-face conversation with a member of the Personnel Committee.

We value parent participation in this process. Attached at the end of this Lunchbox Express, please find copies of the parent feedback forms. They are also available in the office. Thank you.

-Marianne Fieber-Dhara, Personnel Committee

Save the Date for the November 12 All-School Workday

Please plan to join us for some satisfying work, great food, and social time during our upcoming All-School Workday on November 12. We have a few important indoor and outdoor tasks to tackle before the onset of winter and are hoping for about 35-40 volunteers to get everything in tip-top shape. A couple of hours of your time within the 9:00 a.m. – 2:00 p.m. window would go a long way toward this goal. If you are new to the school and are looking for a tangible way to pitch in while meeting other families, this is a great opportunity! As usual, we will be providing homemade lunch and coordinating the effort.

- PRWS Facilities Committee

DEVELOPMENT

<u>1% Day at the Viroqua Food Co-op</u>

Wednesday, November 9th, is the PRWS 1% day at the Viroqua Food Co-op. 1% of the gross sales that day will be donated to PRWS. Shop at the store you love to benefit the school you love!

Cynthia Olmstead, Development

<u>Pleasant Ridge Waldorf School</u> <u>Coffee Fundraiser</u>

We are partnering with Kickapoo Coffee on an ongoing fundraiser! All proceeds from your purchase of Kickapoo Coffee's seasonal Harvest Blend will directly benefit the school. Beginning this week we will have 12 oz. bags of coffee for sale in the office for \$12. We are planning to stock about 10 bags at a time, so if you want to ensure your needs are met, there are order forms in the office, and we can have your order filled in a few days. Orders will be placed on Mondays and Wednesdays before noon.

This local delicacy is a wonderful house gift for the holidays. We thank our Kickapoo Coffee parents for this opportunity: Denise & TJ Semanchin and Emma & Caleb Nicholes. Questions? Ask

mary@pleasantridgewaldorf.org.

- Mary Christenson, Development Director

Garlic for Sale!

Beautiful, organic garlic, grown by Pleasant Ridge Waldorf students, is for sale in the school office. Nice, large cloves are perfect for planting or eating. It is \$12/1 lb. bag. Please write a check or bring exact change. All proceeds benefit the Garden Education program at the school.

Erica Pfeiffer, Garden Program



HOLIDAY FAIRE

Holiday Faire Season!

Welcome to Holiday Faire season! Information regarding the event and ways in which everyone can volunteer and participate in the event are attached to the end of this Lunchbox Express. If you have something that you'd like sell at the event, see below for vendor information.

- Holiday Faire Co-Captains

Holiday Faire Looking for Vendors

October is in full swing, and it is time to reserve your spot to vend your handcrafted works at the 2016 Pleasant Ridge Waldorf School Holiday Faire happening on **December 2nd and 3rd**. We are well known for providing an exquisite shopping experience for the holidays, and that is thanks to wonderful vendors, like you, who join us at the Faire.

The sign-up process is quite easy as we have, once again, put it all online. Go to the Holiday Faire page on the pleasantridgewaldorf.org website for all the details.

If you have any questions you can reach Angie or Ed Lemar

at <u>holidayfairevending@gmail.com</u> or by phone at <u>608-606-6341</u>. Please feel free to pass this on to anyone you think would be a good vendor at the Faire.

> PRWS 2016 Holiday Faire Celebrate.Shop.Eat.Enjoy

OTHER NEWS

Boys Basketball Team

For Pleasant Ridge Waldorf School boys interested in learning about basketball, there will be an eighth grade team this winter. Boys from 6th and 7th grade are also welcome to practice with the team. Practice will start in early November. Contact Lars Bergan at 638-4644 for more info.

<u>Girls Volleyball Team</u>

For 6th - 8th grade girls interested in learning about volleyball, there will be volleyball after school on Thursdays led by Paula Grenier and Corina Bergan. November 10th will likely be the first day. For more info, contact Paula at 606-3500.

COMMUNITY NEWS

All Soul's Gathering - Please join us as we hold a candlelit vigil in honor of our friends & family who have crossed the threshold. Wednesday, November 2, 2016, 4:30 p.m., at the Old Main Building, at 321 E. Decker St. Please bring a candle to light and be prompt so as not to break the mood. We should be finished about 5:30 p.m. Cele Wolf, for the Viroqua Friends of Anthroposophy

Parent Education Opportunity: Spacial Dynamics

Class. Wednesday mornings after drop-off from 8:30 a.m. - 9:30 a.m. in the Old Main Building at 321 E. Decker St. AnnaJo Doerr is a Movement Teacher and Therapist certified in Spacial Dynamics. She has been a dancer, physical theatre artist, performer, and a teacher, among a few other roles in life. She lives locally, is an alumni of PRWS, and is the mother of two children. This ongoing course in Spacial Dynamics on Wednesday mornings at the Old Main Building will be custom-crafted for those who attend. We will explore movement principles that can enhance our everyday living, do meditative quiet movements, play with posture and possible enhancements, practice Bothmer gymnastics, engage in Movement games, and possibly discuss pedagogy and child development on occasion. Suggested donation of \$10 per class. Please plan to attend a minimum of 3 classes.

Winter soccer opportunity - Don't miss the chance to register for futsal - fast-paced soccer played in a gym. There will be teams for 3rd-12th graders with practices on Tuesdays and Wednesdays starting in November. Please see our website for more details: <u>http://driftlessunitedathletics.org/programs-andcamps/futsal-winter-league/</u>. The **FINAL** registration deadline is Monday, October 31. No forms will be accepted after this date, and teams are filling fast. Contact Janelle at 638-4482 or janellepete@yahoo.com with questions.



Do-it-Yourself, Family-Directed Home Funeral Workshop

Friday, November 4, 2016, 7:00 p.m. – 9:00 p.m. (open to the public)

Saturday, November 5, 2016, 9:00 a.m. – 4:00 p.m. (registration required)

Landmark Center, 500 East Jefferson Street, Rm 202, Viroqua, WI

When someone we love dies, there are many options and choices to make about funerals and burial. Viroqua's Threshold Care Circle (TCC) is committed to educating people about their choices and empowering people to take care of their own dead.

Cost - \$75 - includes one copy of planning booklet <u>My Final Wishes</u>. For more information on the work of the Threshold Care Circle or to register on-line visit our website: <u>thresholdcarecircle.org</u> or call <u>608-</u> <u>632-9741</u>.

LUNCHBOX EXPRESS COMMUNITY NEWS POLICY

The Lunchbox Express Community News section is provided as a service to the school community. Printing of an ad does not imply endorsement by Pleasant Ridge Waldorf School. How to Place an Ad:

1. Limit your ad to 70 words. We do not edit. We will not print ads over 70 words. If you must have a long ad, make a note & give it to the office staff to place on the bulletin board.

2. Ads will be printed only once.

3. Put your ad in the folder in the LBE's mailbox in the Office marked "Lunchbox Community News" OR e-mail ad to info@pleasantridgewaldorf.org with "Community News" in the subject line.

4. Deadline is Tuesdays at 8:30am. There may be occasions, due to unforeseen circumstances or space restrictions, that the Community section will not be printed. Thank you.

October 26, 2016

Halloween will soon be behind us and the Winter Holidays are just around the corner. As always, this year's Holiday Faire promises to fill us with the spirit of the season, and will give us an opportunity to celebrate, work and play together as a community. It is also one of our main fundraisers for the school.

One of the most beautiful things about the Holiday Faire is how our entire community shines by coming together to pull off this magical event. It takes all of us to make things run smoothly, and many of you have already come forward to help coordinate an area of the Faire; THANK YOU! Below are the areas that will require volunteer help to set up, staff, and clean up the Faire. Some of the help will be provided by students, and some by parents. In November, you will start seeing sign up sheets posted on the bulletin board outside of the office, or outside of the kindergartens. Please take a look and sign up for the work to which your child's class is assigned. We understand that many of you have several kids in the school, and many of you have obligations elsewhere in the Faire. We don't expect people to be all work and no play! But we do rely on every parent to be involved on some level to make this event happen. If you have questions, contact your class spokesperson or one of this year's coordinators, listed below

So now you are thinking, this sound like so much fun! What else can I do to help out? Here are but a few suggestions:

Volunteer in another area that sounds fun! If you are interested in helping with something beyond your class expectation, contact the coordinator listed below to find out how you can help.

Make an extra pie on Thanksgiving and put it in the freezer for the bake sale.

Spread the word! Invite family, neighbors and friends to the event.

Donate an item to the silent auction or the children's raffle. Be creative! Offer a summer ride through the countryside on your motorcycle, or sewing or woodworking lessons, or a loaf of bread a month for a year. You get the idea.

Come to or host a gathering to work on sweet little gift items for the Children's Castle and Pocket Person.

Make your plans to come to the Faire! Get dressed up, have some yummy food, revel in the awe of the season, and visit the talented vendors for your holiday shopping

Task	Parent Volunteers	Student Volunteers	Coordinator	HF Captain
Children's Crafts	Kindergartens	7	Marianne Miro	ML
Crystal Boat	Kindergartens		Robin Kottke and Shelly Brenneman	ML
Children's Castle	8	8	Jordan Brudos and Kathryn Ashley-Wright	ML
Bake Sale (set up, staffing)	1 and 2		Julia Ugo	ML
Lunch Clean-up	6	6	Pita Daniels	AL
Faire Clean-up	4		Marc LeMaire	AL
Lunch Serving	6	6	Angie Bernstein	AL
School Store Staffing	5		Cathy Brummer	ML
Decorating School/Set Up	7	7, 8	Corina Bergan and Joe Lenarz	ML
Coffee Cafe	1 and 2		Angela Rennilson	AL
Friday Night Food	3		Justina Manspeaker and Julie Turino	ML
Ice Skating		6 grade help younger students at arena	Jon Dehlin	JZ

More detailed information to come, as the Faire approaches. Please contact any of us with questions or concerns.

Your Holiday Faire Captains,

Margret Lenarz Angie Lemar Janice Zimmerman

HOLTDAY Percember 2 2016

FRIDAY December 2

A Celebration of the Season for Adults 6:30–9:30 pm | Pleasant Ridge Waldorf School

Live music, tree lighting, one of a kind vendors, silent auction, nourishing foods, and decadent desserts.

Driftless Dance Party 9:30 pm–1:00 am | Driftless Books and Music Live music. Craft cocktails, wine, and beer.

SATURDAY December 3

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A Festive Day for the Entire Family 9:30 am -3:00 pm | Pleasant Ridge Waldorf School

Beautiful craft making, marionette play, storytelling, children's castle, crystal boat, and raffle. Artisan vendors, silent auction, hearty lunch, extensive bakery, and live music throughout the day.

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ADMISSION

Friday Evening Faire \$6 advance \$8 at the door

Dance Party \$10 at the door

Saturday Faire FREE

Food and activities purchased separately.

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Advance tickets available at Viroqua Food Coop or Pleasant Ridge Waldorf School office.

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ALL WELCOME – CELEBRATE. SHOP. EAT. ENJOY.

PLEASANT RIDGE WALDORF SCHOOL 431 E. Court St., Viroqua • 608-637-7828 • pleasantridgewaldorf.org