# CALYX

PLEASANT RIDGE WALDORF SCHOOL Waldorf Education since 1980

> Volume 36, Issue 2 Winter 2015 Annual Report

Striving thus for faithfulness, We shall be close to one another As if endowed with the Protective power of angels.

-Rudolf Steiner



### **COMING EVENTS**

#### MARCH

- 2 School Resumes
- 6 Celebration of the Arts
- 14 Raffle Party
- 21 Adult Education Event
- 27 Spring Concert
- **30-31** Grade 8 Presentations

#### **APRIL**

- I Grade 8 Presentations
- 3-12 Spring Break
- 17 Kindergarten Morning
- 18 Adult Education Event: Moving into the Grades
- 18 Facilities Work Day
- **25** 35th Anniversary Party
- 30 Grade 8 Play



Pleasant Ridge Waldorf School 431 E. Court Street, Viroqua, WI 54665 info@pleasantridgewaldorf.org www.pleasantridgewaldorf.org (608) 637-7828 FEIN 39-1357578

Pleasant Ridge Waldorf School is a not-for-profit, 501(c)3 corporation supported through tuition, gifts to the school, and fundraising events.

Pleasant Ridge Waldorf School does not discriminate on the basis of gender, ethnic origin, economic ability, or sexual orientation.

In our efforts to reduce paper use, you may request an electronic copy by emailing cynthia@pleasantridgewaldorf.org.

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### Celebration of the Arts



### Friday, March 6, 6:30 PM

Old Main Building

The PRWS faculty and staff showcase their many talents with musical, theatrical, and movement performances and a visual arts silent auction.

Proceeds from admission and the silent auction support the PRWS professional development fund.

This adult only event promises to be entertaining and inspiring.

Suggested Donation: \$10

### CALENDAR OF THE SOUL

Forty-Eighth Week

Within the light that out of world-wide heights Would stream with power toward the soul, May certainty of cosmic thinking Arise to solve the soul's enigmas— And focusing its mighty rays,

Awaken love in human hearts.

-Rudolf Steiner

# SCHOOL NEWS Martinmas Holiday Faire

"Above the stars are shining, down here we're stars to the sky."

On Friday, November 7, families gathered at Sidie Hollow for the annual Martinmas Lantern Walk. Along the lake's edge, where only weeks before turtles sunned, muskrats played and great blue dragonflies darted above cattails, families now zipped their jackets against the north wind and snuggled together. After lanterns were lit, families divided into two groups and set off in separate directions, navigating by waning light to arrive at opposite shores of the lake. Midway, the two glowing processions came to a stop and there, beneath the firmament, the children took turns singing to one another from across the lake, like birds calling to one another at day's end. The Martinmas festival inspires reverence and goodwill toward our fellow travelers and also humbles us, as we for one night a year become unsteady of our footing and awaken to the strength of nature.

### Santa Lucia

On Friday, December 12, the 8th grade children dressed in traditional Swedish regalia for the annual Santa Lucia procession through the school. The girls took turns wearing the crown of candles and receiving the honor of representing the fourth-century Italian saint who was revered throughout Italy and Scandinavia for her acts of faith and kindness. The children had the honor of being joined by a local Swedish visitor, Jacqueline Johansson, who shared her fond memories of growing up with the festival in Sweden. She was delighted to learn that PRWS observes this special festival day annually.

### Personnel Updates

Ximena Puig has resigned as co-teacher of the current combined 5th/6th grade class. Jenny Allan, who was the long term substitute last fall, has rejoined the class as Ron Schirmer's co-teacher.

Julie Turino has been hired to replace Amy Petrozzini as the Monday and Wednesday hot lunch cook. A hearty thank you to Holiday Faire Coordinators Margret Lenarz, Tanja Birke and Alicia Leinberger for making this Winter Faire one of the best yet! Festivities began with a magical Friday evening that included a sumptuous organic dinner, heavenly choir and cello performances, inspired vendors and the lighting of candles that adorned a freshly cut tree. The winter wonder continued on Saturday with outstanding marionette and shadow puppetry performances, hot maple-sugar cotton candy, and a sweet lineup of gentle children's activities. These included the introduction of the Crystal Boat, a window for children into the light and magic of the natural and mineral world. New this year in the Children's Castle, all items were handmade from natural materials. Gentle keepsakes for children included woolen balls, matchbox babies, and milkweed-pod ornaments with tiny handmade snowmen tucked inside. In the Children's Crafting area, families were invited to dip pinecones into beeswax to make sweet-smelling fire starters, pierce fragrant oranges with spicy cloves for an old-fashioned Christmas pomander, and create beautiful Advent candleholders from sliced wood, decorating them with fresh moss, dried cranberries and blue juniper berries still frosty with bloom. Thank you to everyone who swept the floors, hauled the pine boughs, made change, plated food, offered their seats and smiles, and made good holiday cheer.



#### CALYX





### CALYX SCHOOL NEWS Handwork Collective

This newly formed group invites any and all interested crafters to join them on Tuesday mornings at 9:00 a.m. in the PRWS Parent-Child classroom, and on the first Monday evening of each month from 5:00 p.m. to 7:00 pm at Ewetopia Fiber Shop. All are welcome to warm their hands and hearts with purposeful handwork for the new Pleasant Ridge Toyshop, located inside Ewetopia. "Make one, take one" is the concept for this group; supplies and projects are collectively selected and contributed.

The School Store (located in the school entryway) and the Toyshop in Ewetopia are now home to sweet and gentle spring items including felted hearts and acorns made by the crafters in the collective. These items make a beautiful addition to nature tables and can be easily hung on a pretty bending branch. In March there will be handmade spring carrots and bunnies, perfect for tucking in an Easter basket or nesting inside a pot of sprouted grass. At the Ewetopia Monday evening gathering in March, Jordan Brudos will be leading crafters in making flower children. Cathy Brummer, School Store Coordinator and crafter extraordinaire, is organizing a Waldorf doll making class to be offered in the spring. For questions or a schedule of upcoming projects, contact Darla Barrows at enrollment@pleasantridgewaldorf.org.





"Rise up oh flame, by thy light glowing, bring to us beauty, vision and joy.

On January 16, the children, teachers and families honored Dr. Martin Luther King Jr. with an assembly of children's presentations, songs and a beautiful speech delivered by faculty chair Barbara Danner. Students in the 7th and 8th grades recited the words of Dr. King, advocating peaceful resistance in the face of violence and intolerance. The presentation closed with Monika Sutherland leading the choir and parents in a riveting chorus of "We Shall Overcome." For those who lived through the civil rights movement, the song brought tears of remembrance, while the young voices singing of peace and resolve in the face of adversity provided a stirring way to bring in a new year at Pleasant Ridge Waldorf School.

### SAVE THE DATE

Pleasant Ridge Waldorf School 35<sup>th</sup> Anniversary Party

Saturday, April 25, 6:00 PM

**Dinner and Dessert Extravaganza** with chef Luke Zahm

**Special Alumni Speakers** 

# One Peaceful World

(Excerpted and edited from an article in the December 1992 issue of the Calyx.)

Recently I have been doing a bit of soul searching. After joining (Editor's Note: This article was written during the fall of the first year the PRWS faculty, I had a chance to reassess my personal unthat Anne-Marie began as a class teacher at Pleasant Ridge. Twentyderstanding and practice of Anthroposophy and the position of two years later, she is still teaching at the school, now in the kindergarten, and still enriching all of us with her wisdom and knowledge. Dur-Anthroposophy in our society. Since I discovered Anthroposophy ing this time, Anne-Marie has stayed true to her ideals and her mission in the late 1970s, I have found it to enrich my life in every way. I have never seen it as separate from my life, but as a way to unify to bring healthful practices to her life and her teaching. In 2008, she published a cookbook entitled Cooking for the Love of the World—a and gain perception in everything I do. fitting title to describe what Anne-Marie has been doing these many vears! You can find out more about Anne-Marie's work with cooking and nutrition at http://www.cookingfortheloveoftheworld.com.)

Every day we create the type of world we want to live in by our choices in daily life. We may want to support a better world through the education of our children, but do we support and nourish these values in every aspect of our lives?

In my kitchen, I have this Chinese proverb hanging on the wall:

If there is righteousness in the heart, there will be beauty in the character— If there is beauty in the character, there will be harmony in the home— If there is harmony in the home, there will be order in the nation— If there is order in the nation, there will be peace in the world.

I realize that my choices every moment have an effect on the entire universe and nothing less. A tremendous responsibility, but also a wonderful gift in that each one of us really does make a difference.

In my life, Anthroposophy is an umbrella that covers everything and unites and embraces all. This spiritual science comes to expression in all aspects of life: economy, ecology, technology, agriculture, education, spiritual development, diet, lifestyle. It is all one—nothing is separate. In my everyday life, I try to live a simple, spiritually rich life.

In my household I use simple, biodegradable or recyclable products in small amounts. I buy in bulk and reuse bags and containers. I look for natural clothing, materials, and furniture. I value efficient home processing and non-polluting technology...

I eat food that is plentiful, and that nourishes not only my health but also the environment. As Rudolf Steiner mentioned in his lecture On Health and Illness, people constantly eat and therefore they also constantly make choices. By eating whole, natural foods we nourish the wholeness and oneness in body, mind and spirit. We eat not only carbohydrates, vitamins and proteins, but also the forces that created the food, as well as the love of those by whom the meal was created, the farmer's care for the land the food was grown on, and the farmer's love for the planet we live on.

Eating locally grown whole food nourishes our bodies for what is needed in this environment. We support our community and also diminish the tremendous waste of energy it takes to refine, fortify, package, transport and store food products. Food and environment are primary in determining behavior and decision-making.

I hope to share with the school community my years of experience with diet and lifestyle. Health, happiness and freedom begin in our hearts and radiate out into the world-for one peaceful world.

—Anne-Marie Fryer, Rosemary Kindergarten Co-teacher





### We Have the Will to Work

The Alliance for Public Waldorf Education (APWE) hosted a national conference called "We Have the Will to Work" at Rudolf Steiner College in January. The keynote speaker was Bente Goldstein, an experienced Waldorf teacher from Wisconsin whose farm program, called Farmwise Education (www.farmwiseeducation.com) has gained national recognition.

Bente's down-to-earth and hands-on approach to education was a breath of fresh air. Her presentations about the nature of the will were enlivened with many stories of practical experiences and prepared the group quite nicely for the workshops and discussions that followed. The whole conference was designed to help teachers (and parents) to strengthen their own wills, deepen their own understanding of the will and learn more about practical approaches to educating the will of the children entrusted to them. It was an energizing and thought-provoking weekend.

#### We have the will to work

- That into this our work may flow,
- That which, from out of the Spiritual Worlds,
- Working in Soul and Spirit, Life and Body,
- Strives to become human in us.

-Rudolf Steiner



## CALYX ANNUAL REPORT 2013-2014

A highlight from 2013–2014 was the cumulative attention and volunteer effort to prepare for and support our school's accreditation process with AWSNA (Association of Waldorf Schools of North America). The work began in previous years; however, during 2013–14 a thorough review of our programs, student services, and community life as well as policies and governance activities was undertaken by all committees, faculty, and staff members as well as an accreditation report editing group. In March we welcomed the team of five from different Waldorf schools around the country and Canada and had the opportunity to present our school to them. We were granted accreditation at the national AWSNA conference in June, and we are indeed proud of this significant achievement in the life of our school.

Our parent community demonstrated their strengths in so many ways during this process, from editing reports and setting up the accreditation team's on-site offices to copying documents and facilitating hospitality. Many families donated meals or snacks to keep our guests well-fed, and Marinella Pro, who was working at Heritage House Bed & Breakfast, was a wonderful support for their creature comforts.

We said good-bye to a number of dear colleagues by year's end and are grateful to them for their years of dedication and service for the benefit of our children. Business manager Diane Mamroe officially retired mid-year, and we were able to smoothly transition the management of business office activities to Erika Broser. Erika had served as our treasurer and been a member of the Board for several years. Maureen Karlstad, most recently the enrollment coordinator but previously a class teacher, has also transitioned

out of regular work for the school but was instrumental in the accreditation process; she brought many families into the school and even brought clay work to our students. We are grateful she is still around and available for projects as well as bringing her dear grandson to our Parent-Child program. The faculty circle also experienced some significant changes. Jackie Kolenko moved out west, making a space for Amy Morse to step in as second grade teacher. Nannette Tuttle, one of our longest-term teachers (since 1996), determined this was her final year and became a Main Street business owner.

Enrollment remained steady at 158 students in kindergarten through grade 8. In May we graduated a large group of 23 students, and their teacher, Aaron Schmidt, decided to return in the fall with the incoming first grade. A significant step forward was made in bringing balance to our faculty and staff salaries; this had long been a goal in our previous Long Range Plan, which is in the process of being reviewed. The dedicated work of the finance committee and business office along with the parent body is continuing to manifest in a balanced budget and strengthened financial footing.

Our last fiscal year closed positively, the result of our having spent the year fine-tuning our process. Thanks to tremendous dedication from our parents, we are happy to say that the average tuition paid per student has increased. We remain dedicated to working with all of our families to meet their needs as well as the needs of the school.

-Marianne Fieber, Administrator



### Gifts from July 1, 2013 to June 30, 2014

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PRWS Teachers: Past & Present Paul & Kathy Fairchild

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Lara Roberts & Ken Carlson St. Brigid's Meadows LLC Geri Shonka Monika & Wyatt Sutherland Three Rivers Waldorf School Prudence & Steve Tippins Dr. Alexander & Jennifer Wade Tom & Jean Westerhoff

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We also thank all of the volunteers and donors for the 2013–14 Holiday Faire and Annual Raffle.

# CALYX ANNUAL REPORT 2013-2014

### From the Board

As we enter our 35th year, Pleasant Ridge Waldorf School continues to grow and thrive with a full Waldorf curriculum, providing a strong community for our children, teachers, administration, and families, as well as providing learning and cultural opportunities for the greater community. What started out 35 years ago as a collective vision of a small number of parents seeking a better way to provide the children with a rich learning experience that addressed their needs as whole human beings has evolved to a school today of close to 100 families, offering a rich and diverse curriculum and cultural programs. The interconnectedness in our community continues as PRWS alumni now are teachers and parents at the school, while present and former parents serve on our faculty and administration. At this accessibleto-all school, each child, parent, teacher, and administration member plays an important role in the harmonious balance of keeping the school strong and vital. Together we create a living school.

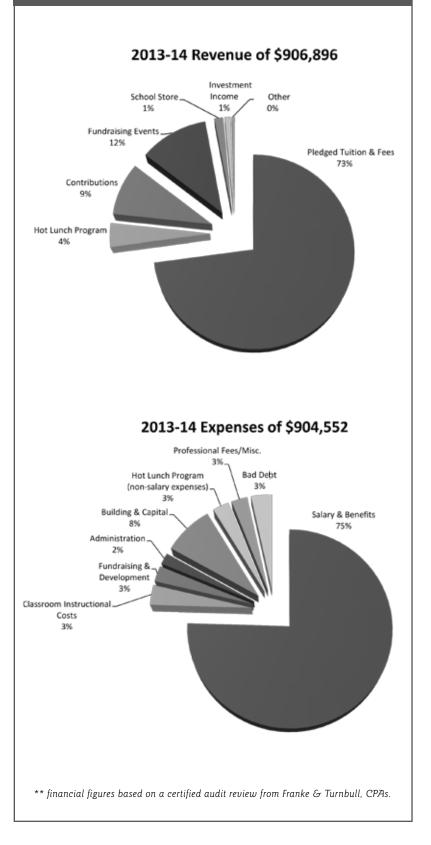
Some milestones of the past year demonstrate the living nature of our school, including our completion of our AWSNA/WECAN full membership renewal and accreditation. Aaron Schmidt moved from graduating the 8th grade class of 2014 to taking the incoming 1st grade in the fall. The school and facilities team took on several big projects over the year. The school year 2014–15 also finds us beginning the process of updating our Long Range Plan for the school, allowing us an opportunity to reflect on how and why we are where we are today and to collectively affirm our intentions of where we want to go over the next decade.

I'll end with a verse by Rudolf Steiner that we start every Board meeting with and that reminds us of the importance of community in education and why we thank each and every one of you for your participation and support:

The healing social life is found when, in the mirror of the human soul, the whole community finds its reflection, and when, in the whole community, the virtue of each soul is living.

In cooperation. Tripp Hughes, Board President on behalf of the Pleasant Ridge Board of Directors

### **Financial Review**



### A Special Thank You to these Ongoing Sponsors



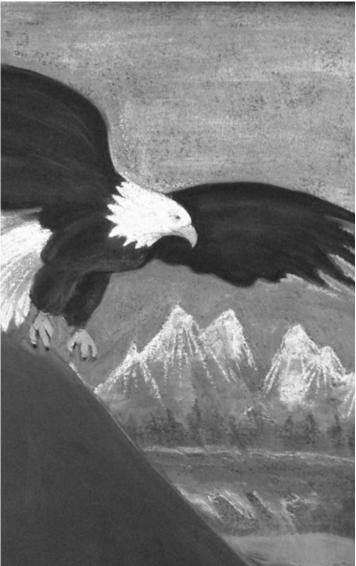




### Your contributions in 2013–2014 helped us to:

- Renew full membership and gain accreditation through AWSNA and WECAN, our Waldorf professional associations.
- Educate 158 remarkable young people in our school.
- 12 new families throughout the year.
- Install snow rails on the Old Main Building and paint the Violet Kindergarten.
- Continue to offer students and staff an organic hot lunch program four days a week.
- Carry out field trips and projects focused on environmental education.
- Offer some amount of tuition adjustment to 75 percent of our families.
- Improve our governance and operations through new and updated policies.
- Successfully raise \$74,000 in our tenth annual raffle.

CALYX



Offer a vibrant Parent-Child program and expand it to a summer program, engaging more than

# CALYX DEVELOPMENT

Working on this Annual Report issue has given me a chance to look back further than one year because we have been focused on our 35th Anniversary year-sharing wonderful and nostalgic photos on Facebook, beginning a Story Corps project to capture memories from former teachers, staff, parents and alumni students, and finding ways to celebrate and publicize the school's many achievements. The process reveals that each step in growth and development is tied to the generous support we have been given. Many individual donors as well as businesses give sustaining gifts-year-after-year encouragement to keep goingto bring the children beautiful and powerful, spirit-freeing experiences of a Waldorf curriculum. We are so grateful to you!

We also appreciate everyone who chooses to support the school by attending the Holiday Faire, donating to the Silent Auction, purchasing raffle tickets, becoming a business partner through our Scrip program or the Yellow Pages ad book, or volunteering time and giving gifts in-kind. Every type of gift counts. And not least, we honor the countless teachers who have brought their vocational gifts which built up our programs.

In closing, we are keenly aware that Pleasant Ridge's development is growing hand in hand with what has been occurring in our area. The families that move here to be at Pleasant Ridge see the robust activities in the area and the great businesses and nonprofits that are strong employers: Organic Valley/CROPP Cooperative, Vernon Memorial Healthcare, and Viroqua Food Co-op, to name a few. Since many parents create their own employment, the Viroqua Chamber Main Street offers great services for start-up or relocation businesses. Parents appreciate the strength in choice among the fine area high schools, including Youth Initiative. The visionary Food Enterprise Center and Viroqua Economic Development Association, the farmers market, and multiple outdoor sports opportunities are just a few more attractions. We all have a stake in building a strong local economy and warm community. We are glad to be here and poised to take on the challenges of the next 35 years!

> -Mary Christenson, Development Director mary@pleasantridgewaldorf.org, (608) 637-8504

> > Eric Newman

### DONORS

#### Many thanks to those who have supported of our school from October 9, 2014 to January 27, 2015

Paul Bergquist & Carole Austin Diana & Larry Forkash

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Call Bill first when you are looking at real estate, whether vou are buying or selling. Mention the school and we will earn a donation. To look at properties Kathy Moliton Beth Moore Fred Nelson

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#### In Honor of

The Balkowitsch Family Neal Balkowitsch & Donald Nelson

Ethan, Mike, & Lucy Danforth Roberta Ducharme Anne-Marie Fryer Philip & Kathleen Aaker

Past & Present PRWS Staff & Faculty Lara Roberts & Ken Carlson

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Gibson, Margo, & Noelle Wade Roberta Day & George Idzorek

Isabella Sage Walker Thomas & Ellyn Walker

Michael Wright & Kate Walter Paul & Kathy Fairchild

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#### Grants & Foundations

Amazon School Reward Federal Title Funding Goodsearch Planet Green **RSF** Social Finance Paul E. Stry Foundation Target Take Charge of Education

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Holiday Faire 2014 Thank you to all of the many volunteers and donors for Holiday Faire. We appreciate all of the parent leadership that makes this wonderful event possible each year. Special thanks go to coordinators Margret Lenarz, Alicia Leinberger, and Tanya Birke.

# ALUMNI Kathryn Ashley-Wright

Alumna Kathryn Ashley-Wright (class of 1999) launched the highly successful Ewetopia Fiber Shop in downtown Viroqua eight years ago in 2007. While her college courses included Women's Studies and Rural Sociology, Kathryn found herself spending more and more time knitting. She was a senior in college when she decided to take the leap and open her own fiber and knitting shop.

Opening a retail store during one's senior year of college is not that common, but Kathryn found it to be a doable venture. With family and friends filling in for her while she was in class, Kathryn was able to do the ordering, display making and bookkeeping over her three-day weekends. In 2012, her business moved to a larger space on Viroqua's Main Street, to accommodate the success of her own creations (Kate Wright Designs) and the need for more space for classes and fibers. These days, between managing her own business and being a full-time mom, Kathryn also makes it a priority to fit in trips to Manhattan, including the Vogue Show this January!

While her business continues to grow, Kathryn's first child, Stella, is now attending Pleasant Ridge. This deepened connection to our school has resulted in Ewetopia's exciting new partnership with Pleasant Ridge to create a natural toy shop filled with open-ended wooden and cloth toys. Located inside Ewetopia, the toy shop offers a changing selection of seasonal and handmade items.

Darla Barrows, the Pleasant Ridge coordinator for this new venture, has this to say: "Families will now have one more option for purchasing beautiful, Waldorf-inspired toys without driving a long distance. We are also offering a weekly crafting circle where people can learn to needle-felt, wet-felt and more while helping to stock the store." Darla is also looking for local carpenters interested in collaborating on this initiative.

For more information on the Pleasant Ridge Natural Toyshop, please contact Darla at enrollment@pleasantridgewaldorf.org



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### Pleasant Ridge Waldorf School Annual Raffle 2014/2015

#### \$20 per ticket

#### **GRAND PRIZE - Alaskan Adventure**

Trip for two includes airfare from a major U.S. airport and lodging for a week on the Kenai Peninsula. Woodland, wildlife, fishing, beach, kayaking, glacier and history adventures customized for your interests and schedule (within one year). Or \$4000 cash

**SECOND PRIZE -** Handmade walnut dining table by PRWS parent Adrian Ugo.

THIRD PRIZE - "Black Eye Susan" Original Nick Wroblewski multi-color woodcut print, framed and matted.

FOURTH PRIZE - Handmade wooden bowl by former PRWS parent Tom Wheeler.

FIFTH PRIZE - Handmade wooden spoons by founding PRWS parent Terry Beck.

#### **RAFFLE CELEBRATION**

**Saturday, March 14, 2015** 6:00 to 9:00 pm (drawing at 7:30 pm)

#### **Rooted Spoon Culinary**

219 S. Main St., Viroqua, WI 54665

Need not be present to win. Winnings are subject to state/federal tax.



Visit us online at pleasantridgewaldorf.org





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